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GRAMMAR - The Present Perfect with “for” and “since” and other uses.

Use “for” and “since” to describe periods of time that began in the past.

For

We use “for” to describe a length of time.

Example: How long have you been there? I've been here for ten minutes.

Example: How long have you been there? I've been here for many years.

Since

We use “since” with a specific time or date in the past.

Example: How long have you been here? I've been here since eight o'clock.

Example: How long have you been here? I've been here since August.

Other uses

- With “always”.

Example: I've always wanted to see Car Planet.

- With ordinals and superlatives.

Example: This is the third time I've seen Ping Pong. It's the best movie I've ever seen.

- With “lately”, “recently” or “just”.

Example: Have you seen a good movie recently/ lately? I've just seen The Beach- what a great movie!

- With “still” or “so far”.

Example: You still haven't seen Tomato Babies? I've seen it three times so far!

Exercise 1. Choose the correct words to complete the paragraph.

I've been a big fan of Penélope Cruz (1 for/ since) more than twenty years. I've followed her career (2 since / so far) I was in high school. That means I've watched every movie she's made (3 for / since) 1993, except for Vicky Cristina Barcelona. I (4 yet/ still) haven't seen that one, but I plan to see it soon. I've (5 still / always) loved Penélope's work. I've (6 since / always) been

the first person in line at the theatre when her movies open. Of the movies Penélope has made (7 lately / always), the most interesting ones to me are To Rome with Love and I'm so excited. I think they're the (8 best / just) movies she's made (9 so far / still). I've (10 always / already) seen them twice.

Exercise 2. Complete with "for" or "since".

1. I have been waiting __since_____ 4 o'clock.
2. Sue has only been waiting __for_____ 20 minutes.
3. Tim and Tina have been learning English __for_____ six years.
4. Fred and Frida have been learning French __since_____ 1998.
5. Joe and Josephine have been going out together __since_____ Valentine's Day.
6. I haven't been on holiday __since_____ last July.
7. Mary has been saving her money __for_____ many years.
8. I haven't eaten anything __since_____ breakfast.
9. You have been watching TV __for_____ hours.
10. We have been living here __for_____ 2 months.

GRAMMAR - The Present Perfect Continuous.

- The Present Perfect Continuous shows that an action started in the past and is continuing at the present time or has finished recently.

- It is formed using the construction has/have been + the present participle (base form + -ing).

Example: I have been reading War and Peace for a month now.

In this sentence, using the Present Perfect Continuous conveys that reading War and Peace is an activity that began sometime in the past and is not yet finished in the present.

- "Recently" and "lately" are words that we often find with verbs in the Present Perfect Continuous.

Example: Mia has been competing in flute competitions recently. (And she will continue to do so.)

Example: I haven't been feeling well lately. (And I am still sick now.)

- The Present Perfect Continuous can be used with "for" and "since".

Example: "I've lived here for five years" (emphasis is on the five year period. I still live here, so the action continues).

Example: "I've been living here since 2001".

"I've lived here since 2001" (is also correct but the Present Perfect Continuous emphasizes the continuing time.)

- Not all verbs are compatible with a continuous action. Some examples of such verbs are to "be", to "arrive", and to "own".

Example: ~~I have been owning my Mazda since 2007.~~

I have owned my Mazda since 2007. (Present Perfect Simple)

Example: ~~Gus has been being late for work recently.~~

Gus has been late for work recently. (Present Perfect Simple)

Exercise 3. Complete each statement with the Present Perfect Continuous.

1. Rio ___ has been playing _____ (play) at the Children's Classic Cinema every Saturday since 2010.
2. Robert _____ has been waiting _____ (wait) in the ticket holders' line for a pretty long time.
3. People _____ have been worrying about _____ (worry about) violence in movies since the sixties.
4. I' __ 've been talking about _____ (talk about) that movie for weeks.
5. We' __ 've been coming _____ (come) to this classic movie theatre for two years.

Exercise 4. Put the verbs into the correct form of the Present Perfect Continuous.

1. He (work) _ has been working _____ in this company since 1985.
2. I (wait) ___ have been waiting _____ for you since two o'clock.
3. Mary (live) ___ has been living _____ in Germany since 1992.
4. Why is he so tired? He (play) ___ has been playing _____ tennis for five hours.
5. How long (learn / you) ___ have you been learning _____ English?

