

6 CONVERSATION *Fish for breakfast?*

🎧 Listen and practice.

Sarah: Let's have breakfast together on Sunday.
 Kumiko: OK. Come to my house. My family always has a Japanese-style breakfast on Sundays.
 Sarah: Really? What do you have?
 Kumiko: We usually have fish, rice, and soup.
 Sarah: Fish for breakfast? That's interesting.
 Kumiko: Sometimes we have a salad, too. And we always have green tea.
 Sarah: Well, I never eat fish for breakfast, but I like to try new things.

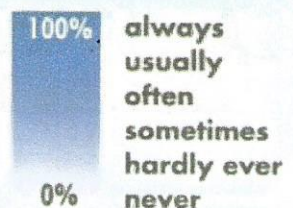


7 GRAMMAR FOCUS

Adverbs of frequency 🎧

always
usually
often
 I **sometimes** eat breakfast.
hardly ever
never
Sometimes I eat breakfast.

Do you **ever** have fish for breakfast?
 Yes, I **always** do.
Sometimes I do.
 No, I **never** do.



2 Adverbs of frequency

▶ Adverbs of frequency usually go before the main verb: *always, almost always, usually, often, sometimes, hardly ever, almost never, never*. She **never plays** tennis. I **almost always eat** breakfast. *Sometimes* can begin a sentence: **Sometimes I eat** breakfast.

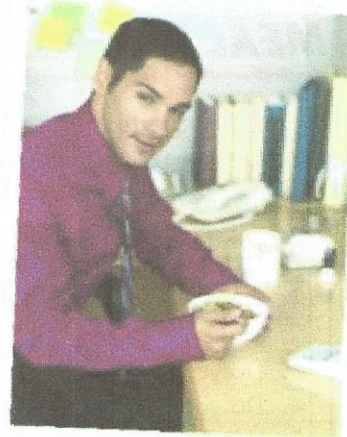
Rewrite the conversation. Add the adverbs in the correct places.

A: Where do you have lunch? (usually)
 B: I go to a restaurant near work. (often)
 A: Do you eat at your desk? (ever)
 B: No, I stay in for lunch. (hardly ever)
 A: And what do you have? (usually)
 B: I have soup and a sandwich. (always)
 A: Me, too. I have a big lunch. (never)

A: *Where do you usually have lunch?*
 B: *I often go to a restaurant near work.*
 A: *Do you ever eat at your desk?*
 B: *No, I hardly ever stay in for lunch.*
 A: *And what do you usually have?*
 B: *I always have soup and a sandwich.*
 A: *Me, too. I never have a big lunch.*

7 **A** Put the adverbs in the correct places. Then practice with a partner.

- A: What do you ^{usually} have for breakfast? (usually)
 B: Well, I ^{often} have coffee and cereal. (often)
 A: Do you ^{ever} eat breakfast at work? (ever)
 B: I ^{sometimes} have breakfast at my desk. (sometimes)
 A: Do you ^{usually} eat rice for breakfast? (usually)
 B: No, I ^{hardly ever} have rice. (hardly ever)



8 **B** Unscramble the sentences.

1. I / have breakfast / on / never / weekends
2. work / I / snacks / eat / at / hardly ever
3. eat / for / pasta / dinner / sometimes / I
4. have / I / dinner / with / often / family / my

*I never have breakfast on weekends.
 I hardly ever eat snacks at work.
 I sometimes eat pasta for dinner.
 I often have dinner with family.*

C Rewrite the sentences from part B with your own information. Then compare with a partner.

- A: I always have breakfast on weekends.
 B: I hardly ever have breakfast on weekends. I usually get up late.
 C: *I never eat cereal for lunch*

8 LISTENING Really? Never?

9 **A** Paul and Megan are talking about food. How often does Megan eat these foods? Listen and check (✓) Often, Sometimes, or Never.

