HISTORIA NATURAL DE LA ENFERMEDAD

Se define como:

Es la evolución natural de cualquier proceso patológico, desde su inicio hasta su resolución. Leavell y Clark (1976)

SIRVE PARA:

Conocer la etiología o causas o de una enfermedad, los medios de prevención, diagnóstico, tratamiento y pronóstico de una enfermedad.

SE DOCUMENTA:

El documento donde se plasman los datos objetivos y subjetivos de la historia natural de la enfermedad es propiamente en la historia clínica del paciente o enfermo.

DESARROLLO DE LA HISTORIA NATURAL

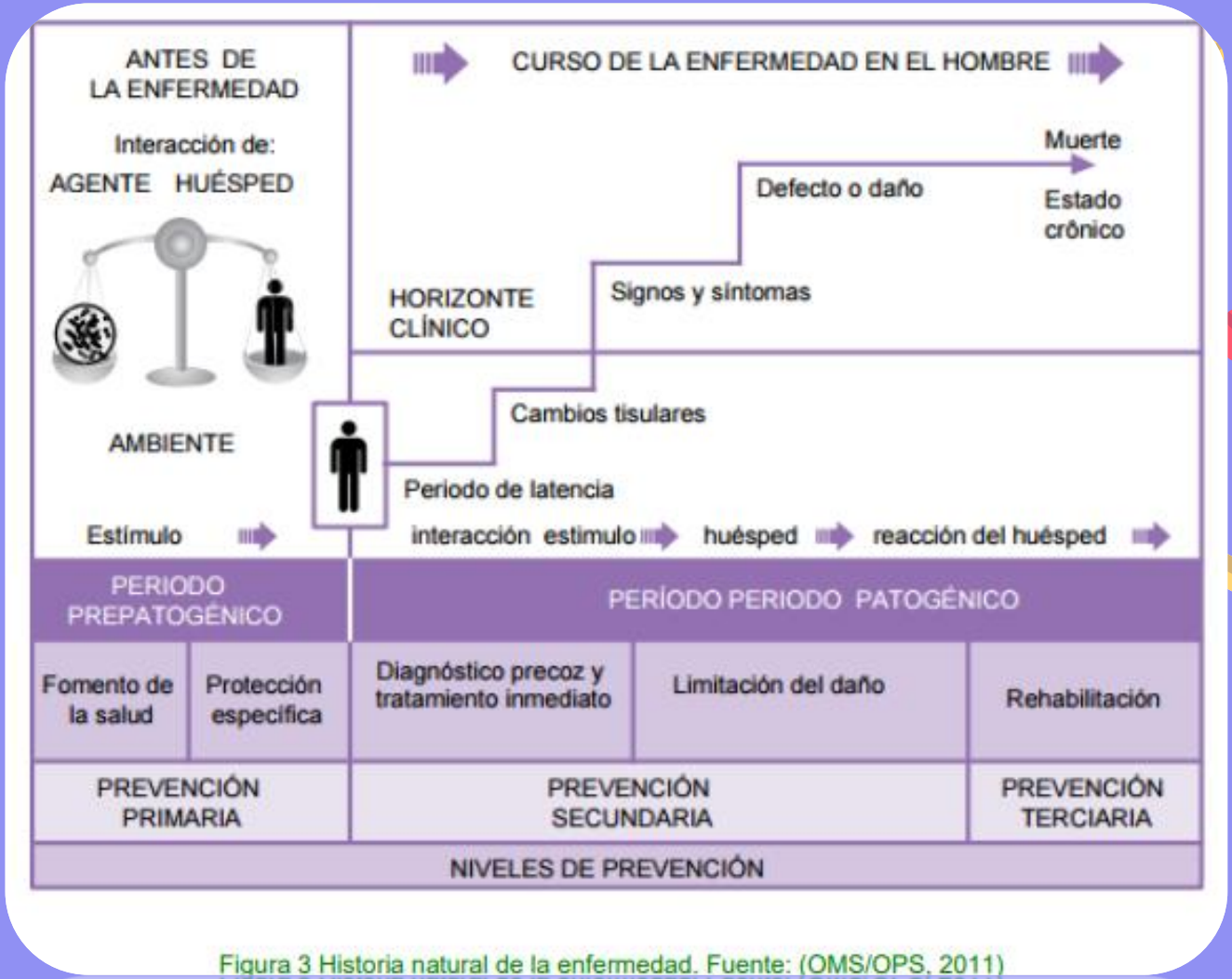

Figura 3 Historia natural de la enfermedad. Fuente: (OMS/OPS, 2011)

