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## VOCABULARY - Places for sport and exercise



a pool



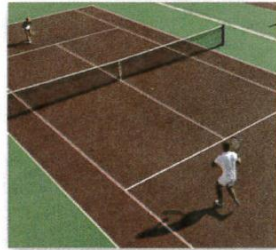
an athletic field



a golf course



a track



a tennis court



a park



a gym

### Exercise 1. Translate the next vocabulary – Traduce el siguiente vocabulario al español

A pool - una piscina

An athletic field – un campo de atletismo

A golf course - un curso de golf

A track - una pista

A tennis court – una cancha de tenis

A park – un parque

A gym - un gimnasio

### Exercise 2. Write 12 sentences using the present simple and time adverbs (Escribe 12 oraciones en presente simple usando los adverbios de tiempo)

#### 3 Affirmative sentences (tres oraciones afirmativas)

1. She reads the newspaper every day.
2. He lives in our city.
3. I drink coffee every morning.
4. My sister lives in Montana

### 3 Negative sentences

5. I am not go to bed at 10:00.
6. I am not drive a car.
7. I am not eat chicken.
8. I haven't got four lengs.

### 3 Interrogative sentences

9. Does she enjoy playing tennis on weekends?
10. Do you sit in the same seat every day?
11. Do we appreciate your opinion?
12. Do we stay at that hotel?

Exercise 3. Write 12 sentences using simple continuous (Escribe 12 oraciones en presente continuo)

### 3 Affirmative sentences (tres oraciones afirmativas)

1. I am playing with my brothers at the moment.
2. They are talking to the teacher.
3. My mom is cooking lunch right now.
4. The kids are sleeping.

### 3 Negative sentences

5. They are not waiting for you.
6. It is not raining.
7. He is not sleeping.
8. She is not cleaning the room now.

### 3 Interrogative sentences

9. Are they waiting for you?
10. Is it raining?

11. Is he sleeping?

12. Is she cleaning the room now?

Exercise 4. Complete the sentences. Use the Present Simple or the Present Continuous tense. (Completa las oraciones usando presente simple o presente continuo con las palabras en el paréntesis)

1. Brian can't answer the phone right now. \_\_\_\_\_ because \_\_\_\_\_ (he studies).

2. How often does \_\_\_\_\_ go \_\_\_\_\_ (she/go) walk?

3. \_\_\_ when \_\_\_ we / play) tennis this weekend?

4. \_\_\_\_\_ he \_\_\_\_\_ (he/she lifts) weights three times a week.

5. \_\_\_\_\_ they \_\_\_\_\_ (they/make) lunch. Can they call you back?

6. How often do \_\_\_\_\_ clean \_\_\_\_\_ (do you/clean) the house?

7. \_\_\_\_\_ I \_\_\_\_\_ (do/do) aerobics every day.

8. \_\_\_\_\_ she \_\_\_\_\_ (she/goes) shopping tonight

Exercise 5. Complete the table with the missing sentences use the Present Simple. (Completa la siguiente table con las oraciones faltantes usando presente simple)

Affirmative	Negative	Questions
I work everyday	I don't work every day	Do I work everyday?
I go swimming with my brother	I'm not going to swim with my brother	I'm going to swim with my brother?
if you have to study	You don't have to study	don't you have to study?
He studies English	he does not study english	Does he study English?
She does her homework	she does not do her homework	she does her homework?
It is necessary to do it	It doesn't need to be done	is it necessary to do it?
We run in the park	we don't run in the park	we run in the park?
They eat their lunch	they don't eat their lunch	Do they eat their lunch?
You want a chocolate cake	don't you want a chocolate cake	do you want a chocolate cake?

