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Materia: ingles IV

Grado: cuarto cuatrimestre

Grupo: B

Comitán de Domínguez Chiapas a 22 de noviembre de 2021.

Workbook

How often do you exercise?



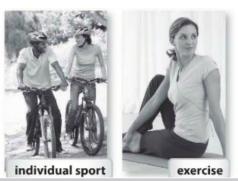


Complete the chart. Use words from the box. (Some of the words can be both individual sports and exercise.)

football	swimming
jogging	tennis
stretching	volleyball
soccer	yoga
	jogging stretching

Team sports	Individual sports	Exercise
baseball	Bycycling	Yoga
Basketball		Jogging
Football	Swimming	stretching
Soccer	aerobics	
Tennis		
volleyball		









Arrange these words to make sentences or questions.

١.	go never i almost bicycling	
	l almost never go bicycling	
2.	hardly they tennis play ever	
	They hardly ever play tennis	
3.	go do often jogging how you	
	How you do often go jogging	?
4.	often mornings do on we yoga Sunday	
	We often do yoga on Sunday morning	
5.	ever Charlie do does aerobics	
	Does Charlie do ever aerobics	?
6.	do on you what usually Saturdays do	
	Usually you do what do on saturdays	?

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Use these questions to complete the conversations. How often do you . . . ? Do you ever . . . ? What do you usually . . . ?

1.	A:	Do you ever exercise?
	B:	Yes, I often exercise on weekends.
2.	A:	What do you usually do busted on weekends?
	B:	Well, I usually do karate on Saturdays and yoga on Sundays.
3.	A:	Do you sometimes go to the gym after work?
	B:	No, I never go to the gym after work.
4.	A:	How often do you exercise?
	B:	I don't exercise very often at all.
5.	A:	How often do you play sports and what generally do you play?
	B:	Yes, I sometimes play sports on weekends – usually baseball.
6.	A:	What do you usually do in your free time?
	B:	I usually play tennis in my free time.

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Keeping fit?

A Check (✓) how often you do each of the things in the chart.

	Every day	Once or twice a week	Sometimes	Not very often	Never
do aerobics					
play basketball					
exercise					
go jogging					
do karate					
olay soccer					
go swimming					
do weight training					

B Write about yourself using the information in the chart.

- 1.- usually on weekends I will play soccer or sometimes I will jog.
- 2.- I like to play soccer a lot.
- 3.- sometimes my family and I would go swimming.