“El ser humano pasa la primera mitad de su vida arruinando la salud y la otra mitad intentando restablecerla”

Concepción médica:

Enfatiza salud desde el punto de vista:

Somático-fisiológica

Psiquiatría

Sanitaria.

Medio ambiente físico:

En el que se analizan las condiciones que facilitan u obstaculizan la difusión de la enfermedad teniendo en cuenta la totalidad del mismo: tierra, agua, aire, alimentos en sus diversas formas, etcétera.

Las personas que ocupan el medio ambiente, a las que se agrupa por sus condiciones personales, como edad, sexo y su adscripción a determinados grupos sociales de residencia, trabajo

Concepción médica de la salud

Clasificación de las concepciones de "Salud"

Enfoque adaptación a la salud

Es la adaptación acertada y permanente de un individuo a su entorno.

Enfoque conceptual

"Es el estado de completo bienestar físico, mental y social y no sólo la ausencia de la enfermedad."

Enfoque funcional

Capacidad de funcionar o el estado de capacidad óptima de un individuo ante el cumplimiento eficaz de sus funciones o tareas para las que ha sido preparado.

Factores intrínsecos al individuo: Están determinadas por elementos genéticos, edad, sexo.

Factores extrínsecos al individuo: Ligados a condiciones del medio ambiente en el que el individuo se desenvuelve, y se divide en naturales y sociales

Biológico

Bacterias, virus, protozoarios, hongos, plantas, invertebrados, vertebrados

Físico

Calor, frío, geográficos, desastres, radiaciones, ruidos, daños porobjetos

Químico

Sustancias químicas, toxinas, venenos, gases

Sociales

Nivel socioeconómico

Condiciones laborales

Vivienda

Hábitat normal en cualquier ser vivo que permite el alojamiento, subsistencia y desarrollo de un agente causal.

Elemento responsable de la enfermedad o daño en el huésped (biológico, físico, químico, social).

Las condiciones externas (social, biológico y físico) en donde ocurre la interacción entre el ambiente y el huésped.