6. We (look for) ____ have been looking for _____ the motorway for more than an hour.

7. I (live) ____ have been living _____ without electricity for two weeks.

8. The film (run / not) ____ has not been running _____ for ten minutes yet, but there's a commercial break already.

9. How long (work / she) ____ has she been working _____ in the garden?

10. She (not / be) ____ hasn't been _____ in the garden for more than an hour.

VOCABULARY



an action film



a horror film



a science-fiction film



an animated film



a comedy



a drama



a documentary



a musical

Exercise 4. Translate to Spanish the vocabulary above.

1. una película de acción

2. una película de terror

3. una película de ciencia ficción

4. una película animada

5. una comedia

6. un drama

7. un documental

8. un musical

GRAMMAR - "Would like", "would rather", "would rather not".

Would like

- We use "would like" + an infinitive to politely express or ask about wants.

Example: Would you like to go the movies? Yes, I would.

Example: Would she like to see The Dancer? No, she wouldn't.

Would rather

- We use "would rather" + a base form to express or ask about a preference between two or more activities.

Example: Would your children rather see an animated film or an action film?

Example: What would you rather do: go to a movie or a play? I'd rather go to the movie.

Example: She'd rather see a less violent film than Gangs of New York.

Would rather not

- We use "would rather not" + a base form to express a negative preference.

Example: We'd rather not watch TV tonight.

Yes/ no questions

Example: Would you like to see a documentary?

Would they rather stay at home?

Short answers

Yes, I would. / No, I wouldn't.

Yes, they would. / No. they wouldn't OR

No, they'd rather not.

Exercise 5. Write sentences and questions using these words and phrases.

1. They / would like / see / the Woody Allen film.

They would like to see the Woody Allen film.

2. What time / you / would rather / meet?

What time would you rather meet?

3. Who / would like / order / eggs for breakfast?

Who would like to order eggs for breakfast?

4. they / rather / Would / watch TV or go out?

Would they rather watch TV or go out?

5. Jason / would like / have / a large container of popcorn.

Jason would like to have a large container of popcorn.

6. I'd rather / rent / a sci-fi film tonight.

I'd rather rent a sci-fi film tonight.

7. Her parents / rather / not / watch / anything too violent.

Her parents rather not watch anything too violent.

8. Who'd rather / not / see / that silly animated film?

Who'd rather not see that silly animated film?

VOCABULARY - Adjectives to describe movies

Funny= something that makes you laugh

Hilarious= very, very funny

Silly = not serious, almost stupid

Boring= not interesting

Weird= very strange or unusual, in a negative way

Unforgettable= something you are going to remember

Romantic= about love

Thought= provoking= something that makes you think

Violent= bloody, with a lot of fighting and killing

Exercise 6. Write 9 sentences using the vocabulary above.

1. I'm kinda boring

2. I have a silly brother

3. A lady and a bull? That's hilarious!

4. my best friend is funny
5. I am not avoiding your question, but it's a weird number.
6. On our ships, each of your events an unforgettable experience.
7. In a romantic relationship, reading the cues correctly is critical.
8. I thought she likes me
9. The last thing we need is another violent mess.

CUSTOMS AROUND THE WORLD

Greetings

People greet each other differently around the world.



Some people bow.



Some people kiss once.
Some kiss twice.



Some shake hands.



and some hug.

Exchanging Business Cards

People have different customs for exchanging business cards around the world.



Some customs are very formal. People always use two hands and look at the card carefully.



Other customs are informal. People accept a card with one hand and quickly put it in a pocket.

Getting Acquainted

What about small talk- the topics people talk about when they don't know each other well?



In some places, it's not polite to ask people about how much money they make or how old they are. But in other places, people think those topics are appropriate.

GRAMMAR - The Present perfect

- We use the Present Perfect to talk about something that happened in the past, but the exact time it happened is not important. It has relationship with the present.

Example: I have done my homework = I finished my homework in the past. It is not important at what exact time, only that it is now done (result in the present).