**Exercise 6.** Complete the table with the missing sentences use the Present Continuous. (Completa la siguiente table con las oraciones faltantes usando el presente continuo)

Affirmative	Negative	Questions
<b>I am working at UDS</b>	I am not working at UDS	Am I working at UDS?
<b>I am running in the park</b>	I'm not running in the park	I'm running in the park?
<b>you are studying now</b>	You are not studying now	you studying now?
<b>I'm not studying English</b>	you're studying English	Is he studying English?
<b>She is doing her homework</b>	she's not doing her homework	She is doing her homework?
<b>It works well</b>	It is not working well	It works well?
<b>We are playing soccer in the park</b>	we are not playing soccer in the park	We are playing soccer in the park?
<b>Are they eating their lunch</b>	they are not eating their lunch	Are they eating their lunch?
<b>You are cooking a chocolate cake</b>	you're not cooking a chocolate cake	You are cooking a chocolate cake?

# When You Think You Can't...

## Mark Zupan

When he was eighteen years old, a terrible accident made Mark Zupan a quadriplegic and changed his life forever. At first, he could hardly move his arms or legs normally. However, after a lot of hard work, he was able to use his arms to move his wheelchair, and he could even stand for a short time and take a few slow steps. Zupan- or Zup to his friends- became a quad rugby champion, helping his team win a gold medal in the Paralympic Games. "I dream about running all the time", he says, "but you can't live in the past."

Today, Zupan frequently gives talks and raises money for his sport and appears in movies and TV shows. Anyone who spends time with him forgets that he's in a wheelchair. He lifts weights at the gym every day, drives a car, and goes to rock concerts. "A lot of people think quadriplegics can't do anything", he says. To stay in shape, Zupan is careful about his diet and avoids unhealthy and fatty foods. "Just think of me as a human being and an athlete. Because that's who I am".



Zupan became a quad rugby champion.



Hamilton was attacked by a tiger shark when she was thirteen.

## Bethany Hamilton

At the age of thirteen, surfer Bethany Hamilton had a dream. She wanted to be a champion in her sport. But she lost her left arm when she was attacked by a shark. A month later, she was surfing again.

Today, she's a professional competitive surfer. Because she can only use one arm, she has to use her legs more to help her go in the right direction. Hamilton practices every day at the beach. She has a prosthetic arm, but she rarely uses it, and never when she's surfing.

Hamilton often appears on TV. She wants to help other people follow their dreams, even when they face great difficulties. "People can do whatever they want if they just set their hearts to it, and just never give up".

In 2011, Hollywood made a movie about her experience. Bethany has a happy life and got married in 2013.

Complete the paragraph about Marc Zupan. Use "can", "can't" or "has to".

Zupan \_\_\_ has to \_\_\_ spend most of his time in a wheelchair, but he \_\_\_ can \_\_\_ stand up and take a few steps for a short time. He \_\_\_ cant \_\_\_ go walking or running, but he \_\_\_ can \_\_\_ play quad rugby. He \_\_\_ can \_\_\_ be careful about his diet so he does not get out of shape. He does not have complete use of his hands, but he \_\_\_ can \_\_\_ lift weights.

He \_\_\_ can \_\_\_ drive a car using his feet, but he \_\_\_ cant \_\_\_ use his hands. a lot of people

think quadriplegics \_\_\_\_\_ can't \_\_\_\_\_ do anything, but Zupan proves that they \_\_\_\_\_ can \_\_\_\_\_.

.Complete the paragraph about Bethany Hamilton using the Present Simple or the Present Continuous.

When surfing, Hamilton \_\_\_\_\_ has to \_\_\_\_\_ (use) her legs to help her go in the right direction.

She \_\_\_\_\_ still \_\_\_\_\_ (has) a prosthetic arm, but she almost never \_\_\_\_\_ doesn't \_\_\_\_\_ (use it).

She \_\_\_\_\_ compete \_\_\_\_\_ (complete) regularly with the best professional female surfers in the world.

In the photo, she is competing against other surfers with two arms.

She \_\_\_\_\_ has \_\_\_\_\_ (wear) a T-shirt and \_\_\_\_\_ stands \_\_\_\_\_ (stands) on her surfboard.  
Hamilton

\_\_\_\_\_ wish \_\_\_\_\_ (I want) to help other people with difficult experiences to follow their dreams.





