



**UNIVERSIDAD DEL SUR**

**CARRERA: LICENCIATURA EN ENFERMERÍA**

**MATERIA: INGLES**

**TAREA: TRANSLATE AND EXERCISES**

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**Grado: 3ª Grupo: "A"**

**Richards C Jack., (2013)  
Interchange Intro. Cambridge.**

**TAPACHULA, CHIAPAS  
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Seven years ago, Mackenzie Bearup hurt her knee. She was just ten years old. A week later, the pain was still there. The pain didn't stop. Then she found out about a disease called RSD. This disease tells the brain her knee is still injured, even though it isn't. There is no cure for the pain. Her knee feels terrible all the time.

Sometimes, Mackenzie felt so awful that she stayed in bed for months. It was very difficult to walk. Her doctors tried everything: medicine, exercise, and other treatments. Nothing worked... except books.

Mackenzie read lots of books. The books helped her stop thinking about the pain. And she decided to help other children forget their pain, too. She found out about a treatment center for children nearby. The center had a new library, but no books. She asked all her friends and her parents' friends to give books. Then she put ads in newspapers and made a website.

Mackenzie's goal was to give 300 books to the library. But she soon had 3,000 books, and more were on the way! Today, that number is more than 40,000. She started an organization. Sheltering Books now helps children in many states in the U.S.

Mackenzie's knee still hurts all the time. But she feels better because she's helping other kids with their pain.

Hace siete años, Mackenzie Bearup se lastimó la rodilla, solo tenía diez años. Una semana después, el dolor fue aún allí. El dolor no se detuvo. Entonces ella se enteró sobre una enfermedad llamada RSD. Esta enfermedad le dice al

Cerebro, su rodilla todavía está lesionada, aunque no lo está.

No hay cura para el dolor. Su rodilla se siente terrible todo el tiempo.

Algunas veces, Mackenzie se sintió tan mal que se quedó

en la cama por meses. Fue muy difícil caminar. Sus doctores lo intentaron todo: medicina, ejercicio y otros tratamientos. Nada funcionó... excepto los libros.

Mackenzie leyó muchos libros. Los libros ayudaron a dejar de pensar en el dolor. Y ella decidió ayudar a otros niños a olvidar también su dolor.

Ella se enteró de un centro de tratamiento para niños cercanos. El centro tenía una nueva biblioteca, pero

no libros. Ella le pidió a todos sus amigos y amigos de sus padres que dieran libros. Entonces ella puso anuncios

en periódicos e hizo un sitio web.

El objetivo de Mackenzie era dar 300 libros a la biblioteca.

Pero pronto tuvo 3,000 libros.

¡Y más en camino! Hoy, ese número es más bronceado 40,000. Ella comenzó una organización. Refugio Los libros ahora ayudan a los niños en muchos estados de los EE. UU.

La rodilla de Mackenzie todavía duele todo el tiempo. Pero

Ella se siente mejor porque está ayudando a otros niños con su dolor.

## A

**When did Mackenzie hurt her knee?**

Seven year ago.

**what did discomforts did she always feel?**

She felt terrible.

**What did methods did the doctors use for Mackenzie's recovery?**

Medicine, exercise, and other treatments.

**what did happened when mackenzie started reading books?**

They helped her forget her pain.

**Who did Mackenzie tell to give books to?**

She asked her family and friends.

**How did many books was the goal meckenzie set to deliver?**

To give 300 books.

## B

7 She made a website.

2 She found out about RSD.

1 She hurt her knee.

6 She started an organization.

4 She discovered books helped her pain.

5 She asked her friends for books.

3 She tried lots of different treatments.

## C

**Why do you think books help people with pain?**

R= because reading keeps your mind busy, and it doesn't help you not remember the situation

**Can you think of other things that could help?**

R= I think it would help to exercise, take a walk.