

WORKBOOK



Write the names of the foods.

Fruit

1. lemons
2. orange
3. apple
4. Banana

Vegetables

5. lettuce
6. Broccoli
7. potato
8. Carrot

Grains

9. Rice
10. cereal
11. Bread
12. wheat

Fats and oils

13. Butter
14. cream

Dairy

15. Milk
16. cheese

Meat and other proteins

17. Chicken
18. Beans
19. Tubercles
20. Fish



1 Count and noncount nouns: some and any

▶ Count nouns name things you can count: vegetables, eggs, cookies. Count nouns have a singular and plural form: 1 book, 2 books. Noncount nouns name things you can't count: water, spinach, cheese.

▶ Use some in affirmative sentences; We have some chicken. Use any in negative sentences and questions: We don't have any bread. Do we have any cheese?

Complete the conversations with some or any.

- A: What do you want for lunch?
B: Let's make some sandwiches.
A: Good idea! Do we have any bread?
B: I think there's some in the refrigerator. Let me see... No, I don't see any cheese?
A: Well, let's go to the store. We need some milk, too. And do we have any tomatoes, too?
B: Yes, we do. There's some mayonnaise? I love any my sandwiches.
A: Do we have any here. Let's buy some my sandwiches.
B: Me, too. But there isn't any mayonnaise on
A: Let's make a big breakfast tomorrow morning.
B: OK. What do we need? Are there any eggs?
A: There are some, but I think we need to buy some more.
B: OK. And let's get some yogurt, too. We don't have any love yogurt for breakfast.
A: Me, too. Do you see any bread in the refrigerator?
B: Yes, there's some more.
A: Great! So we don't need to buy any at the store?
B: That's right. Just eggs and yogurt!
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6 CONVERSATION Fish for breakfast?

◉ Listen and practice.

Sarah: Let's have breakfast together on Sunday.
 Kumiko: OK. Come to my house. My family always has a Japanese-style breakfast on Sundays.
 Sarah: Really? What do you have?
 Kumiko: We usually have fish, rice, and soup.
 Sarah: Fish for breakfast? That's interesting.
 Kumiko: Sometimes we have a salad, too. And we always have green tea.
 Sarah: Well, I never eat fish for breakfast, but I like to try new things.



GRAMMAR FOCUS

Adverbs of frequency

always
 usually
 often
 sometimes eat breakfast
 hardly ever
 never

Sometimes I eat breakfast.

Do you ever have fish for breakfast?

Yes, I always do.

Sometimes I do.

No, I never do.

100%

always
 usually
 often
 sometimes
 hardly ever
 never

0%

2 Adverbs of frequency

► Adverbs of frequency usually go before the main verb: *always, almost always, usually, often, sometimes, hardly ever, almost never, never*. She **never** plays tennis. I **almost always** eat breakfast. *Sometimes* can begin a sentence: **Sometimes** I eat breakfast.

Rewrite the conversation. Add the adverbs in the correct places.

A: Where do you have lunch? (usually)

A: Where do you usually have lunch?

B: I go to a restaurant near work. (often)

B: I often go to a restaurant near work.

A: Do you eat at your desk? (ever)

A: do you ever eat at your desk?

B: No, I stay in for lunch. (hardly ever)

B: No, I hardly ever stay in for lunch.

A: And what do you have? (usually)

A: And what do you usually have?

B: I have soup and a sandwich. (always)

B: I always have soup and sandwich.

A: Me, too. I have a big lunch. (never)

A: Me too. I never have a big lunch.

2 CONVERSATION *How about some sandwiches?*

◉ Listen and practice.

Adam: What do you want for the picnic?
 Amanda: Hmm. How about some sandwiches?
 Adam: OK. We have some chicken, but we don't have any bread.
 Amanda: And we don't have any cheese.
 Adam: Do we have any lettuce?
 Amanda: Let's see. ... No, we need some.
 Adam: Let's get some tomatoes, too.
 Amanda: OK. And let's buy some potato salad.
 Adam: All right. Everyone likes potato salad.



3 GRAMMAR FOCUS

Count and noncount nouns, some and any ◉

Count nouns	Noncount nouns
an egg → eggs	bread
a sandwich → sandwiches	lettuce
Do we need any eggs? Yes. Let's get some (eggs). No. We don't need any (eggs).	Do we need any bread? Yes. Let's get some (bread). No. We don't need any (bread).

◉ A Complete the conversation with *some* or *any*.

Amanda: The store doesn't have any potato salad.
 Adam: Well, we have lots of potatoes. Let's make some !
 Amanda: OK. Do we have any mayonnaise?
 Adam: No. We need to buy some .
 Amanda: We need some onions, too.
 Adam: Oh, I don't want any onions. I hate onions!
 Amanda: Then let's get some celery.
 Adam: No. I don't want some celery in my potato salad.
 But let's put some apples in it.
 Amanda: Apples in potato salad? That sounds awful!



◉ B Complete the chart with foods from Exercise 1. Then compare with a partner.

Count	Noncount
eggs	cream
.....
.....
.....

