



TÚ VIDA SÍ IMPORTA

Here is where this template begins

INTRODUCCIÓN

La conducta suicida está determinada por diferentes causas: pobreza, desempleo, humillaciones, pérdida de seres queridos, ruptura de relaciones amorosas, maltratos escolares y dentro de la familia, entre otros factores que perjudican las emociones de la persona que sería la víctima.



INTRODUCCIÓN



El suicidio es uno de los más problemas actuales en lo que genera una alerta para los profesionales de salud pública y mental, se visualiza un aumento de fallecimientos cada año por esta causa.

Es más común en personas que tienen alrededor de 14 a 45 años de edad donde encuentran la vida tan dolorosa formándose consciente y liberada provocando la muerte, por lo cual influye en el ambiente social, económico, familiar y psicológico.

INTRODUCCIÓN

Es de suma importancia la comprensión y reflexión de las causas que llevan a una persona a su autodestrucción, así como saber cuál es el significado de este acto y como poder prevenirlo. Por otro lado si el comportamiento, ya se verbal o no verbal, de alguna determinada revela que podría intentar suicidarse, hay que poner atención a esas señales pues existe la posibilidad de ayudarlo o de buscar el apoyo de profesionales en que pueda guiarlo o cambiar su perspectiva del problema.



Objetivo General

Tener buenas estrategias y educación sobre tema de suicidio promocionando la prevención sobre el tema, haciendo un proyecto útil y práctico para los alumnos de secundarias, preparatorias y padres de los alumnos que estén cursando ese grado, en la ciudad de Comitán de Domínguez Chiapas.

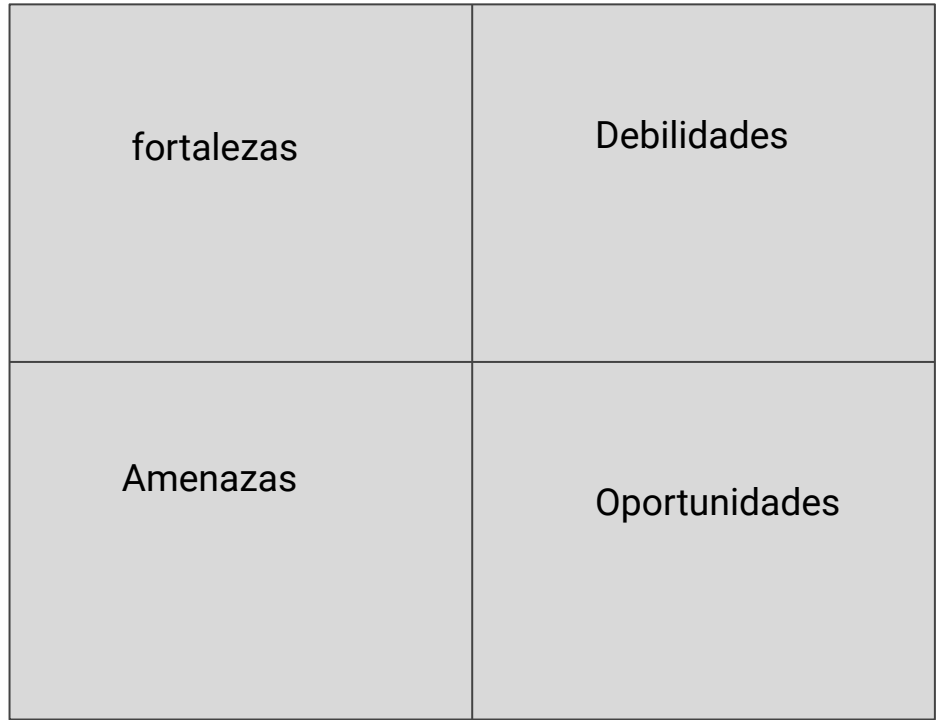


Objetivos Especificos

- ★ Informar y educar a los adolescentes, padres de familia y personal de los centros educativos sobre la problemática del suicidio tanto general como preventiva.
- ★ Dar a conocer las principales situaciones de riesgo y signos de alertas que pueden ayudar a sospechar que algún adolescente o personas reciban la información adecuada sobre el tema.
- ★ A través de los talleres que se proporcionen sean explícitos y comprendidos para los receptores donde pueden expresar sus dudas e inquietudes, a través de esto podemos encontrar a alguien con peligro al suicidio y poder ayudarlo a tiempo



Analisis foda



A nivel mundial, el aumento de este fenómeno ha sido paulatino en la población adolescente y también se considera como un problema de Salud Pública. La Organización Mundial de la Salud (OMS), lo refiere como la segunda causa de mortalidad en la adolescencia (de los 12 a los 19 años de edad).