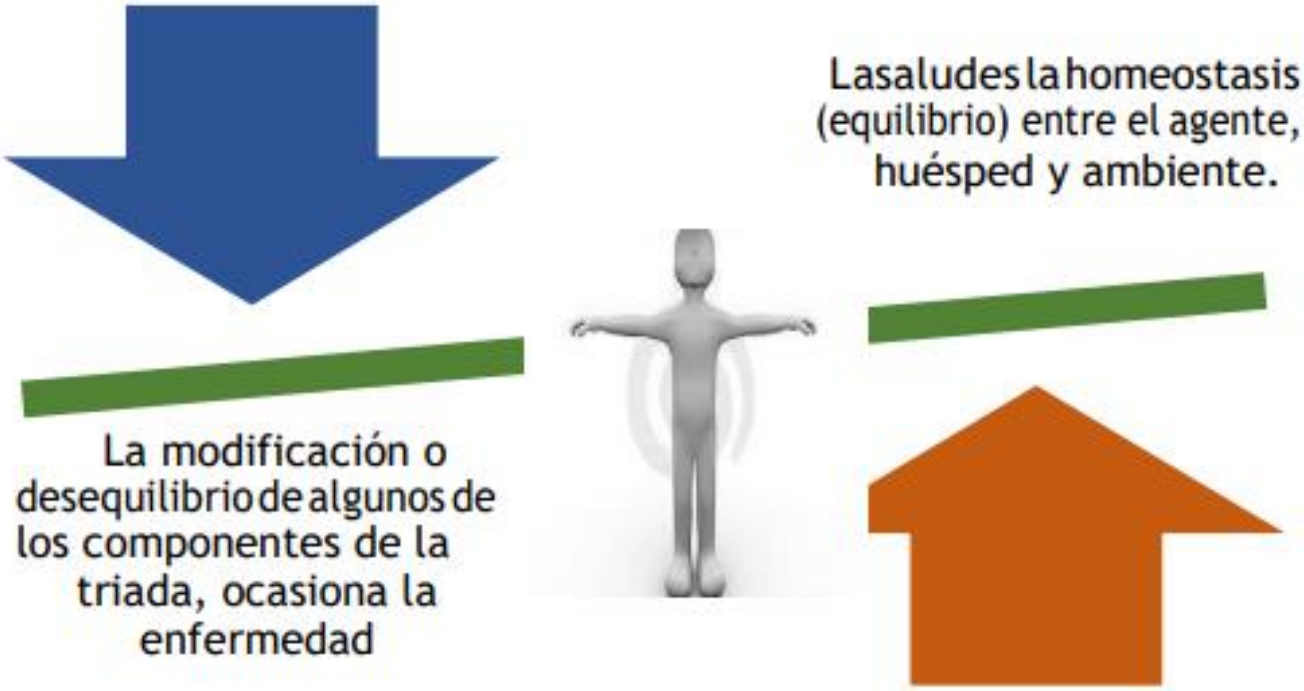

Figura 8. Relación de la salud-enfermedad con la triada ecológica. Fuente: UnADM

Nivel de prevención primaria

Historia natural de la enfermedad

Nivel pre patogénico

Persona con riesgo

Objetivo

Evitar la ocurrencia

Acciones dirigidas a:

Promoción de salud

- Nutrición en el ciclo de la vida
- Educación para la salud
- Personalidad
- Vivienda, recreación y trabajo
- Matrimonio Sexualidad
- Examen médicos selectivos
- Necesidades de bienestar físico
- Consejo genérico
- Cambios de hábitos

Protección específica

- Uso de inmunización especifica
- Higiene personal
- Saneamiento ambiental
- Protección laboral contra riesgos y accidentes
- Uso de nutrientes específicos
- Eliminación de alérgenos
- Protección contra agentes carcinógenos

Figura 12.Prevención primaria. Fuente: UnADM

Nivel de prevención secundaria

Historia natural de la enfermedad

Nivel patogénico

Enfermo asintomático o con síntomas iniciales

Objetivo

Evitar la progresión

Acciones dirigidas a:

- Tienen por objeto interrumpir la progresión de la enfermedad desde un estadio temprano, no reconocido, hasta uno más severo.
- Diagnóstico precoz y tratamiento temprano.

- Búsqueda activa de casos Tamizajes en población

Objetivos:

- Curar y prevenir el proceso de la enfermedad
- Evitar la propagación de la enfermedades transmisibles
- Prevenir las secuelas
- Disminuir el periodo de incapacidad.

Ejemplo

Fomentar la visita a clínicas

Identificación oportuna de daño

Diagnósticos oportunos

Figura 13.Prevención secundaria. Fuente: UnADM

TABLE OF CONTENTS

01.

THE PATIENT

You can describe the topic of the section here

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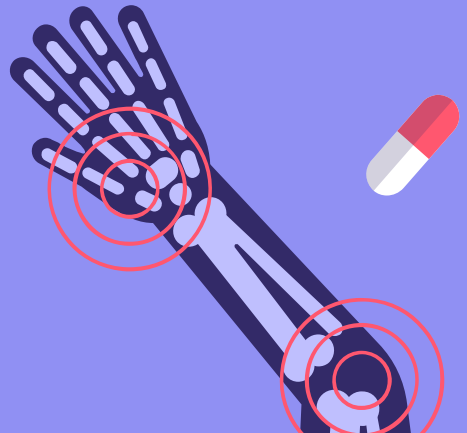
TREATMENT

You can describe the topic of the section here

05.

