EUDDS Mi Universidad

Nombre del Alumno: Elizabeth Hernández Santiz Nombre del tema: What's the matter? Parcial: II Nombre de la Materia: Ingles III Nombre del profesor: Liliana Rubi Gutiérrez Penagos Nombre de la Licenciatura: Licenciatura en Enfermería Cuatrimestre 3



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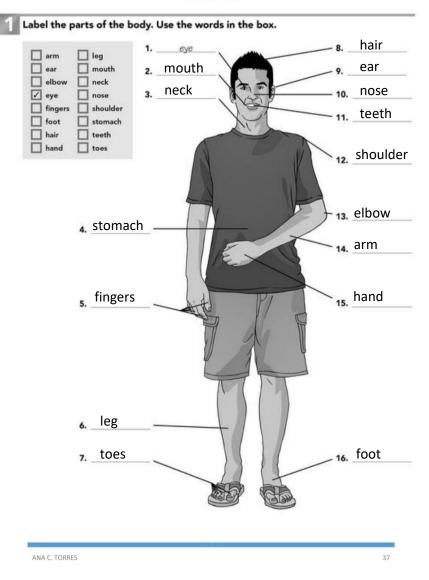
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WORKBOOK



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7 Write two pieces of advice for each problem.

1. I have a sore throat.	Don't go to work today. Drink some chamomile tea.	
2. I have a toothache.	Go to the dentist.	
3. I have a cough.	Take cough medicine.	
4. I have a cold.	Don't eat ice cream.	
5. I have a stomachache.	Take some medicine and rest.	
6. I have a headache.	Take some aspirin.	
7. I have the flu.	Drink tea with lemon and ginger.	
8. I have a fever.	Don't go to work today.	

8 Health survey

A How healthy and happy are you? Complete the survey.

How ofter	n do v	211 2		
now once	Often	Sometimes	Hardly ever	Never
get a headache				
get an earache				
get a cold				
get the flu				
get a stomachache				
stay up late				
feel sleepy				
get a fever				

B Write four sentences about your health. Use the information from the survey in part A.

Examples:	
I sometimes stay up late, but I hardly ever feel sleepy.	
I hardly ever get a cold or the flu.	
 I sometimes get a headache. 	
 I hardly ever get a fever. 	
3. I often feel sleepy.	
4 I hardly ever get a stomachache.	

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*Scenario: My family member is experiencing flu symptoms and general malaise.**

Nurse[Me]: Hi Manuel, I'm worried that you're feeling bad. How do you feel?

Manuel: Hello, the truth is that I don't feel very well. I have a headache, fever and feel very tired.

Nurse[Me]: I'm sorry you're going through this. Those symptoms could be indicative of the flu or some other infection. Have you taken your temperature?

Manuel: Yes, I have a fever, and it's annoying. What do you recommend me to do?

Nurse[Me]: My suggestion is that you get plenty of rest and stay hydrated. Also, it is important that you monitor your temperature regularly. If the fever persists or worsens, I recommend that you call a doctor to be properly evaluated.

Manuel: Do you think I should take any medication to alleviate the symptoms?

Nurse[Me]: Before taking any medication, it is essential that you consult a doctor or pharmacist. However, some over-the-counter medications, such as acetaminophen or ibuprofen, can help reduce fever and relieve headache. But again, it is better that you seek a medical opinion before taking any medication.



Manuel: Thank you for your advice. I think I'll go to the doctor to make sure it's not something more serious.

Nurse[Me]: That is an excellent decision. Visiting the doctor will help you get an accurate diagnosis and a proper treatment plan. If you need company or someone to accompany you to the doctor, I will be happy to be there with you.

Manuel: Thank you for your support! I will go to the doctor as soon as possible.

Nurse[Me]: You're welcome, I'm here to help in any way I can. Don't hesitate to call me if you need anything. Take care of yourself and I hope you feel better soon.