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Nombre del trabajo: Unit Activity #1 - Unit 4

Materia: Ingles IV

Grado: 4°

Grupo: "B"

## Workbook

## How often do you exercise?

Om



Complete the chart. Use words from the box. (Some of the words can be both individual sports and exercise.)

football	swimming
jogging	tennis
stretching	volleyball
soccer	yoga
	jogging stretching

Team sports	Individual sports	Exercise
baseball Basketball	Bicycling	Jogging
Soccer	Swimming	Stretching
Tennis	Aerobic	
Volleyball		
Yoga		
Football		





On

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## Arrange these words to make sentences or questions.

never almost bicycling I almost never go bicycling 2. hardly they tennis play ever They hardly tennis ever do often jogging you How do you do often jogging mornings do yoga Sunday we often Sunday morning on do yoga 5. ever Charlie do does aerobics Charlie does do ever aerobics usually Saturdays 6. do what do you What do you usually on Saturday

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## Use these questions to complete the conversations. How often do you . . . ? Do you ever . . . ? What do you usually . . . ?

Check ( ) how often you do each of the things in the chart.  Every day  Once or twice a week  do aerobics  olay basketball  exercise  go jogging	Not very often Never	A:	. A	Do you ever	exercise?				
B: Well, I usually do karate on Saturdays and yoga on Sundays.  A:	Not very often Never	B: Well, I usually do karate on Saturdays and yoga on Sundays.  A:	В	: Yes, I often ex	ercise on wee	kends.			
B: No, I never go to the gym after work.  A:	Not very often Never	A:	Α	:					
B: No, I never go to the gym after work.  A:	Not very often Never	B: No, I never go to the gym after work.  A:	В	: Well, I usually	do karate on	Saturdays and yo	ga on Sunday	<b>'S.</b>	
B: I don't exercise very often at all.  A:	Not very often Never	A:							
B: I don't exercise very often at all.  A:	Not very often Never	B: I don't exercise very often at all.  A:		- TS	= -				
B: Yes, I sometimes play sports on weekends – usually baseball.  A:	Not very often Never	A:							
B: Yes, I sometimes play sports on weekends – usually baseball.  A:	Not very often Never	B: Yes, I sometimes play sports on weekends – usually baseball.  A:							
B: I usually play tennis in my free time.  Peping fit?  Check ( ) how often you do each of the things in the chart.  Every day Once or twice a week  do aerobics olay basketball on the chart of the cha	Not very often Never	A:						all.	
Check ( ) how often you do each of the things in the chart.  Every day Once or twice Sometimes Not very often a week  do aerobics Olay basketball Olay basketball Olay paging		Every day Once or twice Sometimes Not very often Never a week  o aerobics					•	<u></u>	
Check ( ) how often you do each of the things in the chart.  Every day  Once or twice a week  do aerobics play basketball exercise go jogging		Check (✓) how often you do each of the things in the chart.  Every day  Once or twice  a week  o aerobics  lay basketball  o iogging  o karate  lay soccer  o swimming  o weight training	В	: I usually play	tennis in my fi	ree time.			
do aerobics		Check (✓) how often you do each of the things in the chart.  Every day  Once or twice  a week  o aerobics  lay basketball  o iogging  o karate  lay soccer  o swimming  o weight training							
play basketball		lay soccer o swimming o weight training		-	ten you do eac	ch of the things ir	n the chart.		
play basketball		lay soccer o swimming o weight training		-		Once or twice		Not very often	Never
go jogging		lay soccer	Ch	eck (✔) how oft		Once or twice		Not very often	
		lay soccer o swimming o weight training	Ch do d	eck (🗸) how oft erobics basketball		Once or twice		Not very often	
do karate		o swimming	Ch do d olay	eck (🗸) how oft erobics basketball cise		Once or twice		Not very often	
play soccer		o weight training	Ch do d olay exer	eck (🗸) how oft derobics basketball cise bagging		Once or twice		Not very often	
do weight training		Write about yourself using the information in the chart.	Ch do do olay exer go jo do k	eck (✓) how oft erobics basketball cise ogging arate soccer		Once or twice		Not very often	
			Ch do do olay exer go ja do k olay go s	eck (✓) how often	Every day	Once or twice a week	Sometimes	Not very often	
			Ch do do blay exer go ja do k blay go s	eck (✓) how often	Every day	Once or twice a week	Sometimes	Not very often	