

Household chores and leisure activities

Ingles III

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- **HOW DO YOU HELP IN YOUR HOUSE?**

Hello my name is Lourdes what I like the most is to help mom cook or prepare types of food and experience new flavors, but I work 3 times a week and I always leave home from work late at home, I always try to do it daily so that the house is clean and tidy

On Saturdays I accompany my mom shopping at the market all week and in the afternoon we order everything in its place

- **WHAT DO YOU DO IN YOUR FREE TIME?**

I go out to play my favorite sport which is basketball and sometimes I play soccer. I rarely watch tv.

every morning I go out for a run 30 hours, after lunch I take a nap and at night I read 20 minutes in my room after that I stay watching videos or messaging lying in my bed