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PASIÓN POR EDUCAR

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Cambios fisiológicos matanos en
cervicos y sistema durante en
embarazo

comidos fisiologicos

Es un sistema

que se debe

un libro a las demandas

que se requieren

en el embarazo

Reparacion del feto

para las hormonas

Niveles caracteristicos

que se venidos

para la gestacion.

Comienza de peso

Metabolismo

que se tiene

en esta etapa

de su embarazo

ya que dispone la gestacion

Natural que

engorde

de 12 kg/15 kg

en la primera trimestre

3/5 kg.

En segundo y tercero del Tercer o 4 kg/5 kg.

Adaptaciones de Metabolismo

Organismo

de la mujer

gestante

Desarrolla un mecanismo compensador

que se orienta al aumento

de peso inicial

de la reserva

de grasa

de la mujer

que puede

durante su embarazo

Aumento de volumen de sangre

Organo

de la mujer

de las adaptaciones

y fisiologicas

ya que se adaptan

en los sistemas fisiologicos

de la gestacion.

Y hay un periodo de adaptacion

que se produce

en el primer trimestre

de embarazo

Disminuye la actividad

de los sistemas

de la gestacion

de la mujer

ya que se adaptan

en los sistemas fisiologicos

de la gestacion.

Y hay un periodo de adaptacion

que se produce

en el primer trimestre

de embarazo

The first part of the document discusses the importance of understanding the local market and the needs of the community. It emphasizes that a successful business must be able to provide value to its customers and adapt to changing market conditions.

Key factors for success include:

- 1. **Market Research**: Understanding the target audience and their preferences.
- 2. **Product Quality**: Ensuring that the products or services offered are of high quality and meet the needs of the market.
- 3. **Customer Service**: Providing excellent customer service to build loyalty and repeat business.
- 4. **Financial Management**: Keeping track of expenses and revenue to ensure the business remains profitable.
- 5. **Marketing Strategy**: Developing a clear marketing plan to reach the target audience effectively.

The second part of the document focuses on the importance of building a strong team and maintaining good relationships with suppliers and partners. It highlights that a business cannot succeed in isolation and must rely on the support of others.

Key strategies for building a strong team include:

- 1. **Recruitment**: Hiring the right people with the necessary skills and experience.
- 2. **Training**: Providing ongoing training and development opportunities for employees.
- 3. **Communication**: Encouraging open communication and collaboration among team members.
- 4. **Motivation**: Finding ways to motivate and inspire employees to perform at their best.

The final part of the document discusses the importance of staying up-to-date on industry trends and being prepared to adapt to change. It notes that the business environment is constantly evolving, and businesses must be able to pivot when necessary.

Key strategies for staying up-to-date include:

- 1. **Networking**: Building relationships with industry professionals and staying informed about the latest news and trends.
- 2. **Continuous Learning**: Encouraging employees to pursue ongoing education and professional development.
- 3. **Flexibility**: Being open to new ideas and willing to make changes when needed.

In conclusion, the document emphasizes that success in business requires a combination of hard work, strategic planning, and a willingness to adapt to change. By following these key strategies, businesses can increase their chances of long-term success.