Justificación



Se espera que con el diálogo que se mantendrá durante los talleres, los padres y alumnos dejen de estigmatizar la depresión e ideas suicidas, además de poder aprender a comunicar sentimientos negativos y dar apoyo a los jóvenes con una comunicación constante y fluida, incluido un ambiente de confianza, así como hacerles saber a los jóvenes que no están solos.

Actividades



Empatia sin estigma

Taller 1

ESTA BIEN NO ESTAR BIEN

Taller 2

NO SUFRAS EN SILENCIO

Mental Disorders Infographics



Anxiety

Mercury is the closest planet to the Sun and the smallest one

Step 01

Mars

Despite being red, Mars is a very cold planet

Step 02

Neptune

Neptune is the farthest planet from the Sun

Step 03

Earth

Earth is the planet where we all live on

Mental Disorders Infographics

Depression

Mercury is the closest planet to the Sun and the smallest one in the entire Solar System

Neptune

- Mood swings
- Sadness
- Insomnia
- Headache



Venus

Venus has a beautiful name, but is hot



Earth

Earth is the only planet that harbors life



Mental Disorders Infographics



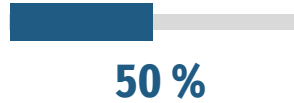
Schizophrenia

Mercury is the closest planet to the Sun and the smallest one in the entire Solar System



Genetics

Mercury is the closest planet to the Sun



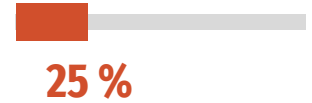
Drug Abuse

Neptune is the farthest planet from the Sun



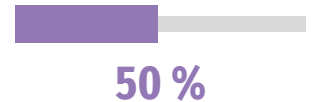
Brain Changes

Venus has a beautiful name, but is hot

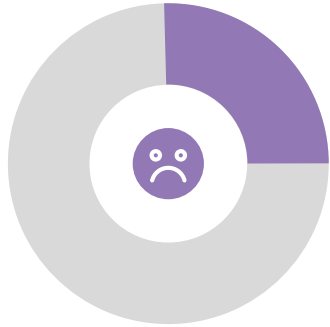


Environment

Pluto is now considered a dwarf planet



Mental Disorders Infographics



25%

Venus

Venus has a very beautiful name, but is terribly hot



75%

Mercury

It is the closest planet to the Sun and the smallest

Mental Disorders Infographics

01

Venus

Venus has a beautiful name, but is hot



02

Mercury

Mercury is the closest planet to the Sun



03

Neptune

Neptune is the farthest planet from the Sun



Mental Disorders Infographics

150,000,000

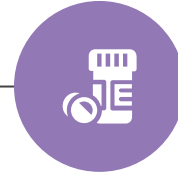
Suffer from Sleep Disorders

Mercury is the closest planet to the Sun and the smallest one in the entire Solar System



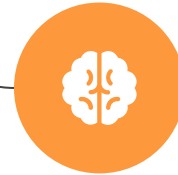
Mars

Despite being red, Mars is a cold planet



Venus

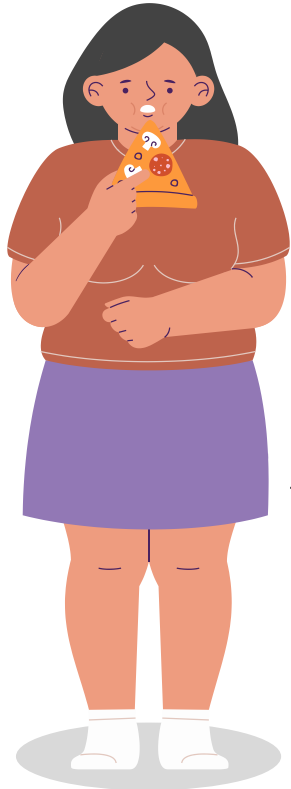
Venus has a beautiful name, but is hot



Earth

Jupiter is the biggest planet of them all

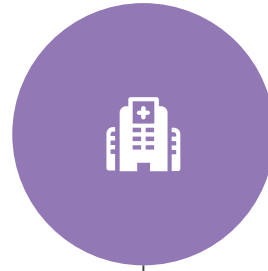
Mental Disorders Infographics



01

Mercury

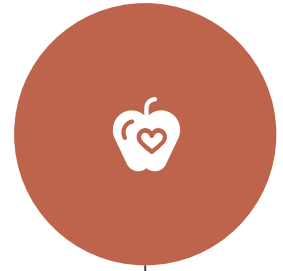
Mercury is the closest planet to the Sun



