



PASIÓN POR EDUCAR

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6

Give these people advice. Use the phrases in the box.

drink some water
 go home early

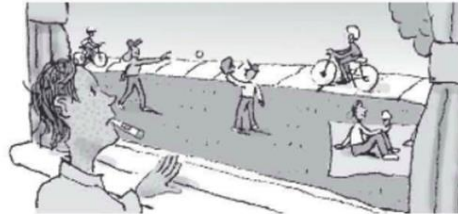
go to the grocery store
 lift heavy things

have a hot drink
 go outside

stay up late
 work too hard



1. Don't work too hard.



2. Do go outside



3. Do have a hot drink



4. Don't lift heavy things



5. Do go home early



6. Don't stay up late



7. You have go to the grocery story



8. Do drink some water

7 Write two pieces of advice for each problem.

1. I have a cold. Don't go to school today. Take a cold pill.
2. I have a toothache. Don't go to dentist. Take a cold pills
3. I have a sore throat. Do keep to hydrated. Take antibiotik
4. I have an earache. Do chamomile steam inhalation. Take earache drops
5. I have a stomachache. Don't sleep after eating. Take chamomile or ginger tea
6. I have a backache. Don't physical activity the first days. Take pain pills
7. I have sore eyes. Rest your eyes in open spaces with. apply eyes drops
8. I have a fever. do Stay on bed rest and stay hydrated. take fever pills

8 Health survey

A How healthy and happy are you? Complete the survey.

	Often	Sometimes	Hardly ever	Never
get a headache	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get an earache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
get a stomachache	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get a cold	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
get the flu	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
stay up late	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
feel sleepy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get a fever	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

B Write four sentences about your health. Use the information from the survey in part A.

Examples:

I hardly ever get a headache, an earache, or a stomachache.

I often stay up late on weekends, but I never stay up late on weekdays.

1. I sometimes I feel sleepy because I often stay up late
2. i hardly ever get a fever or get the flu
3. i sometimes get headache or get a stomachache
4. i hardly ever catch a cold and never get an earache