MONITORING

You can describe the topic of the section here



IDENTIFYING INFORMATION

MERCURY

It’s the closest planet to the Sun and the smallest in the Solar System

VENUS

Venus has a beautiful name and is the second planet from the Sun

MARS

Despite being red, Mars is actually a cold place. It’s full of iron oxide dust

01. THE PATIENT

You can enter a subtitle here if you need it

PATIENT MEDICAL HISTORY

2005 Mercury is the smallest planet

2010 Venus has a nice name

2015 Jupiter is the biggest planet

2020 Mars is a very cold place

AGE: 55

GENDER: Female

ALLERGIES: None

LOCATION: Madrid, Spain

“This is a quote, words full of wisdom that someone important said and can make the reader get inspired.”

—SOMEONE FAMOUS

GENERAL EXAMINATION

VENUS

Venus is the second planet from the Sun

JUPITER

Jupiter is the biggest planet

MARS

Despite being red, Mars is a cold place

MERCURY

Mercury is the smallest planet

PHYSICAL EXAMINATION

MERCURY

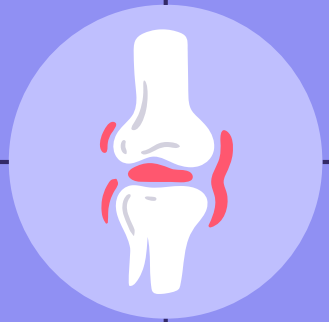
Mercury is the closest planet to the Sun

JUPITER

Jupiter is the biggest planet of them all

VENUS

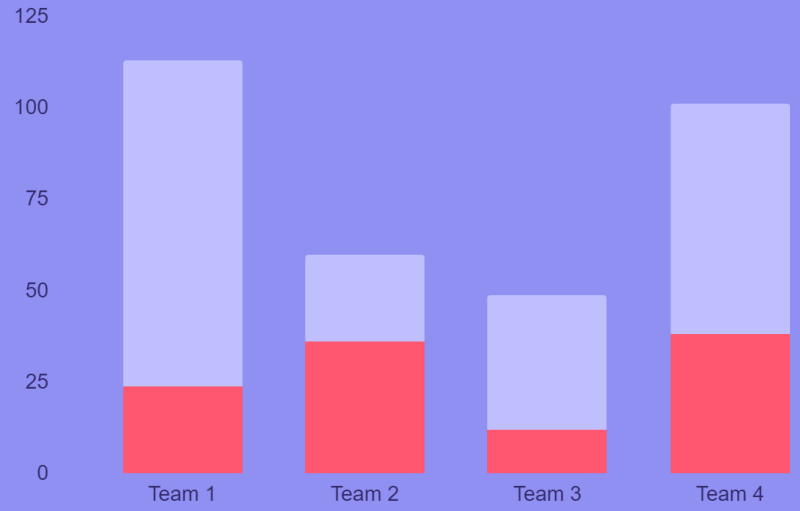
Venus is the second planet from the Sun



A PICTURE IS WORTH A THOUSAND WORDS

FINDINGS

EVOLUTION



PREVALENCE

25%

Mercury is the closest planet to the Sun

75%

Jupiter is the biggest planet of them all

200,000,000

Follow the link in the graph to modify its data and then paste the new one here. **For more info, click here**

DISCUSSION

DR. JENNA DOE

“Mercury is the closest planet to the Sun and the smallest one in the Solar System”

DR. JOHN JAMES

“Saturn is the ringed planet. It’s a gas giant, composed mostly of hydrogen and helium”

DISCUSSION SUMMARY

Images reveal large amounts of data, so remember: use an image instead of a long text. Your audience will appreciate it

