



PASIÓN POR EDUCAR

ENGLISH HANDBOOK

Basic English - Level 3

COLLEGE DEGREE

Learning English opens
the doors to the world
and your future.



Dear Teacher and Student,

It is a great pleasure for me to provide you with this valuable English handbook, which was created to organize your work in order to be more efficient and successful in the classroom. Language is our primary source of communication. It is the system through which we share our ideas and thoughts with others. There are thousands of languages in the world.

Countries have their own national languages in addition to a variety of local languages spoken and understood by their people in different regions. However, English is undoubtedly one of the most spoken ones. There are several factors that make the English language essential to communication in our current time. First of all, it is the most common foreign language. This means that two people who come from different countries (for example, a Mexican and a German) use English as a common language to communicate.

That is why everyone needs to learn English in order to get in touch on an international level. Speaking English will help you communicate with people from countries all over the world, not just English-speaking ones. English is also essential to the field of education.

In fact, in many countries students are taught and encouraged to learn English as a second language as most of the research and studies are written in English. In the same way, at a University level, students study almost all their subjects in English in order to make the material more accessible to international students. What is more, with good understanding and communication in English, you can travel around the world.

As a result, UDS must motivate and encourage students to learn English. Our success lies in the quality and expertise of our teachers. Teachers need to be passionate about their work and to have excellent subject knowledge. It is teaching quality together with student's effort that will determine the future adult's success in life.

I do really hope you will enjoy this handbook and thanks for being part of this successful team!

Sincerely,

A handwritten signature in black ink, appearing to read 'Victor Manuel Albores Alcázar', with a vertical line to the right of the signature.


Víctor Manuel Albores Alcázar
UDS Owner

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What are you going to do?

1 MONTHS AND DATES

A  Listen and practice the months.

Months

January February March April May June
July August September October November December

B  Complete the dates. Then listen and practice.

Dates

1st first
2nd second
 third
4th fourth
5th fifth
6th sixth
 seventh
8th eighth
9th ninth
 tenth

11th eleventh
 twelfth
13th thirteenth
14th fourteenth
 fifteenth
16th sixteenth
17th seventeenth
18th eighteenth
 nineteenth
20th twentieth


21st twenty-first
 twenty-second
23rd twenty-third
 twenty-fourth
25th twenty-fifth
 twenty-sixth
27th twenty-seventh
 twenty-eighth
29th twenty-ninth
 thirtieth
 thirty-first

C **CLASS ACTIVITY** Go around the room. Ask your classmates' birthdays.

A: When's your birthday?

B: It's July twenty-first. When's yours?

2 CONVERSATION *Birthday plans*

 Listen and practice.

Angie: Are you going to do anything exciting this weekend?

Philip: Well, I'm going to celebrate my birthday.

Angie: Oh, happy birthday! When is it, exactly?

Philip: It's August ninth – Sunday.

Angie: So what are your plans?

Philip: I'm going to go to my friend Kayla's house.
She's going to cook a special dinner for me.

Angie: Nice! Is she going to bake a cake, too?

Philip: Bake a cake? Oh, I'm not sure.



3 GRAMMAR FOCUS ↻

The future with be going to Ⓛ

Are you **going to do** anything this weekend? Yes, I am. I'm **going to celebrate** my birthday.
 No, I'm not. I'm **going to stay** home.

Is Kayla **going to cook** dinner for you? Yes, she is. She's **going to cook** a special dinner.
 No, she's not. She's **going to order** takeout.

Are your friends **going to be** there? Yes, they are. They're **going to stop** by after dinner.
 No, they're not. They're **going to be** away all weekend.

Ⓛ **A** What are these people going to do this weekend?
 Write sentences. Then compare with a partner.



1. They're going to go dancing.

B PAIR WORK Is your partner going to do the things in part A this weekend? Ask and answer questions.

"Are you going to go dancing this weekend?"

4 PRONUNCIATION Reduction of going to

A Ⓛ Listen and practice. Notice the reduction of **going to** to /gənə/.

A: Are you **going to** have a party?
 B: No, I'm **going to** meet a friend.

A: Are you **going to** go to a restaurant?
 B: Yes, We're **going to** go to Nick's Café.

B PAIR WORK Ask your partner about his or her evening plans. Try to reduce **going to**.

5 LISTENING Evening plans

A It's 5:30 P.M. What are these people's evening plans? Write your guesses in the chart.

B Listen to the interview. What are the people really going to do? Complete the chart.



Your guess	What they're really going to do
Michelle <i>is going to go to the gym</i>	Michelle
Kevin	Kevin
Robert	Robert
Jackie	Jackie

6 INTERCHANGE 11 Guessing game

Make guesses about your classmates' plans.

7 SNAPSHOT

Listen and practice.

Holidays in the United States

New Year's Day	Valentine's Day	Independence Day	Halloween	Thanksgiving	Christmas
January 1st	February 14th	July 4th	October 31st	The fourth Thursday in November	December 25th

Source: *The Concise Columbia Encyclopedia*

Do you celebrate any of these holidays?
What are some holidays in your country? What's your favorite holiday?

interchange 11 GUESSING GAME

A PAIR WORK Is your partner going to do any of these things? Check (✓) your guesses.

Is your partner going to . . . ?	My guesses		My partner's answers	
	Yes	No	Yes	No
1. have a snack after class 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. watch TV tonight 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. go to bed late tomorrow night	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. go out with friends tomorrow night 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. go dancing this weekend 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. eat at a restaurant this weekend 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. go to the gym next week 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. buy something expensive this month 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. go on a trip next month 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. get a job next summer 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B PAIR WORK Ask and answer questions to check your guesses.