	Often	Sometimes	Never
pasta	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
hamburgers	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
fish	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
eggs	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
broccoli	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B GROUP WORK Do you ever eat the foods in part A? Tell your classmates.

- A: I often eat pasta.
 B: Really? I never eat pasta.
 C: Well, I ...



9 MEALTIME HABITS

A Add two questions about mealtime habits to the chart. Then ask two people the questions. Write their names and complete the chart.

	Name: <u>Daniel (me)</u>	Name: <u>Camila</u>
1. Do you always eat breakfast?	<u>Yes, I do</u>	<u>Yes, she do breakfast</u>
2. What time do you usually eat lunch?	<u>at 10:00 Am</u>	<u>at 11:00 Am</u>
3. Do you ever eat cereal for dinner?	<u>sometimes</u>	<u>sometimes</u>
4. Do you ever go to a restaurant for breakfast?	<u>sometimes</u>	<u>sometimes</u>
5. What's something you never eat for lunch?	<u>cereal</u>	<u>candys</u>
6. What do you usually drink with dinner?	<u>coffe</u>	<u>water or milk</u>
7. <u>What do you never eat dinner</u>	<u>Popcorn</u>	<u>ice cream</u>
8. <u>Do you ever eat cookie for breakfast</u>	<u>never</u>	<u>sometimes</u>

A: Manuel, do you always eat breakfast?

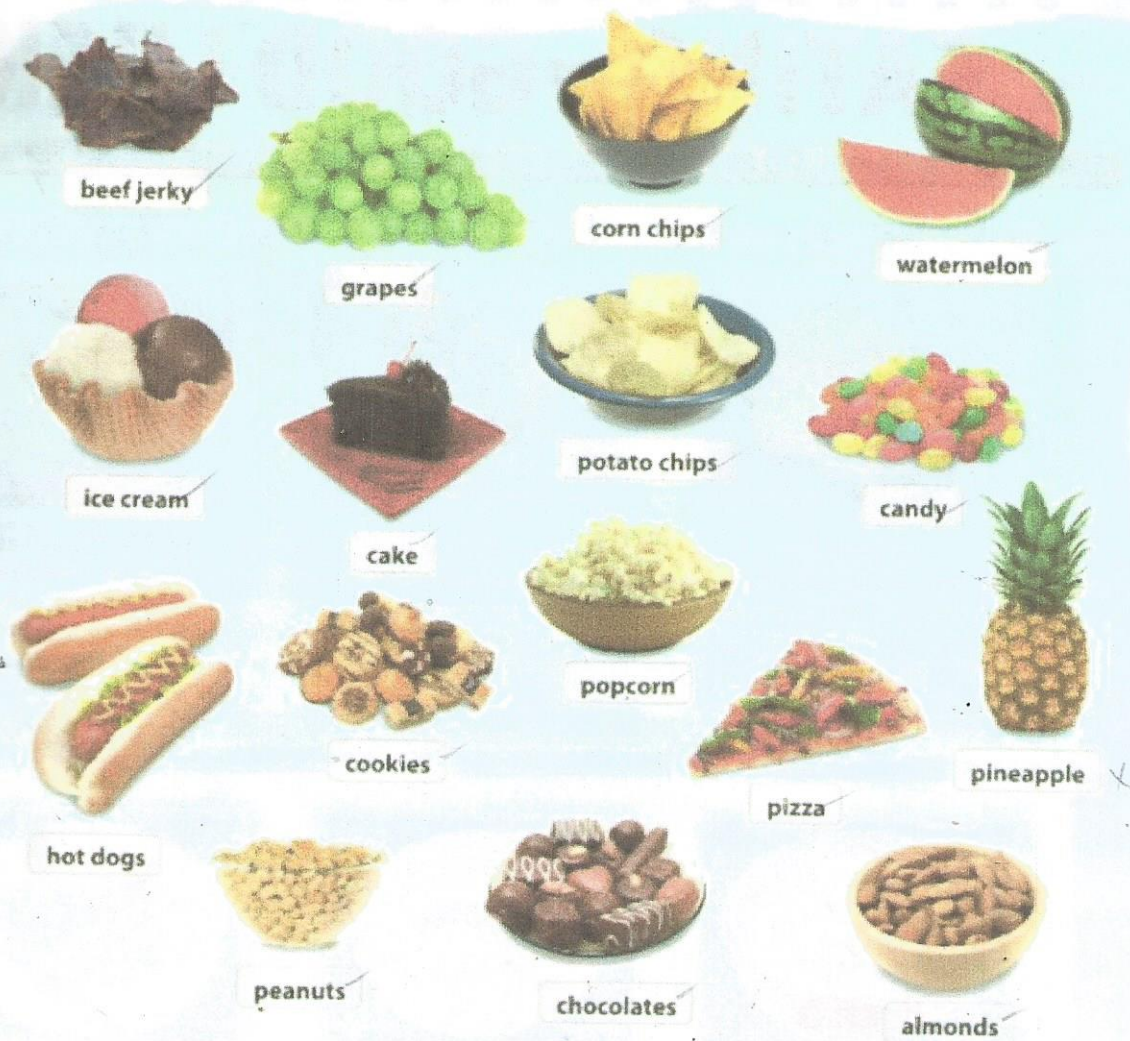
B: No, I hardly ever do.

