

DOCENTE

Abel Estrada dichi

ASIGNATURA

Nutricion Clinico

ALUMNO (A)

Anahi Jihovana López Encinos

3^{er} Cuatrimestre

ESPECIALIDAD

Lic. Enfermeria

Carlos : Altura : 1.70 peso, 64 Edad, 22 años

$$MBH = 66.4 + (13.7 \times 64) + (5 \times 170) - (6.8 \times 22)$$

$$MBH = 1.643.6 \text{ kcal}$$

$$MBH_{FAO} = (0.063 \times 64) + 2.896$$

$$MBH_{FAO} = 6.928 \text{ MJ} = 16.571 \text{ kcal}$$

Karla : Altura : 1.50 peso, 46.5 Edad: 24

$$MBH = 655 + (9.6 \times 46.5) + (1.8 \times 150) - (4.7 \times 24)$$

$$MBH = 1.258.6 \text{ kcal}$$

$$MBH_{FAO} = (0.062 \times 46.5) + 2.036$$

$$MBH_{FAO} = 4.919 \text{ MJ} = 11.766 \text{ kcal}$$

LUZ : Altura : 1.58 peso, 61 Edad, 22 años

$$MBH = 655 + (9.6 \times 61) + (1.8 \times 158) - (4.7 \times 22)$$

$$MBH = 14.216 \text{ kcal}$$

$$MBH_{FAO} = (0.062 \times 61) + 2.036$$

$$MBH_{FAO} = 5.818 \text{ MJ} = 13.9166 \text{ kcal}$$

Fabiola : Altura : 1.52 peso, 51.5 Edad, 25

$$MBH = 655 + (9.6 \times 51.5) + (1.8 \times 152) - (4.7 \times 25)$$

$$MBH = 1.305.5 \text{ kcal}$$

$$MBH_{FAO} = (0.062 \times 51.5) + 2.036$$

$$MBH_{FAO} = 5.229 \text{ MJ} = 12.507 \text{ kcal}$$