



MÓNICA SUSET ALBORES CRUZ

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ENGLISH ACTIVITY

INGLES

PASIÓN POR EDUCAR

4° A

Comitán de Domínguez Chiapas a 03 de diciembre de 2020.

Adverbs of frequency

How often do you exercise?

- I lift weights **every day**.
- I go jogging **once a week**.
- I play soccer **twice a month**.
- I swim about **three times a year**.
- I don't exercise very **often/much**.
- Usually** I exercise before work.*

Do you **ever** watch TV in the evening?

- Yes, I **often** watch TV after dinner.
- I **sometimes** watch TV before bed.
- Sometimes** I watch TV before bed.*
- I **hardly ever** watch TV.
- No, I **never** watch TV.



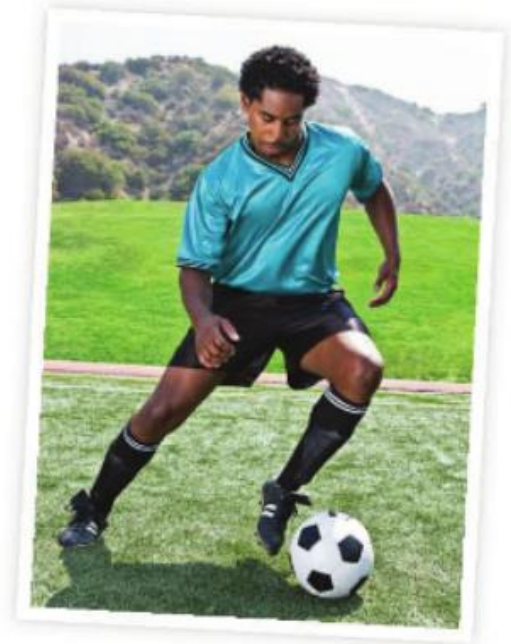
***Usually** and **sometimes** can begin a sentence.



A Put the adverbs in the correct place. Then practice with a partner.

1. A: Do you play sports? (ever)
B: Sure. I play soccer. (twice a week)
2. A: What do you do on Saturday mornings? (usually)
B: Nothing much. I sleep until noon. (almost always)
3. A: Do you do aerobics at the gym? (often)
B: No, I do aerobics. (hardly ever)
4. A: Do you exercise on Sundays? (always)
B: No, I exercise on Sundays. (never)
5. A: What do you do after class? (usually)
B: I go out with my classmates. (about three times a week)

B PAIR WORK Take turns asking the questions in part A. Give your own information when answering.



1 A: Do you ever play sports?

B: Sure. I play soccer twice a week

2 A: What do you do usually on Saturday mornings?

B: Nothing much. Almost always I sleep until noon

3 A: Do you often do aerobics at the gym?

B: No, I hardly ever do aerobics

4 A: Always do you exercise on Sundays?

B: No, I never exercise on sundays

5 A: Usually what do you do after class?

B: I go out with my classmates aout three times a week

EJERCICIO # 1 A REALIZAR PÁGINA 41

11 GRAMMAR FOCUS

Questions with *how*; short answers

How often do you work out?

Every day.
Twice a week.
Not very often.

How well do you play tennis?

Pretty well.
About average.
Not very well.

How long do you spend at the gym?

Thirty minutes a day.
Two hours a week.
About an hour on weekends.

How good are you at sports?

Pretty good.
OK.
Not so good.



A Complete these questions. Then practice with a partner.

- A: **How well do you play** at volleyball?
B: I guess I'm pretty good. I often play on weekends.
- A: **How long do you** spend online?
B: About an hour after dinner. I like to chat with my friends.
- A: **How often do you** play chess?
B: Once or twice a month. It's a good way to relax.
- A: **How well do you** swim?
B: Not very well. I need to take swimming lessons.

B GROUP WORK Take turns asking the questions in part A. Give your own information when answering.

2 Questions with *how*; short answers (page 40)

► Don't confuse *good* and *well*. Use the adjective *good* with *be* and the adverb *well* with other verbs: How **good** are you at soccer? BUT How **well** do you play soccer?

Complete the questions with *How* and a word from the box. Then match the questions and the answers.

good long often well

- How often** do you lift weights? **c**.....
 - How well** do you play tennis? **a**.....
 - How good** are you at aerobics? **d**.....
 - How long** do you spend at the gym? **b**.....
- Not very well, but I love it.
 - About six hours a week.
 - Not very often. I prefer aerobics.
 - Pretty good, but I hate it.

EJERCICIO # 2 A REALIZAR PÁGINA 41

Om

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Choose the correct responses.



1. A: How often do you go swimming, Linda?

B: Once a week.

- I guess I'm OK.
- Once a week.
- About an hour.

2. A: How long do you spend in the pool?

B: About 45 minutes

- About 45 minutes.
- About average.
- About three miles.

3. A: And how well do you swim?

B: I'm not very well

- I'm not very well.
- I almost never do.
- I'm about average.

4. A: How good are you at other sports?

B: Pretty well, I guess

- Not very good, actually.
- I sometimes play twice a week.
- Pretty well, I guess.

Om

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Look at the answers. Write questions using how.

1. A: How long do you spend exercising?

B: I don't spend any time at all. In fact, I don't exercise.

2. A: How long do you spend _____ for a walk?

B: Almost every day. I really enjoy it.

3. A: How long do you spend jogging?

B: I spend about an hour jogging.

4. A: How good are you _____ at soccer?

B: I'm pretty good at it. I'm on the school team.

5. A: How well do you play basketball?

B: Basketball? Pretty well, I guess. I like it a lot.