B CLASS ACTIVITY Tell your classmates about your partners' mealtime habits.

"Manuel hardly ever eats breakfast. But he always eats lunch and dinner..."

Interchange 9 SNACK SURVEY

A Complete the snack survey. Use these foods and other foods you know.



Snacks I often eat	Snacks I sometimes eat	Snacks I never eat
Pine	cake	beef jerky
peanuts	potato chips	almonds
watermelon	corn chips	
grapes	candy	
popcorn	ice cream	
Pizza	cookies	
Hot dogs	chocolates	

Pineapple

B PAIRWORK Compare your information.

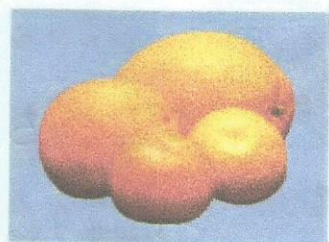
A: I often eat watermelon.

B: I never eat watermelon. I sometimes eat popcorn.

EATING for GOOD LUCK

Look at the pictures. On special occasions, do you ever eat any of these foods?

On New Year's Day, many people eat special foods for good luck in the new year.



Some Chinese people eat tangerines and oranges. "Tangerine" sounds like "luck" and "orange" sounds like "wealth" in the Mandarin language.



In Greece and some other Mediterranean countries, people eat pomegranates. Pomegranates bring wealth in the new year.



In Spain and some Latin American countries, people eat 12 grapes at midnight on New Year's Eve - one grape for good luck in each month of the new year.



At the end of the year in Sweden, people eat rice pudding with an almond inside. Everyone tries to find the almond for good luck in the new year.



On New Year's Day in South Korea, people eat *dduk guk* - soup with rice cakes - for strength and health in the new year.



Some Americans from southern states eat black-eyed peas and rice with collard greens. The black-eyed peas are like coins, and the greens are like dollar bills.

A Read the article. Then correct these sentences.

- In Mandarin, the word "tangerine" sounds like "wealth."
luck
- Greeks eat pomegranates. Pomegranates bring ~~health~~ *wealth*.
- People in Spain eat 12 grapes, one grape for good luck in each ~~hour~~ *month* of the day. *month of the new year*
- Swedish people eat rice pudding with ~~money~~ *almond* inside.
- Koreans eat soup with ~~chocolate~~ *rice* cake for strength and health.
- Some Americans eat black-eyed peas. Black-eyed peas are like ~~dollar bills~~ *coins*.

