

Ingles IV

Time expressions “My weekly routine”.

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Time expressions.

In this quarantine, my daily activities are carried out at home, because we can't be going out much, and I'm not working, which helped my mother with the housework. To carry out the housework we have the time, as well as the days in which they are carried out, which all the activities that I do become a routine for me, because it is an activity or a job that I do every day, without reasoning or asking, ¿ what are we going to do today? . Because we already know it and our body as our mentality takes activities as a habit.

On Monday, Tuesday, Wednesday, Thursday and Friday I get up at 7:00 AM .I do my personal hygiene activities which consists of (washing my face, brushing my teeth, I brush my hair, I get dress).At the and. I help my mother clean the whole house (it consists of cleaning the furniture, sweeping the whole house, as well as mopping the floor, among others). Then we make food and eat at 10:00 AM.

As well as my weekly routine. On Monday through Friday at 11:00 AM at 12:00 PM, we see our novel.

Every day at 1:00 PM, my mother and I prepare lunch and have lunch.

Every day at 5:00 PM at the end of my activities or work, I make my personal hygiene.

On days, Wednesday and Saturday at 2:00 PM, my mother and I get to wash the dirty clothes we shook the dust of the house.

On Monday through Friday, either in the (morning , afternoon, night), always treated to make my activities quickly to have my free time and I can connect to the internet and enter my educational platform to carry out my jobs, at the end I study my nursing guides.

On Saturday at 9:00 AM, I accompany my mother to church and we left the Igeni at 12:00 PM.

As well as in my free time in the afternoon, when I have free time I go running to exercise.

In Sundays my mother and I always go shopping, either in the morning or in the afternoon, we are also going to see our family.

Every day at night at 10:00 PM, I see television until sleep.