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Nombre del trabajo: English Activity

Materia: ingles

Grado: 4° cuatrimestre

Grupo: B

UNIDAD: How often do you exercise? Tema principal: Adverbios de frecuencia

6	Adverbios de frecuencia	
	always	siempre
	never	nunca
	often	a menudo
	sometimes	
	ever	alguna vez
i	seldon	rara vez
i	usually	normalmente
<u>L</u>	normally	normalmente

ADVERBIOS DE FRECUENCIA EN INGLÉS

Los adverbios de frecuencia en inglés se utilizan para describir la periodicidad con la que se realiza una acción (cada cuánto tiempo y/o cuándo), y normalmente se usan con el *present simple*, ya que este es el tiempo verbal con el que describimos hábitos, rutinas, costumbres... Los adverbios de frecuencia son los encargados de describir la frecuencia de estos hechos.

Antes de meternos de lleno en materia recuerda que, si quieres mejorar tu nivel de inglés, itienes la oportunidad perfecta de hacerlo con nuestros **cursos de inglés online**!

ADVERBIOS DE FRECUENCIA EN INGLÉS MÁS COMUNES

- Always Siempre
- Constantly Constantemente
- Continually Continuamente
- Usually En general
- Generally Generalmente
- Normally Normalmente
- Frequently Frecuentemente
- Regularly Regularmente
- Often A menudo
- Sometimes A veces

- Occasionally Ocasionalmente
- Rarely Raramente
- Seldom Muy rara vez
- Hardly ever Casi nunca
- Never Nunca

COLOCACIÓN

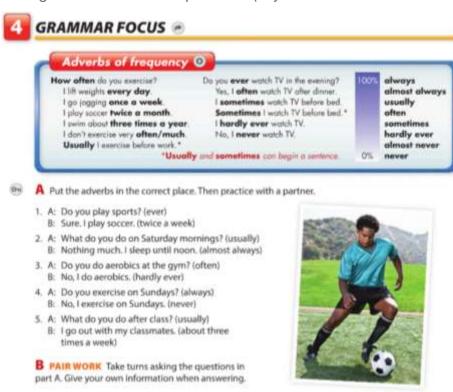
Normalmente van en una posición media en la oración; es decir, después de verbos auxiliares, después del verbo *«to be»*, y antes de otros verbos.

- Después del sujeto y antes del verbo principal.
 - I always study at night. Siempre estudio por la noche.
 - I (sujeto) always (adverbio de frecuencia) study (verbo principal)
- Cuando hay verbo TO BE o Auxiliary Verbs (incluyendo los Modal Verbs). La norma es bien sencilla: cuando hay TO BE o Verbo Auxiliar en la oración, el adverbio de frecuencia se coloca después de estos y justo antes del verbo principal.

«TO BE»:

• She **is never** late. – Ella nunca llega tarde. (sujeto + **TO BE + Adv. Fr.** + verbo)

You **are rarely** wrong. – Raramente te equivocas. (sujeto + **TO BE + Adv. Fr.** + verbo)



EJERCICIO # 1 A REALIZAR PÁGINA 41

GRAMMAR FOCUS 🐵

Questions with how; short answers 🔘

How often do you work out?

Every day. Twice a week. Not very often.

How long do you spend at the gym?

Thirty minutes a day. Two hours a week.

About an hour on weekends

How well do you play tennis?

Pretty well. About average. Not very well.

How good are you at sports?

Pretty good.

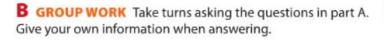
OK.

Not so good.



A Complete these questions. Then practice with a partner.

- How good are you at volleyball?
 - B: I guess I'm pretty good. I often play on weekends.
- 2. A: How long spend online?
 - B: About an hour after dinner. I like to chat with my friends.
- 3. A: How often play chess?
 - B: Once or twice a month. It's a good way to relax.
- 4. A: How well do you swim?
 - B: Not very well. I need to take swimming lessons.





2 Questions with how; short answers (page 40) 🦱



Don't confuse good and well. Use the adjective good with be and the adverb well with other verbs: How good are you at soccer? BUT How well do you play soccer?

Complete the questions with How and a word from the box. Then match the questions and the answers.

good long often well

- 1. How well do you lift weights? ... A
- 2. How often do you play tennis?
- How good... are you at aerobics?D...
- 4. How long do you spend at the gym? ...B
- Not very well, but I love it.
- b. About six hours a week.
- c. Not very often. I prefer aerobics.
- d. Pretty good, but I hate it.

EJERCICIO # 2 A REALIZAR PÁGINA 41



8

Choose the correct responses.



- 1. A: How often do you go swimming, Linda?
 - B: Once a week.
 - · I guess I'm OK.
 - · Once a week.
 - · About an hour.
- 2. A: How long do you spend in the pool?
 - About 45 minutes
 - About 45 minutes.
 - · About average.
 - · About three miles.

- 3. A: And how well do you swim?
 - B: I'mnot very well
 - I'm not very well.
 - I almost never do.
 - · I'm about average.
- 4. A: How good are you at other sports?
 - Not very good, actually
 - · Not very good, actually.
 - I sometimes play twice a week.

for a walk?

at soccer?

· Pretty well, I guess.



9

Look at the answers. Write questions using how.

- 1. A: How long do you spend exercising?
 - B: I don't spend any time at all. In fact, I don't exercise.
- 2. A: How often do you go
 - B: Almost every day. I really enjoy it.
- 3 A How long do you jogg
 - B: I spend about an hour jogging.
- 4. A: How good are you
 - B: I'm pretty good at it. I'm on the school team.
- 5 A How well do you play basketball?
 - B: Basketball? Pretty well, I guess. I like it a lot.