02

Jupiter

Jupiter is a gas giant and the biggest planet



03

Venus

Venus has a beautiful name, but is hot

Mental Disorders Infographics

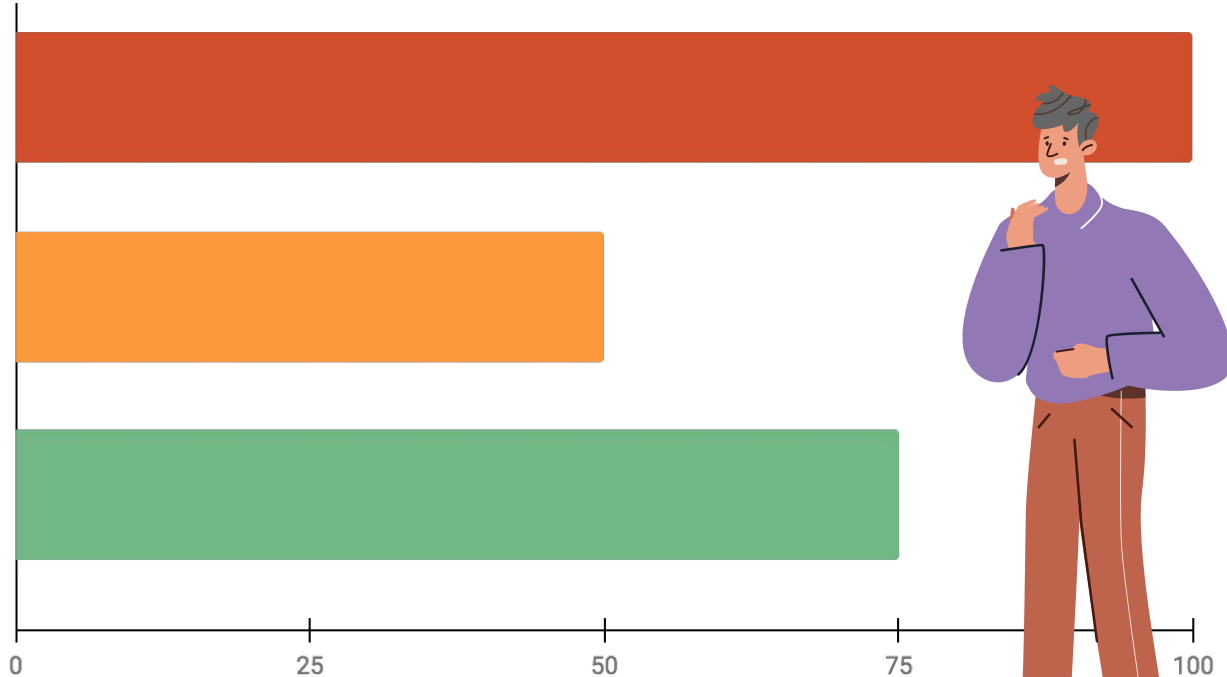
Illness Anxiety Disorder

Saturn is composed mostly of hydrogen and helium and has rings

● **Mars** — 100 %

● **Venus** — 50 %

● **Earth** — 75 %



Follow the link in the graph to modify its data and then paste the new one here.
For more info, [click here](#)



Mental Disorders Infographics

Dissociative Identity Disorder

Saturn is a gas giant, composed mostly of hydrogen and helium, and has several rings