Example: I have forgotten my bag = It is not important when exactly I forgot it. The important thing is that I don't have it right now.

Yes/ no questions

Affirmative

Negative

I	}	have met them / haven't met them
You		
He	}	has met them / hasn't met them
She		
It		
We	}	have met them / haven't met them
You		
They		

For regular verbs, the past participle form is the same as the Past Simple form.

open → opened
study → studied

Contractions

've met= have met
haven't met= have not met

's met= has met
hasn't met= has not met

A: Have you met them?

B: Yes, we have. / No, we haven't.

- Remember: we use the Past Simple Tense to talk about a definite or specific time in the past.

Compare:

Present Perfect: indefinite time

Past Simple tense: definite time

Example: I've met Bill twice

Example: I met Bill in 1999 and again in 2004

The Present perfect

El presente perfecto equivale más o menos al pretérito perfecto del español. Veremos las diferencias en la sección sobre usos. En general, es una mezcla entre el presente y el pasado. Lo usamos para acciones en el pasado que tienen importancia en el presente.

Grammatical Rules (Reglas gramaticales)

Form (Forma)

Para formar el presente perfecto, se usa el verbo auxiliar "to have" en el presente y el participio pasado del verbo. Para verbos regulares, el participio pasado es la forma simple del pasado. Ver la lección sobre el pasado simple para más información sobre como formar el pasado.

Sujeto	Verbo auxiliar	Forma Corta	Participio Pasado
I, you, we, they	have	I've, you've, we've, they've	talked, learned, traveled...
he, she, it	has	he's, she's, it's	talked, learned, traveled...

Nota: Ten en cuenta que hay muchos participios pasados irregulares en inglés. A continuación, tienes una lista de unos de los participios pasados irregulares más comunes.

Verbo	Pasado Simple	Participio pasado
▶ be	▶ was/were	▶ been
▶ do	▶ did	▶ done
▶ go	▶ went	▶ gone
▶ make	▶ made	▶ made
▶ see	▶ saw	▶ seen

Structure (Estructura)

1. Affirmative Sentences (Frases afirmativas)

Sujeto + verbo auxiliar (to have) + participio pasado...

Ejemplos:

- I have [I've] talked to Peter.(He hablado con Peter.)
- She has [She's] gone to work.(Ha ido a su trabajo.)
- We have [We've] been to London.(Hemos ido a Londres.)
- They have [They've] learned English.(Han aprendido inglés.)

2. Negative Sentences (Frases negativas)

Sujeto + verbo auxiliar (to have) + “not” + participio pasado...

Ejemplos:

I haven't talked to Peter.(No he hablado con Peter.)

She hasn't gone to work.(No ha ido a su trabajo.)

We haven't been to London.(No hemos ido a Londres.)

They haven't learned English.(No han aprendido inglés.)

3. Interrogative Sentences (Frases interrogativas)

Verbo auxiliar (to have) + sujeto + participio pasado...?

Ejemplos:

Have you talked to Peter?(¿Has hablado con Peter?)

Has she gone to work?(¿Ha ido a su trabajo?)

Have you been to London?(¿Has ido a Londres?)

Have they learned English?(¿Han aprendido inglés?)

Uses (Usos)

Se usa el presente perfecto para acciones que ocurrieron en un tiempo no concreto antes de ahora. El tiempo específico no es importante. Por lo tanto, no solemos usar expresiones de tiempo específicas (“this morning”, “yesterday”, “last year”...) con el presente perfecto. Se puede usar el presente perfecto con expresiones de tiempo no concretas (“never”, “ever”, “many times”, “for”, “since”, “already”, “yet”...). Este concepto de tiempo no específico es bastante difícil de comprender, por este motivo, a continuación tienes los usos particulares del presente perfecto.

1. Se usa el presente perfecto para describir una experiencia. No lo usamos para acciones específicas.

Ejemplos:

I have never flown in a plane.(Nunca he volado en un avión.)

He has worked in many different museums.(Ha trabajado en muchos museos diferentes.)

We have been to Río de Janeiro.(Hemos ido a Río de Janeiro.)

2. Se utiliza el presente perfecto para un cambio en el tiempo.

Ejemplos:

I have become more timid in my old age.(Me he vuelto más tímido en mi vejez.)

