

HOUSEHOLD CHORES AND LISURE ACTIVITIES.

INGLES III.

HEYDI JANETH CRUZ.

PRESENTA EL ALUMNO:

Karina Lisseth Garcia Garcia

GRUPO, SEMESTRE y MODALIDAD:

3er cuatrimestre "B", lic. En enfermeria.

Frontera Comalapa, Chiapas a 03 del 2020.

My name is Karina Liiseth García García, I am 21 years old, I live in the Comalapa, Chiapas border and study at UDS University.

From Monday to Friday I get up from 07:00 a.m. At 07:30 a.m., when I get up I brush my teeth, I wash my face and change my clothes, from 08:00 a.m. I start to prepare breakfast, from 09:00 a.m. at 10:00 a.m. We had breakfast with my parents, from 10:00 a.m. at 02:00 p.m. I take care of the store that my parents have and I do my university work, from 03:00 p.m. at 03:30 p.m. we eat with my family, 03:00 p.m. at 04:00 p.m. I clean it, cook it and keep taking care of the store, at 04:00 p.m. I change and get my things ready to go to the gym, 04:30 p.m. at 07:00 p.m. I go to the gym, from 08:00 p.m. at 09:00 p.m. I bathe and have dinner, at 10:00 p.m. Normally I already finish all my earrings and I already try to rest or watch some series, at 11:00 p.m. I sleep.

Saturday and Sunday I get up from 08:00 a.m. at 09:00 a.m., from 10:00 a.m. at 11:00 p.m. we prepare breakfast with my family and have breakfast, from 11:00 p.m. at 03:00 p.m. I take care of the store, from 03:00 p.m. at 04:00 p.m. we eat with my family, from 04:00 p.m. at 09:00 p.m. I am already at home, I watch television, we talk with my family or sometimes I go out with friends, at 11:00 pm I sleep.