COMPARISON

	MERCURY	SATURN	NEPTUNE
JUPITER	✓	✗	✓
VENUS	✗	✓	✗
MARS	✓	✓	✗

DIAGNOSIS

MERCURY

Mercury is the closest planet to the Sun

VENUS

Venus is the second planet from the Sun

MARS

Mars is actually a very cold place, not hot

JUPITER

Jupiter is the biggest planet of them all

SATURN

It’s composed of hydrogen and helium

NEPTUNE

Neptune is very far from the Sun

TREATMENT

VENUS

Venus is the second planet from the Sun

MERCURY

Mercury is the smallest planet

JUPITER

Jupiter is the biggest planet

MARS

Despite being red, Mars is a cold place

PATIENT MONITORING

WEEK 1

Mercury is the closest planet to the Sun

Mercury 40%

Venus 60%

WEEK 2

Venus is the second planet from the Sun

Ceres 20%

Jupiter 80%

WEEK 3

Jupiter is the biggest planet of them all

Mars 70%

Saturn 30%

WEEK 4

Despite being red, Mars is a cold place

Neptune 90%

Pluto 10%

DOS & DON'TS

CONTRAINDICATIONS

- Here you can describe the reason to stop the treatment
- Here you can describe the reason to stop the treatment
- Here you can describe the reason to stop the treatment
- Here you can describe the reason to stop the treatment

INDICATIONS

- Here you can describe the reason to start the treatment
- Here you can describe the reason to start the treatment
- Here you can describe the reason to start the treatment
- Here you can describe the reason to start the treatment

POST-PREVENTION

MERCURY

Mercury is the closest planet to the Sun

VENUS

Venus is the second planet from the Sun

SATURN

It’s composed of hydrogen and helium

NEPTUNE

Neptune is very far from the Sun

JUPITER

Jupiter is the biggest planet of them all

MARS

Despite being red, Mars is very cold

150,000

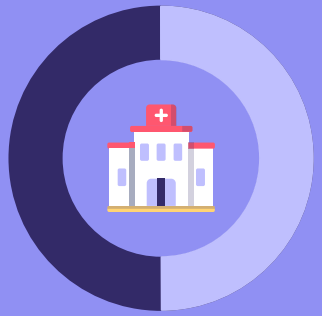
Big numbers catch your audience’s attention

