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PROBLEMAS DEL ADOLECENTE

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ADOLESCENT PROBLEMS

Today young people face situations that are challenging for them.

They face a world very different from the one we live in and know, in addition to all the physical and emotional changes they have to go through as a result of age.

The misunderstanding of many people who want to compare the behavior and uses of other times, in addition to the unsupervised use of technology, insecurity, drug addiction that constantly threatens young people.

The physical, emotional changes, the current family dynamics, are situations that young people face every day and in which parents or guardians must be their guides so that they learn that these changes are a change for which all We are young and it is a constant change that in some way and at the rhythm of each one we are overcoming.

Accompaniment is always important, as well as the accompaniment of a professional when necessary, for this reason we must be attentive and alert to the behavior of our young people, since it is also common at this age to fall into depression due to these changes, since each young person has different characteristics. Different and deal with situations in different ways.