A: Are you going to watch TV tonight?

B: Yes, I am. I'm going to watch my favorite show.

C CLASS ACTIVITY How many of your guesses are correct? Who has the most correct guesses?

8

CONVERSATION *Have a good Valentine's Day.*

🎧 Listen and practice.

Mona: So, Tyler, do you have any plans for Valentine's Day?

Tyler: I do. I'm going to take my girlfriend out for dinner.

Mona: Oh, really? Where are you going to eat?

Tyler: At Laguna's. It's her favorite restaurant.

Mona: How fancy! She's going to like that!

Tyler: How about you? What are you going to do?

Mona: Well, I'm not going to go to a restaurant.

I'm going to go to a dance.

Tyler: Sounds like fun. Well, have a good

Valentine's Day.

Mona: Thanks. You, too.



9

GRAMMAR FOCUS 🎧**Wh-questions with be going to** ▶

What are you **going to do** for Valentine's Day?

I'm **going to go** to a dance.

How is Mona **going to get** to the dance?

I'm **not going to go** to a restaurant.

She's **going to drive**.

Where are Tyler and his girlfriend **going to eat**?

She's **not going to take** the bus.

They're **going to eat** at Laguna's.

They're **not going to eat** at Nick's Café.

🎧

A Complete these conversations with the correct form of *be going to*. Then practice with a partner.

1. A: Where are you going to spend (spend) summer vacation?

B: My parents and I visit (visit) my grandparents.

2. B: Who invite (invite) you to Thanksgiving dinner?

A: I ask (ask) my family and some good friends.

3. A: What do (do) you do for Halloween?

B: I don't know. I do (not do) anything special.

4. A: How celebrate (celebrate) your parents New Year's Eve?

B: They go (go) to their neighbor's party.

5. A: What do (do) your sister do for her birthday?

B: Her boyfriend take (take) her out to dinner.

B GROUP WORK Ask your classmates about their plans.

Use the time expressions in the box.

A: What are you going to do tonight?

B: I'm going to go to a party.

C: Oh, really? Who's going to be there?

B: Well, Lara and Rosa are going to come.

But Jeff isn't going to be there...

time expressions

tonight

next week

tomorrow

next month

tomorrow afternoon

next summer

tomorrow night

next year

1 The future with *be going to*

- ▶ Use *am/is/are + going to + base form* for the future: **We're going to stay** home tonight.
- ▶ In questions with *be going to*, the *be* verb comes before the noun or pronoun: **Is he going to bake** me a cake?

- On **A** Complete Robert's story. Use the correct form of *be going to* and the verbs in parentheses.

Tomorrow is going to be (be) a very exciting day. It's my birthday, and my friends and I (celebrate). In the morning, Scott and I (drive) to the beach. Our friend Sara (meet) us there. We (stay) at the beach for a few hours. Then we (have) lunch at my favorite restaurant. After lunch, Scott (go) to work, and Sara and I (see) a movie. After the movie, we (go) to our friend Charlie's house. He (cook) dinner for Sara and me.

- On **B** Write questions. Then look at part A and answer the questions.

1. Robert / celebrate / with his family?

Q: Is Robert going to celebrate with his family?

A: No, he's going to celebrate with his friends.

2. Scott and Robert / take the bus / to the beach?

Q:

A:

3. the friends / have lunch / at a restaurant?

Q:

A:

4. Sara and Robert / go to a museum?

Q:

A:

5. Sara and Robert / have dinner / at a restaurant?

Q:

A:

On **2 Wh-questions with *be going to***

- ▶ Use *is* in questions with *Who* as the subject: **Who's going to be there?** (NOT: ~~Who are going to be there?~~)

Complete the conversation with the correct form of *be going to*.

A: What are you going to do (do) this weekend?

B: I (have) a very busy weekend. My friend Ali (visit) me, and we (spend) the weekend in the city.

A: That's nice. you (stay) in a hotel?

B: No, we (stay) with our friend Donna. And Donna (have) a big party on Saturday night.

A: Really? And who (be) at the party? Do you know any of Donna's friends?

B: No, I don't. But Ali and I (meet) everyone on Saturday night.

10 WORD POWER *Ways to celebrate*

A  Listen and practice.



decorate



eat special food



go to a parade



give gifts



watch fireworks



play music



go on a picnic



wear special clothes

B PAIR WORK Are you going to celebrate a special day this year? Are you (or is someone you know) going to do any of the things in part A?

A: I'm going to go to a wedding next month. I'm going to wear special clothes.

B: Is it a traditional wedding?

11 HOLIDAYS AND FESTIVALS

A PAIR WORK Choose any holiday or festival. Then ask and answer these questions.

What is the holiday or festival?
When is it?
What are you going to do?
Where are you going to go?
Who's going to be there?
When are you going to go?
How are you going to get there?

A: What is the holiday or festival?

B: It's Cinco de Mayo.

A: When is it?

B: It's on May fifth.

A: What are you going to do?

B: I'm going to go to a parade. . . .



B CLASS ACTIVITY Tell the class about your partner's plans.

What are you going to do on your birthday?

Scan the article. How old is each person going to be?



Elena Buenaventura

Madrid

"My twenty-first birthday is on Saturday, and I'm going to go out with some friends. To wish me a happy birthday, they're going to pull on my ear 21 times – once for each year. It's an old custom. Some people pull on the ear just once, but my friends are very traditional!"



