



Nombre del alumno:

Loyda Isabel morales morales

Nombre del profesor:

Lic.Jesabel Ivonne silvestre montejo

Materia:

ingles

Nombre del trabajo:

MY WEEKLY ROUTINE

PASIÓN POR EDUCAR

Frontera Comalapa Chiapas a 26de septiembre del 2020.

My weekly routine

-On Mondays from very early I get up I make up my room, exactly from Monday to Friday I wash at 6:00 in the morning, in the morning I usually have a cup of coffee in the same way I have to have breakfast and then get ready to go to work in the same way to get to my work later. Sometimes my family waits for me in the afternoon so that we all have dinner together but the time I leave from my work is varied so when we have important things to do we go out late and then I have to have dinner alone and then do things of my own. Work and my homework.

-Tuesday mornings I help my stepmother to make breakfast so that I can have breakfast later and not be late to get to work in the same way I have to feed my dog and pick up his excretion and change his place, sometimes I help my stepmother to feed her chickens but it is not every day.

-On Wednesday mornings I go out for a run in the field with my soccer teammates so I measure my time so that I don't get late to work so I go out for a run for about 45 minutes, then I go back home to take a bath and have breakfast. Usually on Wednesdays the time I leave my work is at 3:00 in the afternoon, when I return home I will change and go get my things to train with my soccer team, at the end of training I get home bathroom and then we had dinner together with my whole family.

-On Thursday mornings I accompany my dad to see the cows in the pasture and see if everything is okay over there, once I do that I return home to have breakfast, change and then go to work,

In the afternoons is where I take advantage of some free time to help my little brothers to carry out their tasks that their respective teachers leave them to achieve the expected learning.

On Friday mornings in the same way I go for a run with my colleagues and enjoy the morning, so I return home I take a bath, change, have breakfast and go to work again, On Fridays it is calmer in my work so we usually go out later and go home so I generally have training two days a week.

Saturdays is my day off, but mostly I take advantage of doing many things, such as helping at home with the trade, washing my clothes, and especially doing my respective tasks, so I generally have football league games on Saturdays And the schedules are

very varied, sometimes we have games at 12:00 noon, and other times at 2:00 in the afternoon or we even had to play at 4:00 in the afternoon.

On Sunday mornings in the same way I accompany my father to see the plot and see that everything is fine, on this day I am mostly at home I take the opportunity to perform some pending tasks to be delivered or done, generally Sundays are occasions that I go to soccer field to watch soccer games,

Also on Sunday afternoons I visit my aunts and my cousins.