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Nombre del trabajo: Time expressions "My weekly routine"

Materia: Ingles IV

**Grado: 4to. Cuatrimestre** 

Grupo: C

## MY WEEKLY ROUTINE

My name is Yoli Melina, I usually wake up at 6:30 in the morning and get up at 7:00 or 7:30 in the morning, when I get up first I brush my teeth, then change my clothes, and then exercise 30 minutes, then I take a bath, at approximately 8:30 I go to my grandparents' house to take their blood pressure, so that from 9:00 to 10:00 in the morning I can have breakfast with my family.

Every day of the week from 10:30 in the morning approximately until noon I clean and clean my house, so that in the afternoons after noon I can go to the cyber to do my homework, with the purpose that no later than 4:00 in the afternoon I am back home to cook and I can join my parents to eat.

At night I like to watch comedy programs on television, or sometimes we meet with my family in the dining room of the house from approximately 8:00 to talk and have dinner or have a coffee, I go to bed approximately at 10:00 at night.

Sometimes on Tuesday I go to work at the gas station store located on the cruise ship, I leave my house at 7:00 in the morning and I arrive home at approximately 5:00 in the afternoon.

On Friday morning until noon I like to help my grandmother make bread and bake and in the afternoon I help my mother sell in her taqueria, on Saturday morning I dedicate myself to washing my clothes and those of my brothers And in the afternoon I review my homework to do on the institution's platform, if there are still no activities I will enter the platform again on Monday.

On Sunday morning of each week I like to visit my grandparents' house in the Pilatos neighborhood and return home until after noon or sometimes I like to go on Saturday afternoon and return on Sunday afternoon. night. Often every 15 or 20 days on any day of the week I have to go to the city of Tuxtla Gutiérrez for a medical appointment at clinic 23 or in neurology at the general hospital IMSS May 5, I travel one day before the scheduled date and I go home the day after the appointment.

In my free time I like to watch a movie, listen to music or do some embroidery to relieve myself of stress.