Ka-mei Shi

Taipei

"Tomorrow is my sixteenth birthday. It's a special birthday, so we're going to have a family ceremony. I'm probably going to get some money in 'lucky' envelopes from my relatives. My mother is going to cook noodles – noodles are for a long life."



Mr. and Mrs. Aoki

Kyoto

"My husband is going to be 60 tomorrow. In Japan, the sixtieth birthday is called *kanreki* – it's the beginning of a new life. The color red represents a new life, so children often give something red as a present. What are our children going to give him? A red hat and vest!"



Philippe Joly

Paris

"I'm going to be 30 next week, so I'm going to invite three very good friends out to dinner. In France, when you have a birthday, you often invite people out. In some countries, I know it's the opposite – people take you out."

A Read the article. Then correct these sentences.

- To celebrate her birthday, Elena is going to pull on her friends' ears.
- Ka-mei is going to cook some noodles on her birthday.
- On his birthday, Mr. Aoki is going to buy something red.
- Philippe's friends are going to take him out to dinner on his birthday.

B GROUP WORK How do people usually celebrate birthdays in your country? Do you have plans for your next birthday? How about the birthday of a friend or a family member? What are you going to do? Tell your classmates.

WORKBOOK

1

Months and dates

A Put the months in the box in time order.

<input type="checkbox"/> April	<input type="checkbox"/> December	<input checked="" type="checkbox"/> January	<input type="checkbox"/> June	<input type="checkbox"/> May	<input type="checkbox"/> October
<input type="checkbox"/> August	<input type="checkbox"/> February	<input type="checkbox"/> July	<input type="checkbox"/> March	<input type="checkbox"/> November	<input type="checkbox"/> September

- | | | |
|-------------------|----------|-----------|
| 1. <u>January</u> | 5. _____ | 9. _____ |
| 2. _____ | 6. _____ | 10. _____ |
| 3. _____ | 7. _____ | 11. _____ |
| 4. _____ | 8. _____ | 12. _____ |

B When are the seasons in your country? Write the months for each season.



Spring	Summer	Fall	Winter
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

C Write each date a different way.

- | | |
|------------------------------------|----------------------|
| 1. March 12th <u>March twelfth</u> | 5. October 1st _____ |
| 2. April 11th _____ | 6. May 22nd _____ |
| 3. January 16th _____ | 7. July 3rd _____ |
| 4. February 9th _____ | 8. August 30th _____ |

**2**

It's January first. How old are these people going to be on their next birthdays? Write sentences.

	Alex	Anita	Peggy and Patty	You
Age now	76	25	18	_____
Birthday	March 15th	July 27th	September 6th	_____

1. Alex is going to be seventy-seven on March fifteenth.
2. _____
3. _____
4. _____

**3**

Read Beth's calendar. Write sentences about her plans. Use the words in parentheses.

CALENDAR	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 Print Email	1	2 play golf after work	3 have lunch with Tony	4	5	6	7 go shopping with Julie
	8 meet John for dinner	9	10	11 work late	12	13 go to Sam's party	14
	15	16 see a movie with Tony	17	18	19	20	21 have a family picnic
	22	23	24 buy Paula's birthday present	25 go to Paula's birthday dinner	26	27	28

1. On June second, she's going to play golf after work. (June 2nd)
2. _____ (June 3rd)
3. _____ (June 7th)
4. _____ (June 8th)
5. _____ (June 11th)
6. _____ (June 13th)
7. _____ (June 16th)
8. _____ (June 21st)
9. _____ (June 24th)
10. _____ (June 25th)

4

Complete these sentences. Use the correct form of *be going to* and the verbs in parentheses.



1. This *is going to be* _____ (be) a very busy weekend.

2. On Friday, my friend Ben and I _____ (see) a movie. After the movie, we _____ (eat) dinner at our favorite Thai restaurant.



3. On Saturday morning, my parents _____ (visit). They _____ (drive) into the city, and we _____ (go) to the art museum. I think my mother _____ (love) it, but my father _____ (not like) it. Later, we _____ (watch) a football game on TV. My parents _____ (go) home after dinner.



4. On Sunday, I _____ (sleep) late. Then I _____ (read) the newspaper. On Sunday afternoon, I _____ (take) a walk. In the evening, my friend Jill and I _____ (study) together.



5 Complete these conversations. Write questions with *be going to*.

1. Eric: *What are you going to do this weekend?*

Sarah: This weekend? I'm going to go to the country with my brother.

Eric: That's nice. _____

Sarah: We're going to stay at our friend Marjorie's house. She lives there.

Eric: Really? _____

Sarah: I think we're going to go mountain climbing.

Eric: _____

Sarah: No, Marjorie isn't going to go with us. She's going to go bike riding.



2. Scott: I'm going to have a birthday party for Tara next Saturday. Can you come?

Emily: Sure. _____

Scott: It's going to be at my house. Do you have the address?

Emily: Yes, I do. And _____

Scott: It's going to start at seven o'clock.

Emily: _____

Scott: No, Bob isn't going to be there.

Emily: That's too bad. _____

Scott: No, I'm not going to bake a cake. I can't bake! I'm going to buy one.

Emily: OK. Sounds good. See you on Saturday.



6

Next weekend



A What are these people going to do next weekend? Write sentences.



1. They're going to go to the gym.



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____

B What are you going to do next weekend? How about your family and friends? Write sentences.

- 1. _____
- 2. _____
- 3. _____
- 4. _____

7

Are you going to do anything special on these holidays or special occasions? Write sentences. Use the phrases in the box or your own information.