B GROUP WORK Do you eat anything special on New Year's Day for good luck? Do you do anything special? Tell your classmates.

I always eat 12 grapes.

PROGRESS CHECK

1 CLASS PICNIC

GROUP WORK Plan a class picnic. Choose two main dishes, two salads, two drinks, and two desserts. Then tell the class.

Main dishes	Sandwich, eggs with chorizo
Salads	a fruit salad, a vegetable salad
Drinks	orange juice, soda
Desserts	Jelly, chips

useful expressions

Do we want any . . . ?
 Let's get/make some . . .
 I don't want/like . . .

2 AT THE MOVIES

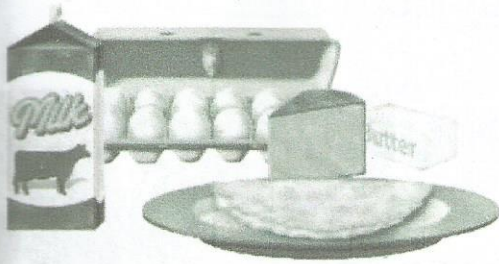
PAIR WORK Does your partner ever have these things at the movies? Ask questions and complete the survey.

	always	usually	sometimes	hardly ever	never
1. popcorn	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. fruit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. soda	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. candy	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. fish	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
6. coffee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

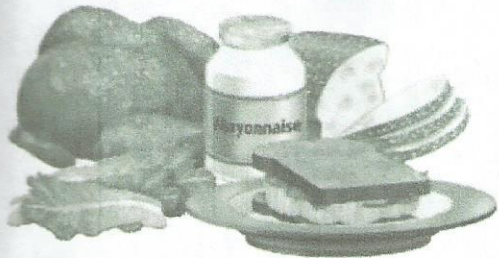
A: Do you have popcorn at the movies?

B: Yes, I always have popcorn.

5 What do you need to make these foods? What don't you need? Write sentences.



1. an omelet
You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



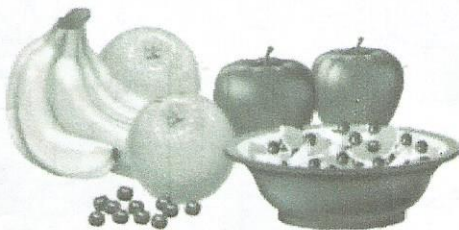
2. a chicken sandwich
You need some chicken, bread
Lettuce and mayonnaise.
You don't need any fish.



3. chicken soup
You need some chicken,
pasta, carrots, water and
onions. You don't need
any cereal



4. a vegetable salad
You need some broccoli,
carrots, tomatoes and
green peppers. You don't
need any watermelon.



5. a fruit salad
You need some bananas,
apples, orange and blueberries.
You don't need any broccoli



6. your favorite food (breakfast)
You need some eggs,
oil and chorizo. You
don't need any yogurt

6

Food habits



A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people in Mexico never eat pasta

3. In China, people put sugar in their tea. (hardly ever)

In China, people hardly ever put sugar in

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish

6. Americans put cream in their coffee. (often)

Americans often put cream in their

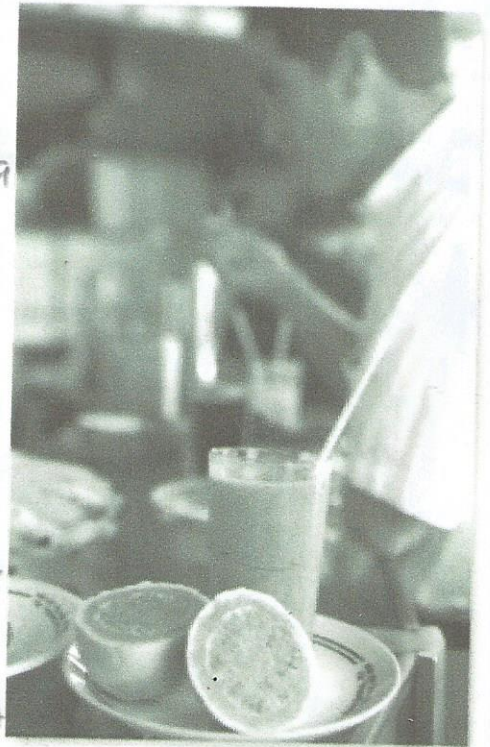
7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have

8. Some people in South Korea eat pickled vegetables

for breakfast. (always)

Some people in South Korea always
eat pickled vegetables.



