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Nombre del trabajo: Unit Activity #1 - Unit 4

Materia: ingles

Grado: 4 semestre

Grupo: B

## □ now often do you exercise?

1

Complete the chart. Use words from the box. (Some of the words can be both individual sports and exercise.)

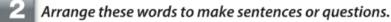
aerobics football swimming
baseball jogging tennis
basketball stretching volleyball
bicycling soccer yoga

Team sports	Individual sports	Exercise	
baseball Football	Bicycling	Yoga	
Soccer Tenis	Jogging	Jogging	
	Swimming	Bicycling	
		Stretching	
Volleyball			





On



never almost bicycling I almost never go bicycling 2. hardly they play tennis ever They play tenis hardly ever do often jogging How often do you go jopping mornings do yoga Sunday We often do yoga morning on sunday 5. ever Charlie do does aerobics Dows charly do ever aerobics 6. do usually Saturdays do you what What do you do usarlo on saturdays





## Use these questions to complete the conversations. How often do you...? Do you ever...? What do you usually...?

- 1. A: Do you ever exercise?
  - B: Yes, I often exercise on weekends.
- 2. A: What do you do the wekend?
  - B: Well, I usually do karate on Saturdays and yoga on Sundays.
- 3. A: Do you go to gym after the work?
  - B: No, I never go to the gym after work.
- 4. A: Do you do exercise?
  - B: I don't exercise very often at all.
- Do you play sports on the weekends?
  - B: Yes, I sometimes play sports on weekends usually baseball.



A Check (✓) how often you do each of the things in the chart.

	Every day	Once or twice a week	Sometimes	Not very often	Never
do aerobics					*
play basketball					*
exercise			*		
go jogging			*		
do karate					*
play soccer					*
go swimming			<b>**</b>		
do weight training			*		

**B** Write about yourself using the information in the chart.

I don't like do aerobics, I don't play basketball because I can't play, I sometimes do exercise because I like, sometimes I go jogging, I don't like play karate, I don't play soccer. Sometimes I go swimming and sometimes I do weight traning.