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Nombre del trabajo: Unit Activity #1 - Unit 4

Materia: Ingles IV

PASIÓN POR EDUCAR

Grado: 4

Grupo: B

Workbook

How often do you exercise?



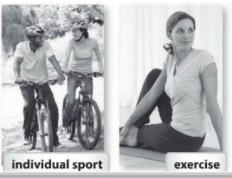


Complete the chart. Use words from the box. (Some of the words can be both individual sports and exercise.)

aerobics football swimming
baseball jogging tennis
basketball stretching volleyball
bicycling soccer yoga







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Arrange these words to make sentences or questions.

1.	go never I almost bicycling	
	l almost never go bicycling	·
2.	hardly they tennis play ever	
	They hardlu ever play tennis.	
3.	go do often jogging how you	
	How often do you go jogging?	?
4.	often mornings do on we yoga Sunday	
	We often do yoga on mornings Sunday.	·
5.	ever Charlie do does aerobics	
	Charlie does ever do aerobics.	?
6.	do on you what usually Saturdays do	
	What usually do you on Saturdays?	?

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Use these questions to complete the conversations. How often do you . . . ? Do you ever . . . ? What do you usually . . . ?

1.	A: Do you ever exercise?	
	B: Yes, I often exercise on weekends.	
2.	A: What do you usually karate and yoga?	
	B: Well, I usually do karate on Saturdays and yoga on Sundays.	,
3.	A: Whay do you usually gim?	
	B: No, I never go to the gym after work.	-
4.	A: _ Do you ever exercise?	
	B: I don't exercise very often at all.	
5.	A: _ How often do you play sports?	
	B: Yes, I sometimes play sports on weekends – usually baseball.	
6.	A: _ How often do you tennis?	
	B: I usually play tennis in my free time.	

Keeping fit?

A Check (✓) how often you do each of the things in the chart.

	Every day	Once or twice a week	Sometimes	Not very often	Never
do aerobics					
play basketball					
exercise					
go jogging					
do karate					
play soccer			<u> </u>		
go swimming					
do weight training					

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ļ	B Write about yourself using the information in the chart.	
_	Once or twice practice I exercise, go jogging and weight training.	
j.	Sometimes I play basketball, soccer and I go swimming.	
	I never do karate and aerobics.	
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