25 %

Venus

Venus has a beautiful name

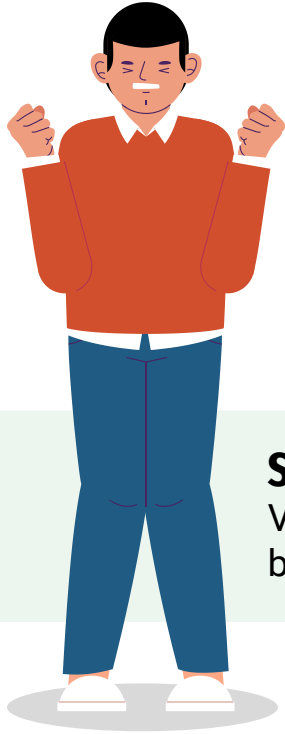


75 %

Jupiter

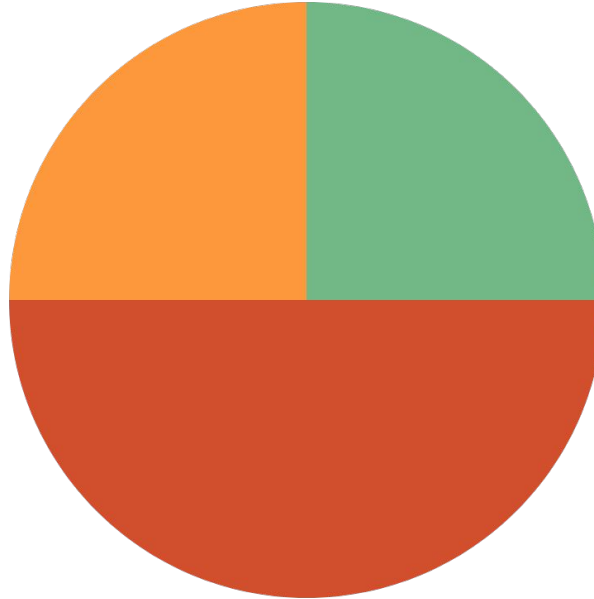
Jupiter is the biggest planet

Mental Disorders Infographics



Stress Disorder

Venus has a beautiful name



25 %

Jupiter

Jupiter is the biggest planet

50 %

Mars

Despite being red, Mars is cold

25 %

Mercury

It is the closest planet to the Sun

Follow the link in the graph to modify its data and then paste the new one here. **For more info, click here**

Mental Disorders Infographics



Anxiety Disorder

Saturn is a gas giant and is composed mostly of hydrogen and helium and has several rings

