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Ensayo

Ensayo del tema:

“physiotherapist”

introduction:

This work is done in order to remember what we have seen about a simple past, also to add more to what is seen.

in this case we talk about the work of physiotherapists in order to better understand their work, learn more about this topic and expand on what has already been learned

developing:

The physical therapist is a health professional and a university graduate whose job is to evaluate and treat people with limited movement, whether due to injury, illness or old age. Physiotherapists operate at three levels: primary (prevention, education and habilitation), secondary (cure of ailments) and tertiary (treatment of functional recovery after illness or in chronic processes).

To carry out their work, physical therapists perform specific exercises and use specialized equipment to facilitate the work of the limbs and joints of patients in their treatment. The main work of physiotherapists focuses on the musculoskeletal (tissues, joints and bones), neuromuscular (brain and nervous system) and cardiovascular systems.

The physical therapist's work can be carried out in different places. Clinics, hospitals, schools, workplaces or sports centers. In addition, this work sometimes includes the execution of electrical and manual tests to determine the level of involvement and muscle strength.

Physiotherapists as well as many other jobs are important since they do some very important functions such as:

- ✚ hygiene advice
- ✚ injury diagnosis
- ✚ application of manual treatments
- ✚ electroperatia treatment application

✚ hydrotherapy treatment application

other of the things that they do in their work is the main skill that they have that are very important when carrying out their work which are:

- ✚ Extensive knowledge of human anatomy
- ✚ communication skills
- ✚ they have empathy
- ✚ have the ability to listen
- ✚ have the ability to work as a team

Conclusion:

As the work is finished, we can realize that the work of the physiotherapists, like other jobs, is very important because of the fact that they carry out all the work that they do, since not everyone is capable of doing that important job.

Bibliography: <https://profesiones-ocupaciones.universia.net/profesion/fisioterapeuta/92>