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"my routine"

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Well, my day begins by getting up in the morning around nine, sometimes I lie down for a moment more, then I have breakfast and take my pills, I do this around 11 in the morning, every day without exception I start fixing my house and I finish around 2 or even earlier, I watch videos then I prepare my food and my sister's which doesn't take me long and we end up eating around 3:30 in the afternoon and wait for my parents to come, on Tuesdays I see myself with my boyfriend, and we spend all day at my house, and also on Sundays, although on Sundays we are with my parents and sister then I go to bed, around 9 at night, now I can't stand being up until later. I do not do anything interesting and my day is summarized in that, it is everyone's business the days, my tired and boring routine.