



**Mi Universidad**

## **Ejercicios.**

*Nombre del Alumno:* Espinoza Morales Fernanda Judith.

*Nombre del tema:* HOW OFTEN DO YOU EXERCISE?

*Parcial:* Cuarto.

*Nombre de la Materia:* Inglés V.

*Nombre del profesor:* Jaime Díaz Juan Manuel

*Nombre de la Licenciatura:* Licenciatura en Enfermería.

*Cuatrimestre:* Cuarto.

5

Complete this conversation.  
Write the correct prepositions in the correct places.

Susan: What time do you go jogging <sup>in</sup> the morning? (around / in / on)

Jerry: I always go jogging ~~7:00.~~ (at / for / on)

How about you, Susan?

Susan: I usually go jogging ~~noon.~~ (around / in / with)

I jog ~~about an hour.~~ (at / for / until)

Jerry: And do you also play sports your ~~free time?~~ (at / in / until)

Susan: No, I usually go out ~~my classmates.~~ (around / for / with)

What about you?

Jerry: I go to the gym ~~Mondays and Wednesdays.~~ (at / on / until)

And sometimes I go bicycling ~~weekends.~~ (for / in / on)

Susan: Wow! You really like to stay in shape.

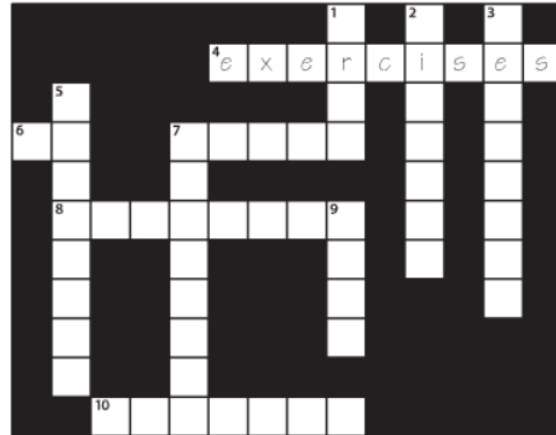


6

Complete the crossword puzzle.

Across

- 4 Pierre never exercises. He's a real couch potato.
- 6 How often do you do yoga?
- 7 I like to stay in shape. I play sports every day.
- 8 Jeff does weight training every evening. He lifts weights of 40 kilos.
- 10 Diana goes jogging twice a week. She usually runs about three miles.



Down

- 1 Andrew always watches TV in his free time.
- 2 Kate has a regular fitness program.
- 3 I do aerobics at the gym three times a week. The teacher plays great music!
- 5 Paul is on the football team at his high school.
- 7 Marie never goes swimming when the water is cold.
- 9 Amy often goes bicycling on weekends.

## 8 Choose the correct responses.



1. A: How often do you go swimming, Linda?  
B: Once a week.
- I guess I'm OK.
  - Once a week.
  - About an hour.
2. A: How long do you spend in the pool?  
B: About 45 minutes.
- About 45 minutes.
  - About average.
  - About three miles.
3. A: And how well do you swim?  
B: I'm about average.
- I'm not very well.
  - I almost never do.
  - I'm about average.
4. A: How good are you at other sports?  
B: Not very well, actually.
- Not very good, actually.
  - I sometimes play twice a week.
  - Pretty well, I guess.

## 9 Look at the answers. Write questions using how.

1. A: How long do you spend exercising?  
B: I don't spend any time at all. In fact, I don't exercise.
2. A: How often do you go \_\_\_\_\_ for a walk?  
B: Almost every day. I really enjoy it.
3. A: How long do you spend jogging?  
B: I spend about an hour jogging.
4. A: How good are you \_\_\_\_\_ at soccer?  
B: I'm pretty good at it. I'm on the school team.
5. A: How well do you play basketball?  
B: Basketball? Pretty well, I guess. I like it a lot.

Rewrite these sentences. Find another way to say each sentence using the words given.

- I don't watch TV very much.  
I hardly ever watch TV. \_\_\_\_\_ (hardly ever)
- Tom exercises twice a month.  
**Tom doesn't exercise very often.** \_\_\_\_\_ (not very often)
- Philip tries to keep fit.  
**Philips tries to stay in shape.** \_\_\_\_\_ (stay in shape)
- Jill often exercises at the gym.  
**Jill often works out at the gym.** \_\_\_\_\_ (work out)
- I go jogging with my wife all the time.  
**I always go jogging white my wife.** \_\_\_\_\_ (always)
- How good are you at tennis?  
**How well do you play tennis? /How good are you playing tennis?** \_\_\_\_\_ (play)

What do you think about sports? Answer these questions.

- Do you like to exercise for a short time or a long time?  
**I prefer to exercise for a long time. It's much better that way.**
- Do you prefer exercising in the morning or in the evening?  
**In the evening.**
- Which do you like better, walking or jogging?  
**I think I'd rather walk, a thousand times better.**
- Do you like to watch sports or play sports?  
**I like to play more than watch.**
- Which do you like better, team sports or individual sports?  
**They're both good choices for me.**
- How good are you at games like basketball or tennis?  
**I think I'm pretty good at basketball.**
- What sport or game don't you like?  
**Football and soccer. I can't stand them.**