Their English has improved a lot this year.(Su inglés ha mejorado mucho este año.)

He has learned to be more patient.(Ha aprendido a ser más paciente.)

3. Se usa para los éxitos o logros.

Ejemplos:

Our football team has won the championship three times.(Nuestro equipo de fútbol ha ganado el campeonato tres veces.)

Dan has finished writing his first novel.(Dan ha terminado de escribir su primera novela.)
Scientists have succeeded in curing many illnesses.(Los científicos han tenido éxito en la curación de muchas enfermedades.)

4. Usamos el presente perfecto para acciones que todavía no han sucedido. El uso del presente perfecto en estos casos indica que aún estamos esperando la acción, por eso, frecuentemente usamos los adverbios "yet" y "still".

Ejemplos:

The plane hasn't arrived yet.(El avión no ha llegado todavía.)

Our team still hasn't won a championship.(Nuestro equipo aún no ha ganado un campeonato.)

You haven't finished your homework yet?(¿No has acabado todavía los deberes?)

5. Se utiliza el presente perfecto para hablar sobre acciones en diferentes momentos en el pasado. El uso del presente perfecto en estos casos indica que son posibles más acciones en el futuro.

Ejemplos:

We have spoken several times, but we still can't reach an agreement.(Hemos hablado varias veces, pero todavía no podemos llegar a un acuerdo.)

Our team has played 4 games so far this year.(Nuestro equipo ya ha jugado 4 partidos este año.)

I love New York! I have been there 5 times already and I can't wait to go back.(¡Me encanta Nueva York! Ya he estado allí 5 veces y no puedo esperar para regresar.)

6. En general, usamos el presente perfecto continuo para situaciones que han empezado en el pasado pero siguen en el presente. Pero como hemos visto, hay algunos verbos que no podemos usar en los tiempos continuos. En estos casos, usamos el presente perfecto.

Ejemplos:

How long has Michael been in Barcelona?(¿Cuánto tiempo ha estado Michael en Barcelona?)

I have loved you since the day I met you.(Te he querido desde el día que te conocí.)

IRREGULAR VERBS

base form	Simple past	past participle
be	was/were	been
become	became	become
begin	began	begun
bite	bit	bit/ bitten
bleed	bled	bled
break	broke	broken
bring	brought	brought
build	built	built
burn	burned/burnt	burned / burnt
buy	bought	bought
catch	caught	caught
choose	chose	chosen
come	came	come
cost	cost	cost
cut	cut	cut
do	did	done
draw	drew	drawn
dream	dreamed/dreamt	dreamed / dreamt
drink	drank	drunk
drive	drove	driven
eat	ate	eaten
fall	fell	fallen
feed	fed	fed
feel	felt	felt
fight	fought	fought
find	found	found
fit	fit	fit
flee	fled	fled
fly	flew	flown
forbid	forbade	forbidden
forget	forgot	forgotten
get	got	got / gotten
give	gave	given
go	went	gone
grow	grew	grown
have	had	had
hear	heard	heard
hit	hit	hit
hold	held	held
hurt	hurt	hurt
keep	kept	kept
know	knew	known
leave	left	left

base form	simple past	past participle
lend	lent	lent
let	let	let
lose	lost	lost
make	made	made
mean	meant	meant
meet	met	met
pay	paid	paid
put	put	put
quit	quit	quit
read / rɪd/	read / rɛd/	read / rɛd/
ride	rode	ridden
ring	rang	rung
rise	rose	risen
run	ran	run
say	said	said
see	saw	seen
sell	sold	sold
send	sent	sent
sew	sewed	sewn
shake	shook	shaken
sing	sang	sung
sit	sat	sat
sleep	slept	slept
speak	spoke	spoken
spend	spent	spent
spread	spread	spread
stand	stood	stood
steal	stole	stolen
stick	stuck	stuck
sting	stung	stung
strike	struck	struck
swim	swam	swum
take	took	taken
teach	taught	taught
tell	told	told
think	thought	thought
throw	threw	thrown
understand	understood	understood
wake	woke	woken
wear	wore	worn
win	won	won
write	wrote	written

Exercise 1. Choose the correct form to complete each sentence.