- | | | |
|---------------------|--------------------|----------------------|
| dance | go to a parade | sing songs |
| eat special food | go to a restaurant | stay home |
| give gifts | have a party | stay out late |
| go on a picnic | play games | watch fireworks |
| go out with friends | play music | wear special clothes |



New Year's Eve



New Year's Day

1. I'm not going to have a party. I'm going to watch fireworks with my friends, but we're not going to stay out late.

2. _____



Your next birthday



Your best friend's birthday

3. _____

4. _____



Valentine's Day



The last day of class

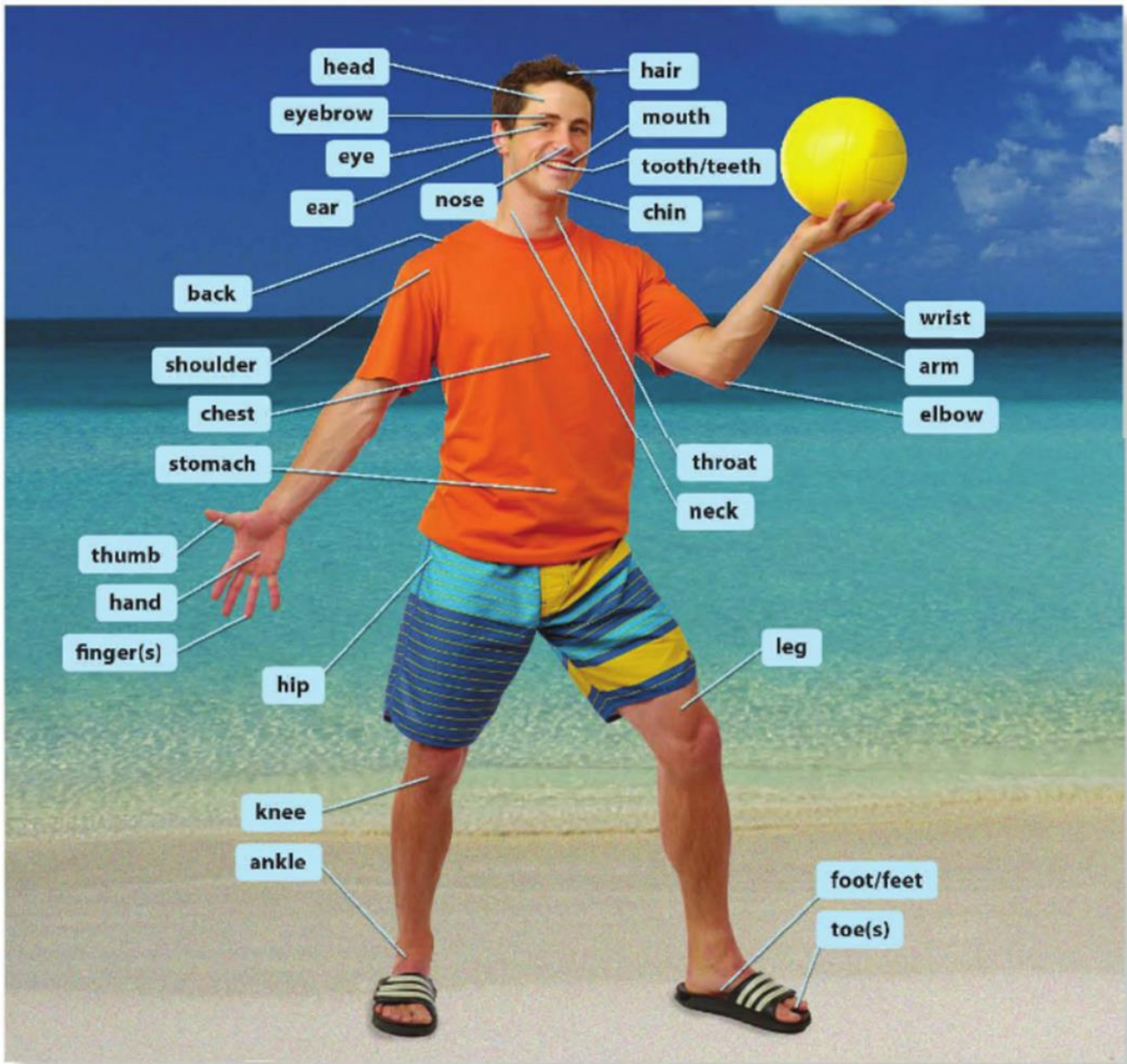
5. _____

6. _____

What's the matter?

1 WORD POWER *Parts of the body*

A  Listen and practice.



B **PAIRWORK** Complete these sentences.

I have one ...

I have two ...

I have ten ...

A: I have one head, one nose, one mouth, one ...

B: And I have two eyes, two ears, two elbows, two ...

2 CONVERSATION *I don't feel well.*

🎧 Listen and practice.

Steve: Hi, Kyle. How's it going?
 Kyle: Oh, hi, Steve. Not so well, actually.
 I don't feel well.
 Steve: What's the matter? Hey, you don't look so good.
 Kyle: I have a stomachache.
 Steve: That's too bad. Do you have the flu?
 Kyle: No, I just feel really sick.
 Steve: Well, do you want anything? A glass of soda?
 Kyle: No, but thanks anyway.
 Steve: Well, I'm going to have some pizza.
 Is that OK?



3 GRAMMAR FOCUS

Have + noun; feel + adjective

What's the matter?

What's wrong?

I have a headache.

I have a backache.

I have the flu.

How are you?

How do you feel?

I feel sick.

I feel better.

I don't feel well.