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I often eat pasta

3. I sometimes put sugar in my tea

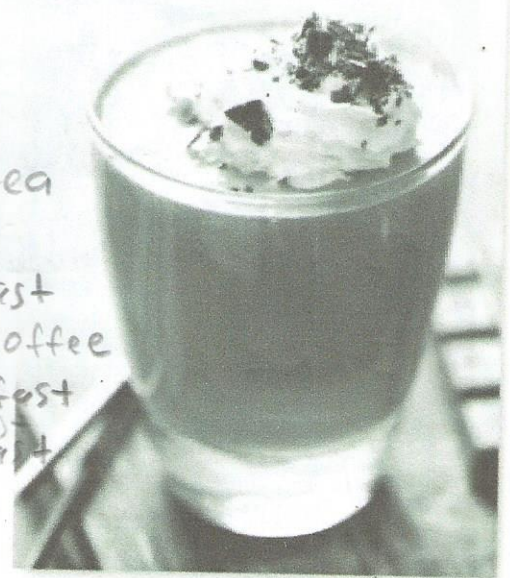
4. I never put milk in my tea

5. I never have fish for breakfast

6. I sometimes put cream in my coffee

7. I never have salad for breakfast

8. I never eat pickled for breakfast



7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

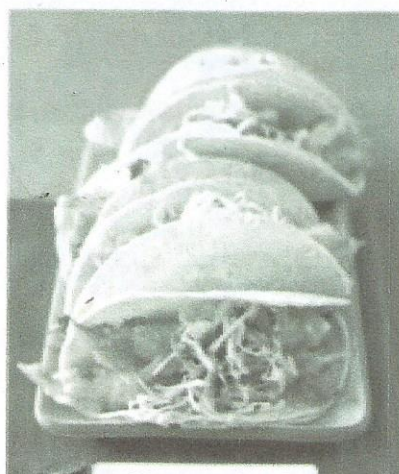
1. cheese I hardly ever have cheese for dinner.
2. milk I sometimes have milk for dinner
3. coffee I usually have coffee for dinner
4. eggs I hardly ever have eggs for dinner
5. beef I sometimes have beef for dinner
6. rice I hardly ever have rice for dinner
7. beans I hardly ever have beans for dinner
8. cereal I sometimes have cereal for dinner

8 Answer the questions with your own information.

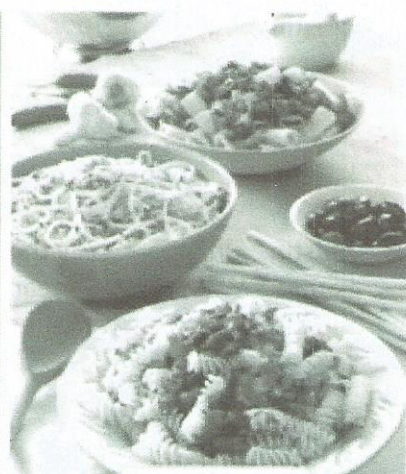
1. What's your favorite kind of food?
My favorite food is the Japanese
2. What's your favorite restaurant?
I don't have a favorite restaurant.
3. What do you usually have at your favorite restaurant?
I usually eat makis
4. Do you ever cook?
I COOK sometimes
5. What's your favorite snack?
My favorite snack is popcorn with cheese.



Chinese food



Mexican food



Italian food