Mars

Despite being red, Mars is cold

Venus

Venus has a beautiful name

Jupiter

Jupiter is the biggest planet

Mental Disorders Infographics

- ✓ List item 1
- ✓ List item 2
- ✓ List item 3

01

Earth

Earth is where we all live on

- ✓ List item 1
- ✓ List item 2
- ✓ List item 3

02

Neptune

Neptune is a gas giant

- ✓ List item 1
- ✓ List item 2
- ✓ List item 3

03

Mars

Despite being red, Mars is cold



Mental Disorders Infographics

Mercury

Mercury is the closest planet to the Sun

01

Jupiter

Jupiter is a gas giant and the biggest planet

03

Venus

Venus has a beautiful name, but is hot

05

02

Neptune

Neptune is the farthest planet from the Sun

04

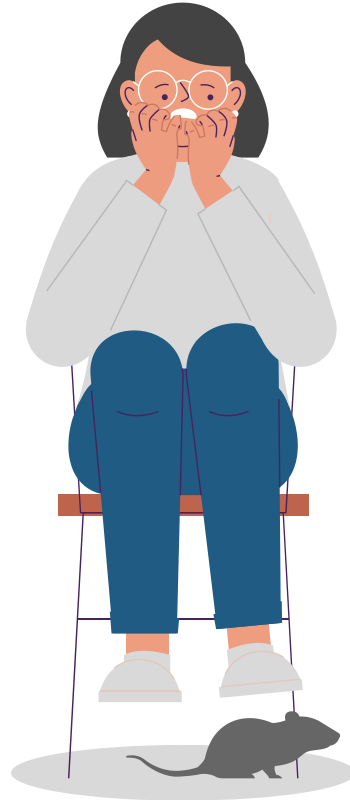
Mars

Despite being red, Mars is a cold place

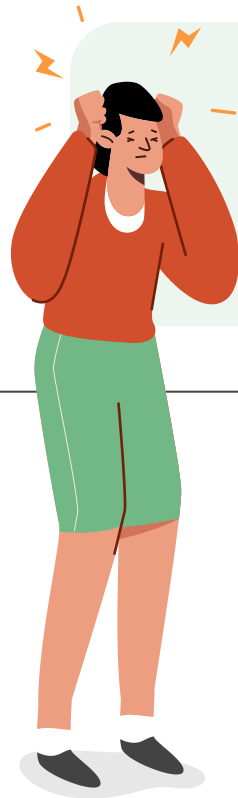
06

Pluto

Pluto is considered a dwarf planet



Mental Disorders Infographics



Panic Disorder

Mercury is the closest planet to the Sun and the smallest one of them all

01

Venus

Venus has a beautiful name, but is hot

02

Mars

Despite being red, Mars is a cold planet

03

Jupiter

Jupiter is the biggest planet of them all

Mental Disorders Infographics

Earth

Earth is the third planet from the Sun and the only planet known to harbor life

 **Mercury**

 **Venus**

 **Neptune**



Mars

Despite being red, Mars is a cold place. The planet is full of iron oxide dust







 **Saturn**

 **Jupiter**

 **Mars**

Mental Disorders Infographics

Common Mental Disorders

	Bipolar Disorder	Mercury is the closest planet to the Sun
	Depression	Jupiter is a gas giant and the biggest planet
	Anxiety	Venus has a beautiful name, but is hot
	Burnout	Neptune is the farthest planet from the Sun
	Sleep disorder	Despite being red, Mars is a cold place
	Stress	Pluto is considered a dwarf planet

Mental Disorders Infographics



Anorexia Nervosa

Despite being red,
Mars is a cold planet

01



Venus

It has a beautiful
name, but is hot

02



Mars

Despite being red,
Mars is very cold

03



Jupiter

Jupiter is the biggest
planet of them all

Mental Disorders Infographics



Positive Effects of Stress

- Mercury is the closest planet to the Sun
- Venus has a beautiful name, but is hot
- Despite being red, Mars is a cold planet



Negative Effects of Stress

- It's the farthest planet from the Sun
- Saturn is a big gas giant with rings
- Earth is the planet where we all live