1. We've _____ the 2:00 express train many times.
a. take b. took c. **taken**
2. I had breakfast at 9:00, but I haven't _____ lunch.
a. have b. **had** c. having
3. Allison has _____ to the mall.
a. went b. **gone** c. go
4. My younger brother has _____ home from work.
a. come b. **came** c. comes
5. They posted some messages yesterday, but they haven't _____ anything about their trip.
a. **written** b. write c. wrote

Exercise 2. Put the verbs into the correct form of the Present Perfect Simple.

1. I (not / work) ___ don't have to work _____ today.
2. We (buy) _____ have to buy _____ a new lamp.
3. We (not / plan) _____ haven't planned _____ our holiday yet.
4. Where (be / you) _____ have you been _____?
5. He (write) _____ has to write _____ five letters.
6. She (not / see) ___ hasn't seen _____ him for a long time.
7. (be / you) ___ Have you been _____ at school?
8. School (not / start) _____ hasn't started _____ yet.
9. (speak / he) __ He has to speak _____ to his boss?
10. No, he (have / not) _____ hasn't had _____ the time yet.

Exercise 3. Complete the sentences using present perfect simple:

1. Have you seen (see) Paul today?
2. She has to go (go) outside.
3. Have you ever visited (visit) Paris?
4. I have already eaten (already/eat).
5. She has just arrived (just / arrive)

VOCABULARY

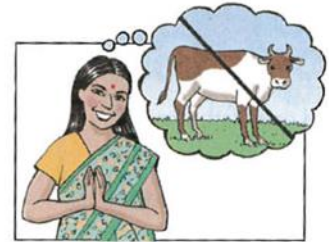
Excuses for not eating something



Coffee **doesn't** agree with me.



I'm **on a diet**/
I'm **trying to lose weight**.



I don't eat beef. It's **against my religion**.



I'm **allergic to** chocolate.



I'm **avoiding** sugar.



I **don't care for** broccoli.

Exercise 1. Escribe 7 oraciones usando las palabras en negritas.

1. (doesn't agree with me): ___dairy doesn't agree with me_____
2. (on a diet): ___i'm on a diet, cause I'm too fat_____
3. (trying to lose some weight): ___i'm trying to lose some weight, cause my mom called me fat_____
4. (against my religion): ___i can't like boys, it's against my religion___
5. (allergic to): ___i'm allergic to school_____
6. (avoiding): ___i'm avoiding my girlfriend_____
7. (don't care for): _____i don't care for papaya_____

GRAMMAR

Negative yes / no questions

- We use "negative yes / no questions" to confirm information you think is true.

Example: Isn't Jane a vegetarian? Yes, she is.

Example: Didn't he go on a diet last week? Yes, he's trying the Atkins Diet.

- We use "negative yes / no questions" when you want someone to agree with you.

Example: Don't you love Italian food? Yes, it's delicious.

Example: Wasn't that a terrible dinner? Actually, no. I thought it was good.

- We use "negative yes / no questions" to express surprise.

Example: Aren't you going to have cake? I'm sorry but I'm on a diet.

Example: Hasn't he tried the chicken? No, he's a vegetarian.

Exercise 2. Complete each negative yes / no question.

1. A: ___arent_____ you allergic to tomatoes?
B: Me? No. You're thinking of my brother.
2. A: __wasnt_____ that lunch delicious yesterday ?
B: It was fantastic!
3. A: __didnt_____ we already have steak this week?
B: Yes, we did.
4. A: ___hasnt_____ your husband been on a diet?
B: Yes. But it's driving him crazy.
5. A: __isnt_____ asparagus disgusting?
B: Actually, I like it.
6. A: __didnt_____ you like your pasta?
B: Actually, it was a little too spicy for me.

How Can It Be?

Americans gain weight... while the French stay thin.

Have you ever wondered why Americans struggle with watching their weight, while French, who consume all that rich food- the bread, the cheese, the wine, and the heavy sauces- continue to stay thin? Now a report from Cornell University suggests a possible answer. A study of almost 300 participants from France and the U.S. provides clues about how lifestyle and decisions about eating may affect weight. Researchers concluded that the French tend to stop eating when they feel full. However, Americans tend to stop when their plate is completely empty, or they have reached the end of their favorite TV show.

