

PRESENTACIÓN



UNIVERSIDAD DEL SURESTE

CARRERA: Lic. en enfermería.

MATERIA: Ingles III.

TRABAJO: Translate and exercises.

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Turning Pain to Gain

Scan the article. Why does Mackenzie read all the time?

Seven years ago, Mackenzie Bearup hurt her knee. She was just ten years old. A week later, the pain was still there. The pain didn't stop. Then she found out about a disease called RSD. This disease tells the brain her knee is still injured, even though it isn't. There is no cure for the pain. Her knee feels terrible all the time.

Sometimes, Mackenzie felt so awful that she stayed **in bed for months. It was very difficult to walk. Her doctors tried everything: medicine, exercise, and other treatments. Nothing worked . . . except books.**

Mackenzie read lots of books. The books helped her stop thinking about the pain. And she decided to help other children forget their pain, too.

She found out about a treatment center for children nearby. The center had a new library, but no books. She asked all her friends and her parents' friends to give books. Then she put ads in newspapers and made a website.

Mackenzie's goal was to give 300 books to the library. But she soon had 3,000 books, and more were on the way! Today, that number is more than 40,000. She started an organization. Sheltering Books now helps children in many states in the U.S.



Mackenzie's knee still hurts all the time. But she feels better because she's helping other kids with their pain.

TRANSLATION

Convirtiendo el dolor en ganancia

Escanea el artículo. ¿Porque Mackenzie lee todo el tiempo?

Hace siete años, Mackenzie Bearup se lastimó la rodilla. Ella solo tenía diez años. Una semana después, el dolor seguía ahí. El dolor no se detuvo. Luego se enteró de una enfermedad llamada RSD. Esta enfermedad le dice al cerebro que su rodilla todavía esta lesionada, aunque no lo esté. No hay cura para el dolor. Su rodilla se siente terrible todo el tiempo.

A veces, Mackenzie se sentía tan mal que quedaba en la cama durante meses. Fue muy difícil caminar. Sus médicos lo intentaron todo: medicina, ejercicio y otros tratamientos. Nada funcionó...excepto los libros.

Mackenzie leyó muchos libros. Los libros le ayudaron a dejar de pensar en el dolor. Y ella decidió ayudar a otros niños a olvidar también su dolor.

Ella se enteró de un centro de tratamiento cercano para niños. El centro tenía una nueva biblioteca, pero no libros. Ella les pidió a todos sus amigos y amigos de sus padres que dieran libros. Luego puso anuncios en los periódicos e hizo un sitio web.

El objetivo de Mackenzie era dar 300 libros a la biblioteca. Pero pronto tuvo 3.000 libros. ¡Y más en camino! Hoy, ese número es más de 40,000. Ella comenzó una organización. Sheltering books ahora ayuda a los niños en muchos estados de los EE.UU.

La rodilla de Mackenzie todavía duele todo el tiempo. Pero se siente mejor porque esta ayudando a otros niños con su dolor

A. Read the article. Then Write a questions for each answer.

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|---|---|
| 1. <u>When did Mackenzie hurt her knee?</u> | Seven years ago. |
| 2. <u>How your Mackenzie knee felt?</u> | She felt terrible. |
| 3. <u>What treatments did she try?</u> | Medicine, exercise, and other treatments. |
| 4. <u>How books helped Mackenzie?</u> | They helped her forget her pain. |
| 5. <u>Who asked if had books?</u> | She asked her family and friends. |
| 6. <u>What was mackenzie´s goal?</u> | To give 300 books. |

B. Number these Events in mackenzie´s life from 1 (first) to 7 (last).

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|--|-----|
| a. She made a website. | (6) |
| b. She found out about RSD. | (2) |
| c. She hurt her knee. | (1) |
| d. She started an organization. | (7) |
| e. She discovered books helped her pain | (4) |
| f. She asked her friends for books. | (5) |
| g. She tried lots of different treatments. | (3) |

C. GROUP WORK. Why do you think books help people with pain?

Because it helps them to distract themselves for a while, to relax their body and also to learn interesting things.