Negative adjectives

horrible

awful

terrible

miserable

Positive adjectives

fine

great

terrific

fantastic

A 🎧 Listen and practice. "He has a backache."



a backache



an earache



a headache



a stomachache



a toothache



a cold



a cough



a fever



the flu



dry eyes



a sore throat

B CLASS ACTIVITY Imagine you don't feel well today.
 Go around the class. Find out what's wrong with your classmates.

A: How are you today, Jun?

B: I feel terrible. I have a stomachache.

A: I'm sorry to hear that.

B: How do you feel?

useful expressions

That's good.

I'm glad to hear that.

That's too bad.

I'm sorry to hear that.

4 LISTENING *What's wrong?*

A Where do these people hurt? Guess.
Write down the parts of the body.



1. Jeffrey

2. Marta

3. Ben

4. Alison

B Listen to the conversations. Check your guesses.

5 SNAPSHOT

Listen and practice.



Source: Based on information from *Almanac of the American People*

What medications do you have at home?
What are these medications for?

6

CONVERSATION *Don't work too hard.*

🎧 Listen and practice.

Dr. Young: Hello, Ms. West. How are you today?

Ms. West: Not so good.

Dr. Young: What's wrong, exactly?

Ms. West: I'm exhausted!

Dr. Young: Hmm. Why are you so tired?

Ms. West: I don't know. I just can't sleep at night.

Dr. Young: OK. Let's take a look at you.

A few minutes later

Dr. Young: I'm going to give you some pills.

Take one pill every evening after dinner.

Ms. West: OK.

Dr. Young: And don't drink coffee, tea, or soda.

Ms. West: Anything else?

Dr. Young: Yes. Don't work too hard.

Ms. West: All right. Thanks, Dr. Young.



7

LISTENING *Let's take a look.*

🎧

🎧 Listen to Dr. Young talk to four other patients. What does she give them? Check (✓) the correct medications.

	Cough drops	Aspirin	Cold pills	Eyedrops	Nasal spray	Muscle cream
1. Chuck	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Pam	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Joey	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Sandra	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

8

PRONUNCIATION *Sentence intonation*

A 🎧 Listen and practice. Notice the intonation in these sentences.

Take some aspirin.	Don't drink coffee.
Try these eyedrops.	Don't work too hard.
Use some muscle cream.	Don't exercise this week.

B PAIRWORK Practice the conversation in Exercise 6 again. Pay attention to the sentence intonation.

9 GRAMMAR FOCUS

9

Imperatives

Get some rest.	Don't stay up late.
Drink lots of juice.	Don't drink soda.
Take one pill every evening.	Don't work too hard.

Complete these sentences. Use the correct forms of the words in the box.

✓ call	stay	not go	not drink
see	take	✓ not worry	not eat

- | | |
|--|--------------------|
| 1. <u>Call</u> a dentist. | 5. in bed. |
| 2. <u>Don't worry</u> too much. | 6. a doctor. |
| 3. two aspirin. | 7. coffee. |
| 4. to school. | 8. any candy. |

10 GOOD ADVICE?

A Write two pieces of advice for each problem.



1.
.....
2.
.....
3.
.....
4.
.....

B GROUP WORK Act out the problems from part A. Your classmates give advice.

A: I feel awful!
 B: What's the matter?
 A: My feet hurt.
 B: I have an idea. Take a hot bath. And don't ...
 C: Here's another idea ...

11 INTERCHANGE 12 Helpful advice

Give advice for some common problems.

Unit 12



1 Have + noun; feel + adjective



- ▶ For most health problems, use *a/an*: I have **a** cold. I have **an** earache. With *flu*, use *the*: I have **the** flu. (NOT: ~~I have a flu.~~)

Complete the conversation. Use the sentences in the box.

I think I have a fever.
Thanks.
I feel awful, actually.
Yes. I'm going to call my doctor in a few minutes.
Yes, I do. And I have a stomachache, too.
✓ Hi, Chris. How are you?

- A: Hi, Chris. How are you?
B: I'm terrific, thanks. How about you?
A:
B: Oh, no! What's the matter?
A:
B: That's too bad. Do you have a headache?
A:
B: Are you going to see a doctor?
A:
B: Well, feel better soon.
A:



2 Imperatives



- ▶ Use the base form of the verb in affirmative imperatives: **Go** home and **rest**, Pat.
- ▶ Use *don't* + base form of the verb in negative imperatives. The form doesn't change: **Don't go** to school today, Pat.

Read the situations. Give the people advice. Use the phrases in the box.

✓ drink coffee in the afternoon
eat any cold food
exercise today or tomorrow
take an antacid
take two aspirins
work too hard

1. Dan can't sleep at night. Don't drink coffee in the afternoon.
2. Casey has a headache.
3. Kristina works 12 hours a day.
4. Michael has sore muscles.
5. Min-ho has a toothache.
6. Laila has an awful stomachache.

interchange 12 HELPFUL ADVICE

A PAIRWORK Imagine you have these problems. Your partner gives advice.



A: I don't have any energy. . . .

B: Eat a good breakfast every day. Don't . . .

B CLASS ACTIVITY Think of a problem you have. Then tell the class. Your classmates give advice.

A: I don't understand this activity.

B: Read the instructions again.

C: Don't worry! Ask the teacher.

10 Simple Ways to Improve Your Health

What are some ways to improve your health? Don't look at the article.

Believe it or not, you can greatly improve your health in 10 very simple ways.

