



SOUTHEAST UNIVERSITY
VETERINARY MEDICINE AND
ZOOTECHNICS

Basic English, level two

Workbook

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Make an article about food, snacks and mealtime habits, take the example from reading **“Eating for good luck”**

Japanese people like eat shushi, tempura, tofu, ramen, udon and a lot of more than typical dishes in their country. The snacks they eat are many such as biscuits, kit kats, gummy candy and pocky to mention a few. The mealtime habits in japan are never rest your chopsticks on your bowl, never use your hand to catch falling food and eat your soup with chopsticks.

WORKBOOK

1

Write the names of the foods.

Fruit

1. lemons
2. Oranges
3. Apples
4. Banana

Vegetables

5. Lettuce
6. Broccoli
7. potatoes
8. Carrots

Grains

9. Rice
10. Cereal
11. Bread
12. Crackers

Fats and oils

13. Butter
14. Oil

Dairy

15. Milk
16. Cheese

Meat and other proteins

17. chicken
18. Beans
19. Walnuts
20. Fish



2

Complete the sentences with the articles *a* or *an*. If you don't need an article, write \emptyset .



1. This is a banana.



2. This is \emptyset pasta.



3. This is an egg.



4. This is an apple.



5. This is \emptyset ice cream.



6. This is \emptyset kiwi.

3

What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apple, watermelon, banana and kiwi. I don't like strawberry

3. vegetables

I like lettuce, tomatoes and potatoes. I don't like onion

4. meat and other proteins

I like beef meat, chicken and fish. I don't like shrimp

5. dairy

I like milk, cheese and yogurt. I don't like butter

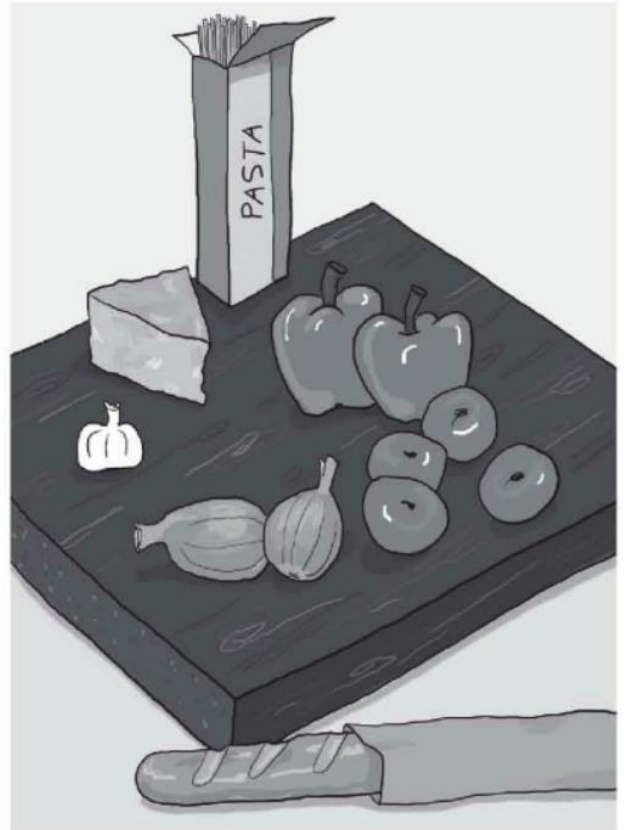
6. grains

I like beans, rice and peanut. I don't like almond

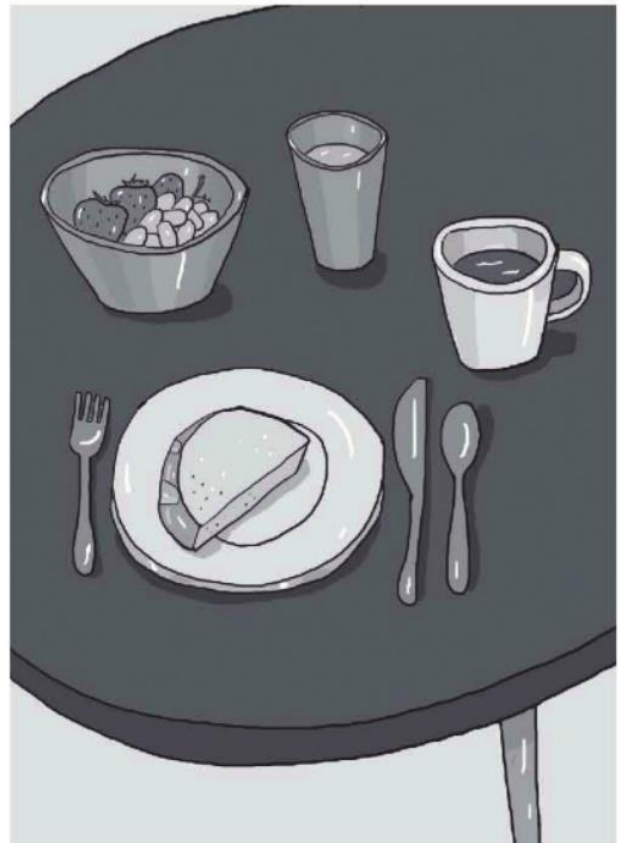
4

Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich

you need some mayonnaise, bread, lettuce
and chicken. You don't need any onions.



3. chicken soup

You need some pasta, chicken, carrots and
and onions. You don't need any tomatoes



4. a vegetable salad

You need some tomatoes, carrots, peppers
and broccoli. You don't need any onions



5. a fruit salad

you need some bananas, apples, oranges
and grapes. You don't need any chicken



6. your favorite food

You need some chicken, tomatoes, onions,
carrots and broccoli. You don't need any lettuce

6

Food habits



A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people in Mexico never eat pasta

3. In China, people put sugar in their tea. (hardly ever)

In china, people hardly ever put sugar in their tea

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in their tea

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish for breakfast

6. Americans put cream in their coffee. (often)

Americans often put cream in their coffe

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have salad for breakfast

8. Some people in South Korea eat pickled vegetables
for breakfast. (always)

Some people in South Korea always eat pickled vegetables for breakfast



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I sometimes eat pasta

3. I never put sugar in my tea

4. I never put eat milk in my tea

5. I sometimes eat fish for breakfast

6. I usually put cream in my coffe

7. I usually have salad for breakfast

8. I hardly ever eat pickled vegetables for breakfast



7**Do you often have these things for dinner? Write sentences. Use the adverbs in the box.**

never	hardly ever	sometimes	often	usually	always
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1. cheese I hardly ever have cheese for dinner.
2. milk I usually have milk for dinner
3. coffee I usually have coffe for dinner
4. eggs I often have eggs for dinner
5. beef I often have beef for dinner
6. rice I sometimes have rice for dinner
7. beans I sometimes have beans for dinner
8. cereal I usually have cereal for dinner

8**Answer the questions with your own information.**

1. What's your favorite kind of food?
My favorite kind of food is chicken
2. What's your favorite restaurant?
My favorite restaurant is "sr. tango"
3. What do you usually have at your favorite restaurant?
I usually have spaghetti at my favorite restaurant
4. Do you ever cook?
Yes, I do. I usually cook at dinner time
5. What's your favorite snack?
My favorite snack is chocolate

**Chinese food****Mexican food****Italian food**