According to Dr. Joseph Mercola, who writes extensively about health issues, the French see eating as an important part of their lifestyle. They enjoy food and, therefore, spend a fairly long time at the table. In contrast, Americans see eating as something to do quickly as they squeeze meals between the other activities of the day. Mercola believes Americans have lost the ability to sense when they are actually full. So they keep eating long after the French would have stopped. In addition, he argues that, by tradition, the French tend to shop daily, walking to small shops and farmers' markets where they have a choice of fresh fruits, vegetables, and eggs as well as high-quality meats and cheeses for each meal. In contrast, Americans tend to drive their cars to huge supermarkets to buy canned and frozen foods for the whole week.

Despite all these differences, new reports show that recent lifestyle changes may be affecting French eating habits. Today, the rate of obesity- or extreme overweight- among adults is only 6%. However, as American fast-food restaurants gain acceptance, and the young turn their backs on older traditions, the obesity rate among French children has reached 17%- and is growing.




Exercise 3. Use the context of the article to help you choose the same meaning as each underlined word or phrase.

1. Have you ever wondered why Americans struggle with watching their weight...
a. have an easy time b. have a difficult time c. don't care about
2. ... while the French, who consume all that rich food, ...

- a. fatty, high- calorie food b. low-fat, low-calorie food c. expensive food
3. ... continue to stay thin?
 a. worry about their weight b. not become overweight c. gain weight
4. Researchers concluded that the French tend to stop eating when they feel full.
 a. like they can't eat any more b. worried about their weight c. hungry
5. ... the French see eating as an important part of their lifestyle.
 a. personal care and appearance b. culture or daily routine c. meals

GRAMMAR - The Present Perfect with "already", "yet", "ever", "before" and "never".

Ever

- The adverb "ever" expresses the idea of an unidentified time before now. It is always placed before the main verb (past participle).

- We use "ever" in questions.

Example: Have you ever been to England?

Example: Has she ever met the Prime Minister?

- We use "ever" in negative questions.

Example: Haven't they ever been to Europe?

Example: Haven't you ever eaten Chinese food?

- We use "ever" in negative statements using the pattern "nothing + ever" or "nobody + ever".

Example: Nobody has ever said that to me before.

Example: Nothing like this has ever happened to us.

- We use "ever" with "the first time".

Example: It's the first time that I've ever eaten snails.

Example: It's the first time that I've ever been to England.

Never

- Like "ever", the adverb "never" expresses the idea of an unidentified time before now. It is always placed before the main verb (past participle). "Never" means "at no time before now".

Be careful! You can't use "never" with a negative verb.

Example: I haven't never been to Italy. I have never been to Italy.

Example: I have never eaten snails.

Already

- We use "already" to refer to an action that has happened at an unspecified time before now.

"Already" can be placed either before the main verb (past participle) or at the end of the sentence.

Example: I've already drunk three coffees this morning.

Example: Don't write to John, I've already done it!

- We use "already" in questions.

Example: Have you already written to John?

Example: Has she finished her homework already?

Yet

- We use "yet" to say that something has not happened or been done up to the present time. It is usually placed at the end of the sentence.

- We use "yet" in negative statements.

Example: Kevin hasn't registered for class yet.

Example: I haven't finished my breakfast yet.

- We use "yet" in questions.

Example: Have the guests arrived yet?

Example: Have you toured Quito yet?

Before

- We use "before" to talk about a time from the past until now. We can use it with affirmative, negative and questions.

Example: I've seen that woman before but I can't remember where (affirmative).

Example: I haven't cooked this recipe before. I don't know how to do it! (negative).

Example: Have you done this before? (question).

Exercise 1. Use the words to write statements and questions in the Present Perfect.

1. you/ go sightseeing / in London / before.

___ Have you went sightseeing in London before? _____

2. she / already / try / Guatemalan food.

_____ Has she already tried Guatemalan food? _____

3. they / ever / be / to Buenos Aires.

___ Have you even been to Buenos Aires? _____

4. we / not take a tour of Prague.

___ We aren't taking a tour of Prague _____