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"Science and Knowledge"

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WHAT IS A SYMPTOM?

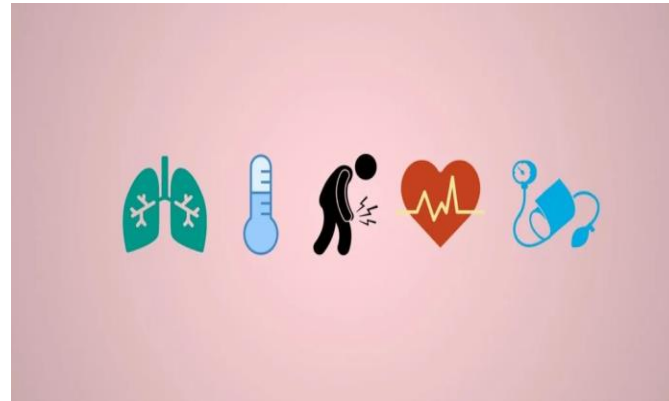
The symptoms can only be described by the person who feels them. Symptoms cannot be observed and do not manifest on medical examinations. Some examples of symptoms are:

- ✓ Headache
- ✓ chronic fatigue.
- ✓ Nausea
- ✓ Fever or chills.
- ✓ Cough
- ✓ Fatigue



WHAT IS A SIGN?

- ✓ Signs are exactly what they sound like: indicators of a problem.
- ✓ The most important signs of all are called vital signs. Vital signs include: blood pressure, heart rate, respiratory rate, temperature.
- ✓ Some of the most common topics that are evaluated are the signs of the skin: color, temperature and humidity. Pale, cold and clammy people generally feel pretty bad.





WHY DO PEOPLE COMMONLY CONFUSE SIGNS AND SYMPTOMS?

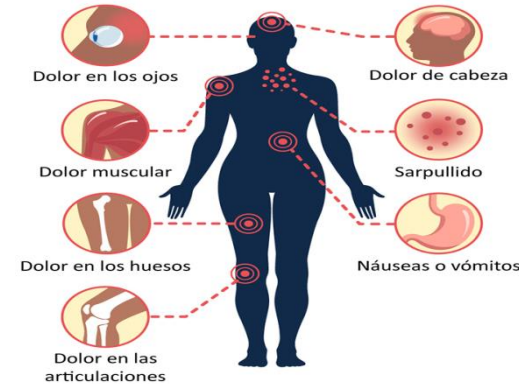
Because sometimes the signs indicate symptoms.

For example, how can a hungry baby be. is your daughter scratching her arm(sign)? she should feel itchy (symptom).
people vomit (sign) when they feel nauseous (symptom).

EXAMPLES:

Symptoms:

- Itch.
- Sickness.
- Numbness.
- Daze.
- Heart attack patients often complain of symptoms such as pain when pressing on the chest and arm.



Signs:

- Blood pressure.
- Heart rate.
- Breathing frequency.
- Temperature.
- A person clutching his arm or chest, a pale face, sweating, abnormal heart rate, and high blood pressure.

