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Nombre del profesor:

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Maestría:

Enfermería

Materia:

Inglés

Nombre del trabajo:

Actividades de expresiones de tiempo

my activities

On Mondays I get up at 5:00 in the morning, well rather from Monday to Friday I wake up at 5:00 in the morning, since I work all week and the time of entry to my work is at 7: 00 in the morning. In the morning I usually help my mother with breakfast, after that, around 6:00 in the morning, I have to go take a shower, change, go to breakfast to get to work on time. From Monday to Friday my mother always waits for us so that we can all eat together as a family, sometimes on Wednesdays and Thursdays I always go out a little later, since my departure time is always at 2:00 in the afternoon but in those Sometimes I go out at 3:30 in the afternoon.

On Friday afternoons with my family, we always go to visit the grandparents, we leave at 4:00 in the afternoon and return home at 8:00 at night. On Tuesdays around 5:00 in the afternoon we go with my cousins to play basketball

On weekends the routines are different on Saturdays we get up at 6:30 in the morning, do the housework and at 10:00 in the morning we have breakfast, after 11:30 we start doing some pending of the whole week, then around 1:00 we go to buy things for the week and with my whole family we go to dinner and when we return home we watch television as a family. Our schedule to unwind is at 11:00 at night since after that time we all have to be in our rooms to be able to rest. On Sundays I have to get up at 5:00 in the morning to be able to prepare to go to the university and arrive on time, after a long day when I return home with my family we start talking and live together for a while then we We go to the living room to watch television and relax a bit because we have a slightly exhausted week.

Some days of the week my family and I on some occasions at 9:00 at night we drink some movies to be able to relax a little, I always in the afternoons or in my free time like at 5:00 I will play basketball My spare time or one day of the week like Tuesday and Friday I read some books at 8:00 at night because there is not so much buya there and so I can concentrate more.

For my family and for me, the whole week is a bit heavy but on weekends we always try to relax and spend more time with our family. in the family we always help each other.