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INGLES II
UDS
NUTRICIÓN

Write the names of the foods.

Fruit

- 1. lemons
- Orange
- 3. Apple
- banana

Vegetables

- 5. lettuce
- 6. _ broccoli
- 7. ____potato
- 8. __ carrot

Grains

- Rice
- 10. ____cereal
- 11. ____bred
- 12. _____bred

Fats and oils

- 13. _____Butter
- 14. _____oil

Dairy

- 15. _____ MILK
- 16. ___ CHEESE

Meat and other proteins

- 17. _____ CHIKFN _____
 18. __ BEANS
- 19. NUTS
- 20. _____FISH



Complete the sentences with the articles a or an. If you don't need an article, write Ø.





This is <u>a</u> banana.
 This is <u>A</u> pasta.



This is <u>AN</u> egg.



4. This is ple.



5. This is AN ice cream.



6. This is

What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit I LIKE ,APPLE RED,AND ORANJE WITH CHILI

3. vegetables I LIKE LETTUCE, PICLES AND POTATOE

4. meat and other proteins I LIKE BEEF AND CHIKEN

I LIKE TORTILLAS 5. dairy

6. grains I LIKE PEANUTS AND NUTS

Complete the conversations with some or any.

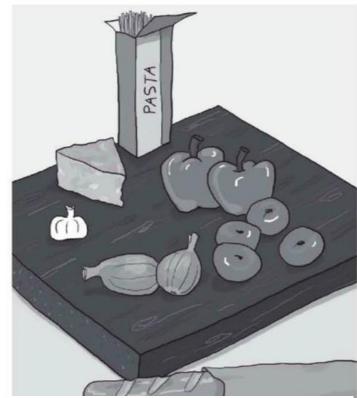
- 1. A: What do you want for dinner?
 - B: Let's make <u>some</u> pasta with tomato sauce.
 - A: Good idea. Do we have _____ meat?
 - B: Well, we have ____SOME__ beef, but

 I don't want ___ANY__ meat in the sauce.

 Let's get __SOME__ tomatoes and onions.
 - A: OK. Do we need <u>SOME</u> green peppers for the sauce?
 - B: Yes, let's get SOME peppers.
 Oh, and ANY garlic, too.
 - A: Great. We have _ some _ spaghetti, so we don't need _ some _ pasta.
 - B: Yeah, but let's get ____ani___ bread.
- 2. A: What do you eat for breakfast?
 - B: Well, first, I have fruit ___some__ grapes or strawberries.
 - A: That sounds good. Do you have ____ani ___ eggs or meat?
 - B: No, I don't eat _____ eggs or meat in the morning.
 - A: Really? Do you have anything else?
 - B: Well, I usually have some bread, but I don't put some butter on it.
 - A: Do you drink anything in the morning?
 - B: I always have __ some __ juice and coffee.

 I don't put __ some _ sugar in my coffee,

 but I like __ some _ milk in it.





What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich

You need bread, mayo, lettuce and chiken



3. chicken soup

You need chiken and pasta.



4. a vegetable salad

You need brócoli, carrot and tomato



5. a fruit salad

You need oranje, Apple an banana you dont need beans



6. your favorite food

barbacoha



Food habits



A Put the adverbs in the correct places.

- Brazilians make drinks with fruit. (often)
 Brazilians often make drinks with fruit.
- Some people in Mexico eat pasta. (never)
 Some peopple never eat pasta in mexico
- In China, people put sugar in their tea. (hardly ever)
 In china peopple hardly ever put sugar in their tea
- In England, people put milk in their tea. (usually)
 In england peopple usually put milk in their tea
- In Japan, people have fish for breakfast. (sometimes)
 In japan ,peopple sometimes have fish for breakfast
- Americans put cream in their coffee. (often)
 Americans often put cream in their coffe
- In Canada, people have salad for breakfast. (hardly ever)
 In canada peopple hardly ever have salad for breakfast
- Some people in South Korea eat pickled vegetables for breakfast. (always)



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Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never	hardly ever	sometimes	often	usually	always

1. cheese	I hardly ever have cheese for dinner.	
2. milk	Δlwavs nut milk on mill coffe	
3. coffee	Sometimes drink coffe	
4. eggs	Usually eat eggs on my breakfats	
5. beef	Hardly ever eat heef on my dinner	
6. rice	Alwavs drinck rice of watter	
7. beans	Often put beans on my tostada	
8. cereal	Always eat cereal on my breakfast	

8

Answer the questions with your own information.

1. What's your favorite kind of food?

Hamburguer

2. What's your favorite restaurant?

Burguer king

3. What do you usually have at your favorite restaurant?

fries

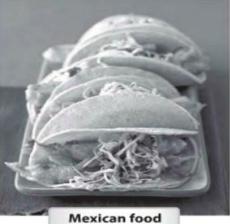
4. Do you ever cook?

nuddles

5. What's your favorite snack?

Sabritas







BIBLIOGRAFIA

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