25%

Mercury is the closest planet to the Sun

75%

Venus is the second planet from the Sun



50%

Jupiter is the biggest planet of them all

CASE TIMELINE

MERCURY

Mercury is the smallest planet

DAY 1

VENUS

Venus has high temperatures

DAY 2

MARS

Mars is a very cold place

DAY 3

JUPITER

Jupiter is the biggest planet

DAY 4

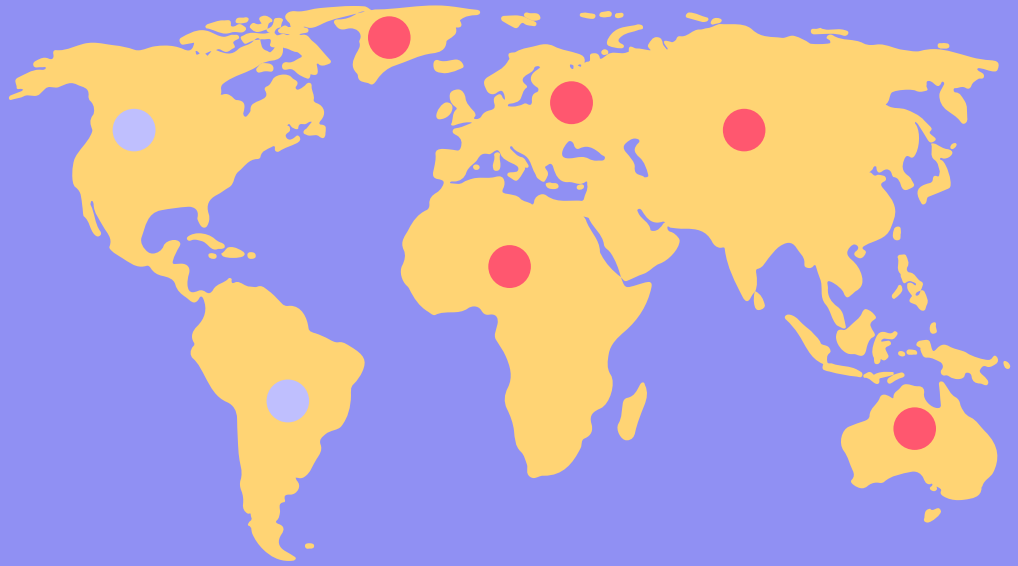
CASES IN THE WORLD

MARS **80%**

Mars is actually a very cold place, not hot

JUPITER **20%**

Jupiter is the biggest planet from the Sun



CONCLUSION

Mercury’s name has nothing to do with the liquid metal since it was named after the Roman messenger god, Mercury

REFERENCES

- AUTHOR (YEAR). *Title of the publication*. Publisher
- AUTHOR (YEAR). *Title of the publication*. Publisher
- AUTHOR (YEAR). *Title of the publication*. Publisher
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OUR TEAM

JENNA DOE

Here you can talk a bit about this person

TIMMY JIMMY

Here you can talk a bit about this person

THANKS!

DO YOU HAVE ANY QUESTIONS?

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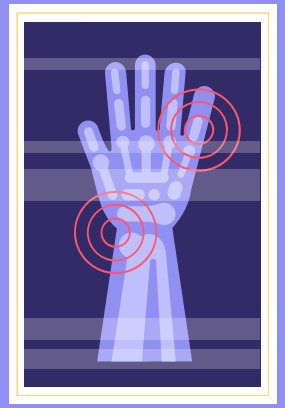

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- Woman with sore neck using laptop
- Close-up of woman having pain in her wrist
- Young female athlete having wrist pain standing against tree

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PHOTOS

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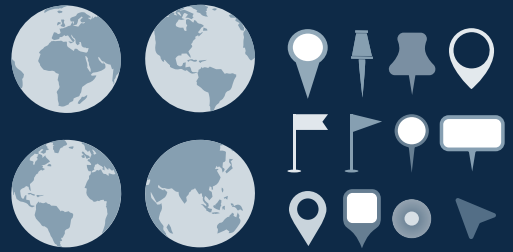

