



Nutrición.

Catedrático:

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Alumna:

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Trabajo:

► Actividades.

Licenciatura: Enfermería

Cuatrimestre: "3"

Ocosingo, Chiapas

21 - Mayo - 22.

Actividad.
Fabiola.

$$MBM = 655 + (9.6 \times 51) + (1.8 \times 152) - (4.7 \times 25)$$

$$MBM = 1,300.7 \text{ kcal}$$

$$ETE = \frac{1,200 \text{ kcal}}{2,500.7 \text{ kcal}}$$

$$ETD = 250.07 \text{ kcal}$$

Necesidades calóricas

$$MB + ETE + ETD$$

$$1300.7 + 1,200 + 250.07$$

$$NC = \underline{2,750.77 \text{ kcal}}$$

$$MBM = 655 + (9.6 \times 51) + (1.8 \times 152) - (4.7 \times 25)$$

$$MBM = 1,300.7 \text{ kcal}$$

$$MBM_{Fao} = (0.062 \times 51) + 2.036$$

$$MBM_{Fao} = 5.198 \times 239.2 \text{ kcal / 24 horas}$$

$$MBM_{Fao} = \underline{1,243.36 \text{ kcal}}$$

• Yareni.

$$MBM = 655 + (9.6 \times 61) + (1.8 \times 158) - (4.7 \times 22)$$

$$MBM = 1,421.6 \text{ kcal.}$$

$$ETE = \underline{1,200 \text{ kcal.}}$$

$$2,621.6 \text{ kcal}$$

$$ETD = 262.16$$

Necessidades calóricas.

MB + ETE + ETD.

$$1421.6 + 1,200 + 262.16$$

$$NC = \underline{2,883.76 \text{ kcal}}$$

$$MBM = 655 + (9.6 \times 61) + (1.8 \times 158) - (4.7 \times 29).$$

$$MBM = 1,258.6 \text{ kcal}$$

$$MBM_{\text{FAO}} = (0.062 \times 61) + 2.036$$

$$MBM_{\text{FAO}} = 5.818 \text{ kcal} \times 239.2 \text{ kcal} / 24 \text{ hrs.}$$

$$MBM_{\text{FAO}} = \underline{1,391.665 \text{ kcal}}$$

- Anahi -

$$MBM = 655 + (9.6 \times 49) + (1.8 \times 154) - (4.7 \times 18)$$

$$MBM = 1,318 \text{ kcal}$$

$$ETE = \underline{1,200 \text{ kcal}}$$

$$2,518 \text{ kcal}$$

$$ETD = 251.8$$

Necessidades calóricas

MB + ETE + ETD.

$$1,318 + 1,200 + 251.8$$

$$NC = \underline{2,769.8 \text{ kcal}}$$

$$MBM = 655 + (9.6 \times 49) + (1.8 \times 154) - (4.7 \times 18)$$

$$MBM = 1318 \text{ kcal}$$

$$MBM_{\text{FAO}} = (0.062 \times 49) + 2.036$$

$$MBM_{\text{FAO}} = 5.074 \times 239.2 \text{ kcal} / 24 \text{ horas.}$$

$$MBM_{\text{FAO}} = \underline{1213.70 \text{ kcal}}$$

Carlos

$$MBH = 66.4 + (13.7 \times 65) + (5 \times 170) - (6.8 \times 22)$$

$$MBH = 1,657.3$$

$$ETE = 1,500 \text{ kcal.}$$

$$3,157.3$$

$$ETD = 315.73$$

Necesidades calóricas.

$$MB + ETE + ETD$$

$$1,657.3 + 1,500 + 315.73$$

$$NC = \underline{3,473.03} \text{ kcal}$$

$$MBH = 66.4 + (13.7 \times 65) + (5 \times 170) - (6.8 \times 22).$$

$$MBH = 1,657.3 \text{ kcal.}$$

$$MBH_{\text{FaO}} = (0.063 \times 65) + 2.896$$

$$MBH_{\text{FaO}} = 6.991 \times 239.2 \text{ kcal / 24 hrs.}$$

$$MBH_{\text{FaO}} = \underline{1,672.25} \text{ kcal.}$$