1 Eat breakfast. Breakfast gives you energy for the morning.

2 Go for a walk. Walking is good exercise, and exercise is necessary for good health.



3 Floss your teeth. Don't just brush them. Flossing keeps your gums healthy.



4 Drink eight glasses of water every day. Water helps your body in many ways.

5 Stretch for five minutes. Stretching is important for your muscles.



6 Get enough calcium. Your bones need it. Dairy foods like yogurt, milk, and cheese have calcium.

7 Do something to challenge your brain. For example, do a crossword puzzle or read a new book.



9 Wear a seat belt. Every year, seat belts save thousands of lives.



10 Protect your skin. Use lots of moisturizer and sunscreen.



Source: Cooking Light® Magazine

A Read the article. Then complete the sentences.

- To get exercise, *go for a walk*.....
- To help your bones,
- To help your muscles,
- To keep your gums healthy,
- To have energy for the morning,
- To challenge your brain,

B GROUP WORK What things in the article do you do regularly? What else do you do for your health? Tell your classmates.

Units 1–2 Progress check

SELF-ASSESSMENT

How well can you do these things? Check (✓) the boxes.

I can	Very well	OK	A little
Ask and answer questions about future plans (Ex. 1, 2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Use future time expressions (Ex. 2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understand conversations about problems (Ex. 3)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Talk about problems (Ex. 4)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ask how people are and give advice (Ex. 4)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

1 HOLIDAY SURVEY

A Complete the questions with names of different holidays.

Are you going to . . . ?	Name
eat special food on
give gifts on
have a party on
play music on
wear special clothes on

B CLASS ACTIVITY Are your classmates going to do the things in part A? Go around the class and find out. Try to write a different person's name on each line.

2 PLANS, PLANS, PLANS

Complete these questions with different time expressions.
Then ask a partner the questions.

- How are you going to get home *tonight* ?
- What time are you going to go to bed ?
- Who's going to be here ?
- Where are you going to go ?
- What are you going to do ?
- Who are you going to eat dinner with ?

3 LISTENING *What's the matter?*

Listen to six conversations. Number the pictures from 1 to 6.



..... This person needs some ketchup.



..... This person has a backache.



..... This person can't dance very well.



.....1..... This person feels sad.



..... This person is going to ride a horse.



..... This person has the flu.

4 THAT'S GREAT ADVICE!

A Write a problem on a piece of paper. Then write advice for the problem on a different piece of paper.

My ankle hurts.

Get some muscle cream.

B CLASS ACTIVITY Put the papers with problems and the papers with advice in two different boxes. Then take a new paper from each box. Go around the class and find the right advice for your problem.

A: I feel terrible.

B: What's the matter?

A: My ankle hurts.

B: I can help. Get some eyedrops.

A: That's terrible advice!

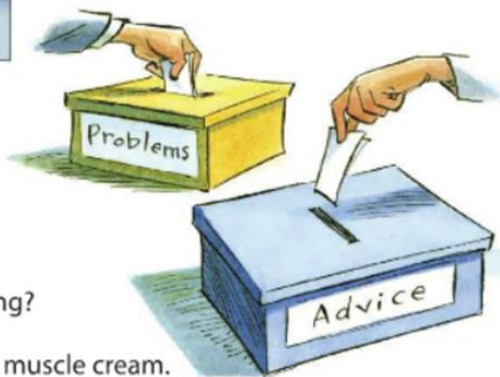
A: I feel awful.

C: Why? What's wrong?

A: My ankle hurts.

C: I know! Get some muscle cream.

A: That's great advice. Thanks!



WHAT'S NEXT?

Look at your Self-assessment again. Do you need to review anything?

WORKBOOK



1

Label the parts of the body. Use the words in the box.

- | | |
|--|-----------------------------------|
| <input type="checkbox"/> arm | <input type="checkbox"/> leg |
| <input type="checkbox"/> ear | <input type="checkbox"/> mouth |
| <input type="checkbox"/> elbow | <input type="checkbox"/> neck |
| <input type="checkbox"/> eye | <input type="checkbox"/> nose |
| <input type="checkbox"/> fingers | <input type="checkbox"/> shoulder |
| <input type="checkbox"/> foot | <input type="checkbox"/> stomach |
| <input checked="" type="checkbox"/> hair | <input type="checkbox"/> teeth |
| <input type="checkbox"/> hand | <input type="checkbox"/> toes |

1. hair

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

2. _____

3. _____

4. _____

5. _____

14. _____

15. _____

6. _____

7. _____

16. _____



2

What's wrong with these people? Write sentences.



1. He has an earache. _____



2. _____



3. _____



4. _____



5. _____



6. _____

Complete the conversations. Use the questions and sentences in the box.

- | | |
|---|--|
| <input type="checkbox"/> I'm glad to hear that. | <input type="checkbox"/> What's wrong? |
| <input type="checkbox"/> How do you feel tonight? | <input type="checkbox"/> Great. See you tomorrow. |
| <input checked="" type="checkbox"/> I'm fine, thanks. How about you? | <input type="checkbox"/> OK. Get some rest. |
| <input type="checkbox"/> That's too bad. Are you going to see a doctor? | <input type="checkbox"/> So, are you going to go to school tomorrow? |

In the afternoon

1. Jason: Hi, Lisa. How are you?
 Lisa: I'm fine, thanks. How about you?
 Jason: Not so good. Actually, I feel really awful.
 Lisa: _____
 Jason: I think I have the flu.
 Lisa: _____
 Jason: No, I'm going to go home now.
 Lisa: _____
 Jason: OK. Thanks.