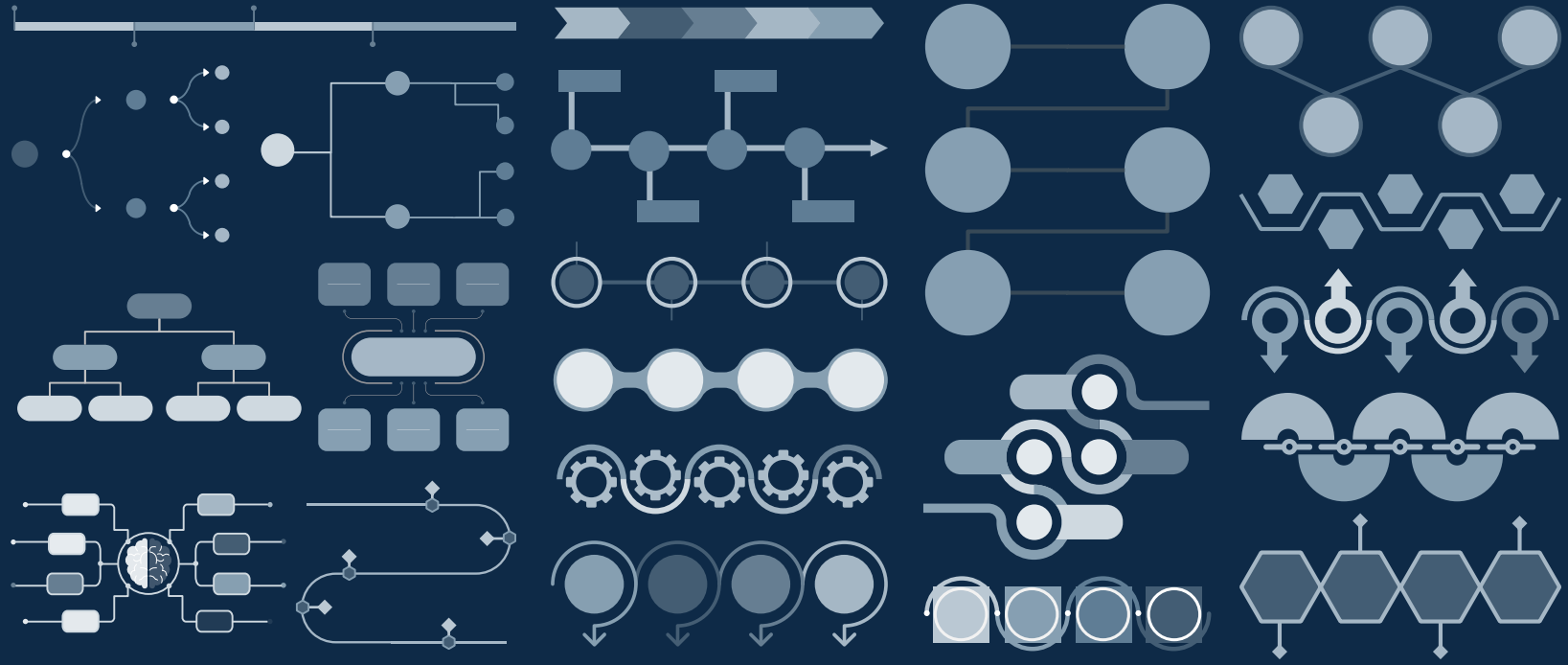

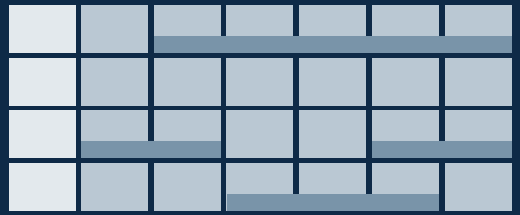

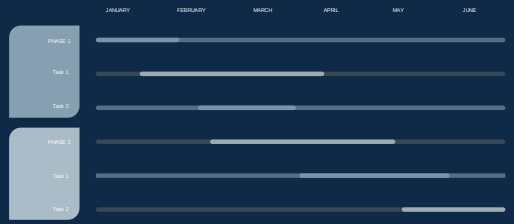
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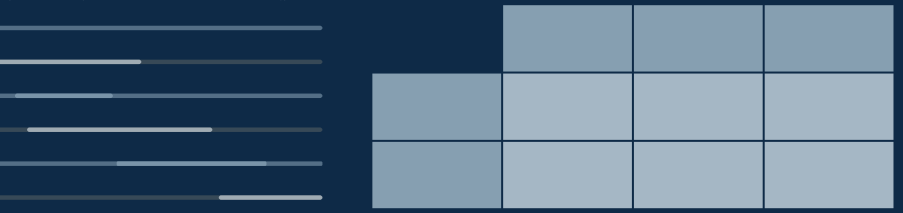

