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“expresión de tiempo”

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Introduction:

In this work more than anything we will talk about our daily routine using the expressions of time as well as ON, IN, AT. in order to explain what you do daily.

This is one of the jobs in which we will use the same way as hours, among other things about the expression of time.

Developing:

My daily routine begins on Monday morning when I wake up at 6:00 in which I spend a while on the phone checking my social networks, then get up and eat a plate of fruits with honey, as well as have my smoothie . then at 7:00 am to do my house cleaning, finishing that, at 9:00 breakfast either some eggs with jamos, entered other things, with a coffee. At 10:00 I start to wash all my clothes that have already been gathered for the week, to continue to bathe my puppy Terry. Already at 1:00 or 2:00 in the afternoon I start having lunch either any type of food that contains meat, such as rice among other things.

In the afternoon I do my exercise routine that I should do daily in order to take my proteins at 3 I take a bath and then watch television or be on the phone wasting time, and at night what I do is eat what it is Some sandwich and have coffee, and then around 11:00 I go to bed even though sometimes I'm just on the phone

And already on Tuesday in the same way in the morning I wake up at 6:00 to feed myself with the fruit box and the smoothie, to process to clean the house, as well as after having breakfast what I normally do with eggs accompanied with something, to then to do nothing or watch television or be on the phone since he does not wash clothes that day, in the afternoon at 3: I exercise as I normally should to take my proteins, if I also eat after lunch what I normally should eat, and then do nothing as usual or sometimes we go out or I accompany my mother to do some errands. At night I also have dinner what would be dinner.

Likewise, on Wednesdays it is the same routine as on Tuesday, and on Thursday it changes more or less, in the morning I get up at 6:00 and I do my routine that I do in the morning, I should feed myself as I should in the morning. diet that I should take to gain weight among other things.

And at night I have to wash clothes because the water arrives at 7 and I have to wash and it finished at 1:00 or 2:00 and then I fall asleep. Friday I wake up a little late

Because I get off on Thursdays so I get up at 8:00 so I can eat the plate of fruits that I should eat in order to proceed to do what I do daily with the exception of not doing laundry that day.

And therefore on Saturday it could be said that I do not do much since it is like my day off could be said, and on Sundays it is almost the same only with the difference that I go to mass. That's just my routine on vacation but now we're in quarantine and the tasks are online. I do them in the afternoon.

conclusion:

it is very important to know how to use the expression of time and this work tries to use it although,

My routine that I do daily was explained, although sometimes they vary for things since sometimes something unexpected comes out.