

Nombre del alumno:

Paola Berenice Ortiz Garcia

Nombre del profesor:

Mtra. Jezabel Ivonne Silvestre Montejo

Licenciatura:

Enfermería

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Cartel del tema:

"First Aid"

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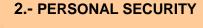
FIRST AID

7 BASIC FIRST AID STEPS

1.- CONTROL YOU



Keep calm and be able to act quickly helping the person in need.



Evaluate the scene where the

damage

accident happened, to avoid further





3.-EVALUATE THE

Check the general state of the patient, state of consciousness, respiratory and circulatory condition

4.- VITAL SIGNS



It is important since They are signs that indicate the presence of life

5.-IN CASE OF SUFFOCATION



It is important to know the procedure to help people who eat food or any other object

6.- RESCUE BREATH



In the absence of reaphalation, this step will help the patient

7.- CARDIO PULMONARY RESUSCITATION



CPR must be applied, it consists of a combination of breaths and chest compressions