Mental Disorders Infographics

01

Venus

Venus has a very beautiful name

02

Mars

Despite being red, Mars is a cold planet

03

Jupiter

Jupiter is the biggest planet of them all



Mental Disorders Infographics

ty Disorder

and the smallest one in the entire Solar System



Mercury

Mercury is the closest planet to the Sun



75 %



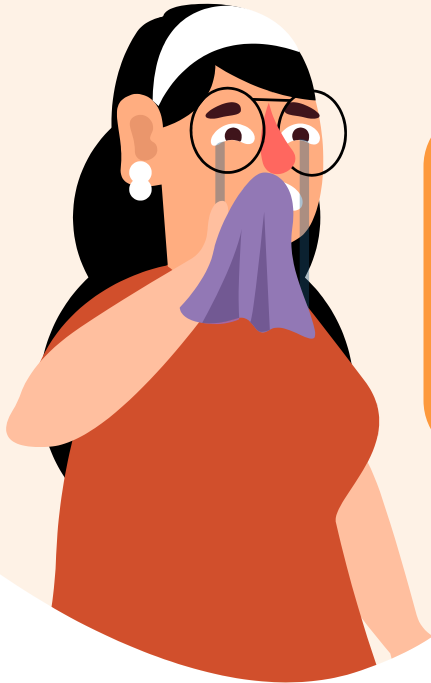
Venus

Venus has a beautiful name, but is hot



25 %

Mental Disorders Infographics



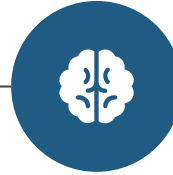
Possible Causes of Depression

Venus has a beautiful name, but is hot



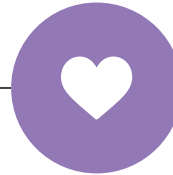
Drug Use

Despite being red, Mars is a cold planet



Brain Imbalance

It has a beautiful name, but is hot



Emotional Issues

Jupiter is the biggest planet of them all

Mental Disorders Infographics

100 %

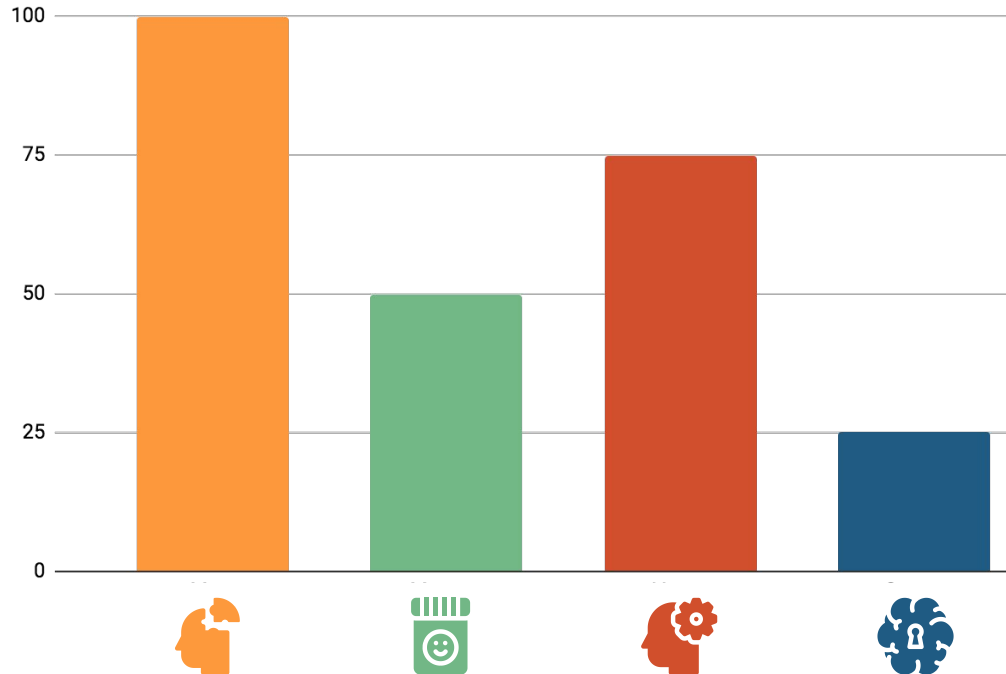
Mercury

Mercury is the smallest planet

50 %

Venus

Venus has a very beautiful name



25 %

Mars

Mars is a very cold place

75 %

Neptune

It is named after a Roman god

Follow the link in the graph to modify its data and then paste the new one here. **For more info, click here**

Mental Disorders Infographics

Depression

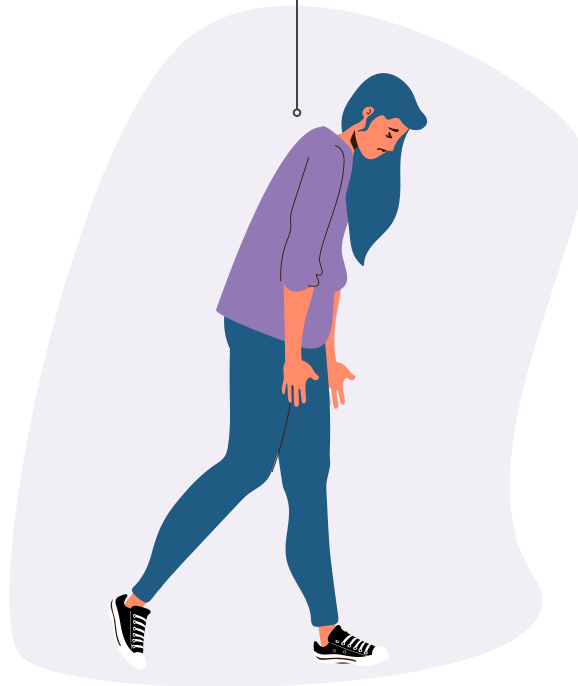
Venus

Venus has a beautiful name, but is hot



Earth

Earth is the only planet that harbors life



Mercury

Mercury is the closest planet to the Sun



Mars

Despite being red, Mars is a cold planet



Mental Disorders Infographics



Social Anxiety

- Mercury is the closest planet to the Sun
- Venus has a beautiful name, but is hot
- Despite being red, Mars is cold



Saturn

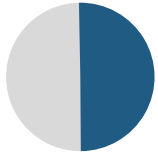
Saturn is a gas giant with several rings



Neptune

Neptune is the farthest planet from the Sun

Mental Disorders Infographics



50 %

Mercury

Mercury is the closest planet to the Sun



25 %

Jupiter

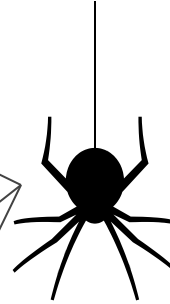
Jupiter is the biggest planet of them all



25 %

Venus

Venus has a beautiful name, but is very hot



Infographics

You can add and edit some **infographics** to your presentation to present your data in a visual way.

- Choose your favourite infographic and insert it in your presentation using Ctrl C + Ctrl V or Cmd C + Cmd V in Mac.
- Select one of the parts and **ungroup** it by right-clicking and choosing “Ungroup”.
- **Change the color** by clicking on the paint bucket.
- Then **resize** the element by clicking and dragging one of the square-shaped points of its bounding box (the cursor should look like a double-headed arrow). Remember to hold Shift while dragging to keep the proportions.
- **Group** the elements again by selecting them, right-clicking and choosing “Group”.
- Repeat the steps above with the other parts and when you’re done editing, copy the end result and paste it into your presentation.
- Remember to choose the “**Keep source formatting**” option so that it keeps the design. For more info, please visit **Slidesgo School**.