In the evening

2. Lisa: _____
 Jason: I feel much better.
 Lisa: _____
 Jason: Thanks.
 Lisa: _____
 Jason: Yes, I am.
 Lisa: _____



Om

4 Complete the sentences with the correct medications.

- Her eyes are very tired. She needs some eyedrops.
- Your cough sounds terrible. Buy some _____
or some _____.
- I have a headache, so I'm going to take
some _____.
- My arm is sore. I'm going to put some
_____ on my arm.
- Kristina has a stomachache, so I'm going
to give her some _____.
- Suzie has a terrible cold. She's going to take
some _____.



Om

5 Write each sentence a different way. Use the sentences in the box.

<input type="checkbox"/> My head feels terrible.	<input type="checkbox"/> I'm not happy.
<input type="checkbox"/> I have a stomachache.	<input type="checkbox"/> I'm sorry to hear that.
<input checked="" type="checkbox"/> What's wrong?	<input type="checkbox"/> I'm very tired.
<input type="checkbox"/> I'm glad to hear that.	<input type="checkbox"/> I have a sore throat.

- What's the matter?
What's wrong?
- I feel sad.

- That's too bad.

- My stomach hurts.

- My throat is sore.

- I have a headache.

- That's good.

- I'm exhausted.



6

Give these people advice. Use the phrases in the box.

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> drink some water | <input type="checkbox"/> go to the grocery store | <input type="checkbox"/> have a hot drink | <input type="checkbox"/> stay up late |
| <input type="checkbox"/> go home early | <input type="checkbox"/> lift heavy things | <input type="checkbox"/> go outside | <input checked="" type="checkbox"/> work too hard |



1. Don't work too hard.



2. _____



3. _____



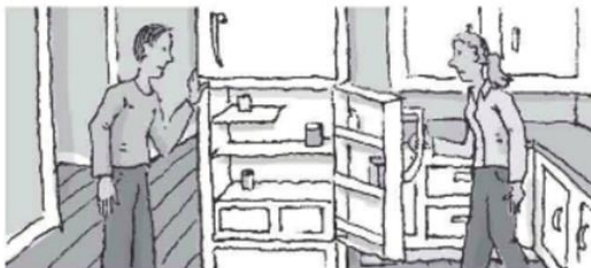
4. _____



5. _____



6. _____



7. _____



8. _____

7**Write two pieces of advice for each problem.**

1. I have a cold. Don't go to school today. Take a cold pill.
2. I have a toothache. _____
3. I have a sore throat. _____
4. I have an earache. _____
5. I have a stomachache. _____
6. I have a backache. _____
7. I have sore eyes. _____
8. I have a fever. _____

8**Health survey****A** How healthy and happy are you? Complete the survey.

How often do you ... ?

	Often	Sometimes	Hardly ever	Never
get a headache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get an earache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get a stomachache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get a cold	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get the flu	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
stay up late	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
feel sleepy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get a fever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B Write four sentences about your health. Use the information from the survey in part A.

Examples:

I hardly ever get a headache, an earache, or a stomachache.I often stay up late on weekends, but I never stay up late on weekdays.


1. _____
2. _____
3. _____
4. _____

Did you have fun?

1 **SNAPSHOT**

🎧 Listen and practice.

Top Eight Things People Hate to Do

1  stand in line	2  do laundry	3  travel to work	4  go to meetings
5  exercise	6  work in the yard	7  clean the house	8  open the mail

Source: Based on information from *The Book of Lists*

Do you hate to do these things?
What other things do you hate to do? Why?

2 **CONVERSATION** *I didn't study!*

🎧 Listen and practice.

Jason: Hi, Amy. Did you have a good weekend?
Amy: Well, I had a busy weekend, so I'm a little tired today.
Jason: Really? Why?
Amy: Well, on Saturday, I exercised in the morning. Then my roommate and I cleaned, did laundry, and shopped. And then I visited my parents.
Jason: So what did you do on Sunday?
Amy: I studied for the test all day.
Jason: Oh, no! Do we have a test today? I didn't study! I just watched TV all weekend!



3 GRAMMAR FOCUS

Simple past statements: regular verbs

I studied on Sunday.	I didn't study on Saturday.
You watched TV.	You didn't watch a movie.
She stayed home.	She didn't stay out.
We shopped for groceries.	We didn't shop for clothes.
They exercised on Saturday.	They didn't exercise on Sunday.

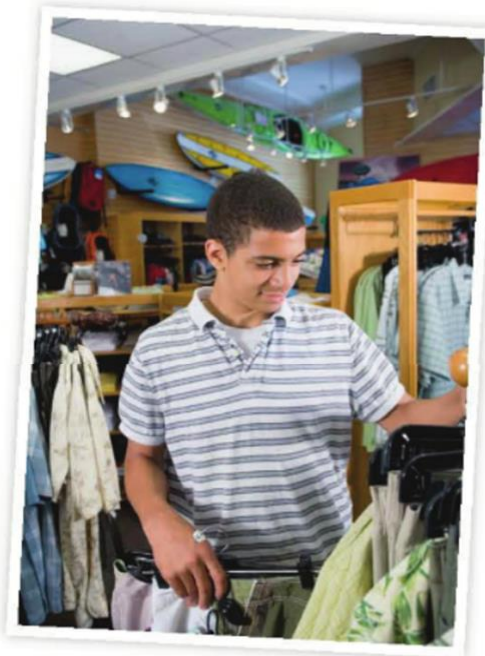
didn't = did not

Spelling

stay	→	stayed
watch	→	watched
exercise	→	exercised
study	→	studied
shop	→	shopped

A Tim is talking about his weekend. Complete the sentences. Then compare with a partner.