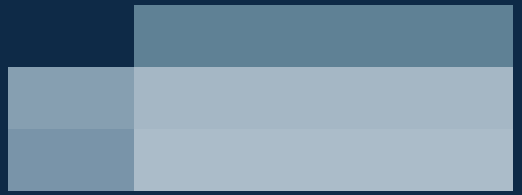

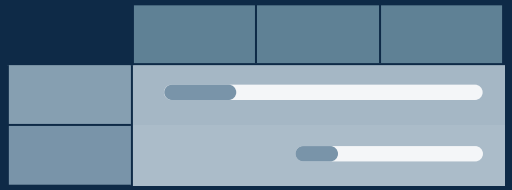

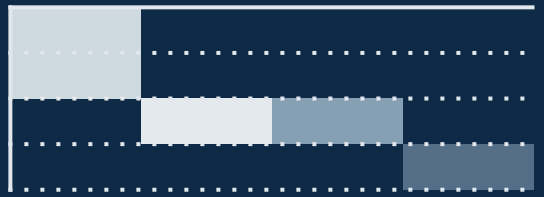

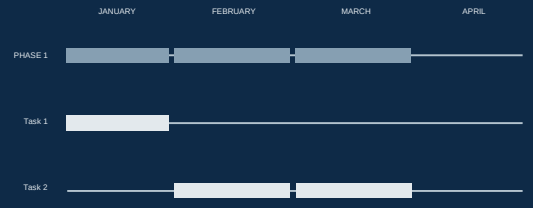
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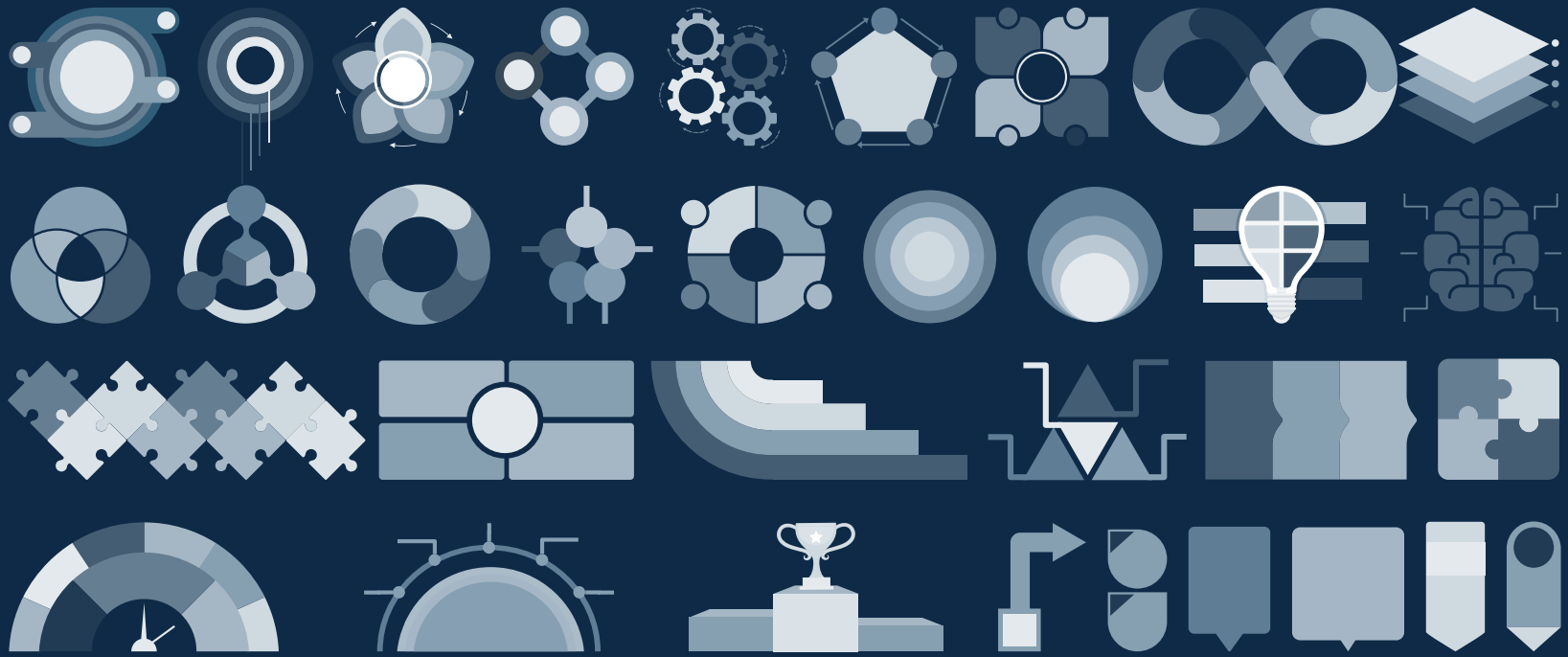

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