On Friday night, Iwaited..... (wait) for a phone call, but my girlfrienddidn't call..... (not call). I just (stay) home and (watch) TV. On Saturday, I (visit) my friend Frank. We (talk) and (listen) to music. In the evening, he (invite) some friends over, and we (cook) a great meal. I (not work) very hard on Sunday. I (not study) at all. I just (walk) to the mall and (shop).



B Complete the sentences. Use your own information. Then compare with a partner.

1. Yesterday, I (watch) TV.
2. Last night, I (stay) home.
3. Last week, I (clean) the house.
4. Last month, I (shop) for clothes.
5. Last year, I (visit) a different country.

4 PRONUNCIATION Simple past -ed endings

A Listen and practice. Notice the pronunciation of -ed.

/t/	/d/	/ɪd/
worked	cleaned	invited
watched	stayed	visited
.....
.....

B Listen and write these verbs under the correct sounds.

cooked exercised listened needed shopped waited

5 GRAMMAR FOCUS

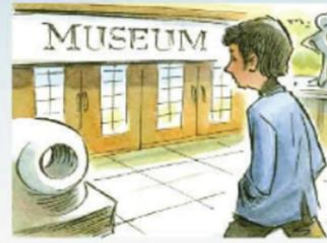
Simple past statements: irregular verbs



I **did** my homework.
I **didn't do** laundry.



You **got up** at noon.
You **didn't get up** at 10:00.



He **went** to the museum.
He **didn't go** to the library.



We **met** our classmates.
We **didn't meet** our teacher.



You **came** home late.
You **didn't come** home early.



They **had** a picnic.
They **didn't have** a party.

A Complete the chart. Then listen and check.

Present	Past	Present	Past	Present	Past
..... <i>buy</i>	bought	made	saw
.....	ate	read /rɛd/	sat
.....	felt	rode	took

B PAIR WORK Did you do the things in the pictures yesterday? Tell your partner.

"Yesterday, I did my homework. And I did laundry. . ."

6 LAST WEEKEND

A Write five things you did and five things you didn't do last weekend.

B GROUP WORK Tell your classmates about your weekend.

A: I saw a movie last weekend.

B: I didn't see a movie. But I watched TV.

C: I watched TV, too! I saw . . .

Things I did

I saw a movie.

I studied.

I . . .

Things I didn't do

I didn't exercise.

I didn't buy clothes.

I didn't . . .

7 CONVERSATION *Did you like it?*

🎧 Listen and practice.

Laura: So, did you go anywhere last summer, Erica?
 Erica: Yes, I did. My sister and I went to Arizona.
 We saw the Grand Canyon.
 Laura: Really? Did you like it?
 Erica: Oh, yes. We loved it!
 Laura: Did you go hiking?
 Erica: No, we didn't. Actually, we rode horses.
 And one day we went white-water rafting
 on the Colorado River!
 Laura: Wow! Did you have fun?
 Erica: Yes, I did. But my sister didn't like the
 rafting very much.



8 GRAMMAR FOCUS

Simple past yes/no questions

Did you **have** a good summer?

Yes, I **did**. I **had** a great summer.

Did you **ride** a bicycle?

No, I **didn't**. I **rode** a horse.

Did Erica **like** her vacation?

Yes, she **did**. She **liked** it a lot.

Did Erica and her sister **go** to Colorado?

No, they **didn't**. They **went** to Arizona.

🗣️ **A** Complete the conversations. Then practice with a partner.

- A: *Did* you *have* (have) a good summer?
 B: Yes, I I (have) a great summer.
 I (go) to the beach a lot.
- A: you (go) anywhere last summer?
 B: No, I I (stay) here. I (get)
 a part-time job, so I (make) some extra money.
- A: you (take) any classes last summer?
 B: Yes, I I (take) tennis lessons, and
 I (play) tennis every day!
- A: you (speak) English last summer?
 B: No, I But I (read) English books
 and I (watch) English movies.



B PAIRWORK Ask the questions from part A.
 Answer with your own information.

A: Did you have a good summer?
 B: Yes, I did. I went swimming every day.



1 Simple past statements: regular verbs and irregular verbs

- ▶ Use simple past verbs to talk about the past. Regular verbs end in *-ed*: I **watched** TV last night. For verbs ending in *-e*, add *-d*: *live* → *lived*. For verbs ending in vowel + consonant, double the consonant and add *-ed*: *shop* → *shopped*.
- ▶ Use *didn't* + base form in negative statements. The form doesn't change: He **didn't shop** for groceries yesterday. (NOT: He ~~didn't shopped~~ for groceries yesterday.)

Daniela wrote an email to a friend. Complete the sentences with the simple past form of the verbs in parentheses.

Hi!

I *didn't do* (not do) anything special this weekend, but I (have) a lot of fun. I (not go) out on Friday night. I (stay) home. I (clean) my room and (do) laundry. I (help) my sister with her homework, and then we (watch) TV. On Saturday, my friend Taylor (come) over. She (need) some new shoes, so we (take) the bus downtown to Harry's Shoe Store. We (shop) for a long time, but Taylor (not like) any of the shoes at Harry's. She (buy) some purple socks, but she (not buy) any shoes. On our way back to my house, we (stop) at the gym and (exercise). We (not exercise) very hard. I (invite) Taylor for dinner, and my dad (cook) hamburgers in the yard. After dinner, Taylor and I (talk) and (play) video games. She (not stay) very late – Mom (drive) her home at around ten. On Sunday, my whole family (visit) my mother's best friend and her family. They have a swimming pool, so my sister and I (go) swimming all afternoon.

Tell me about your weekend!



2 Simple past yes/no questions

- ▶ Use *did* + base form in questions. The form doesn't change: **Did** you **have** fun yesterday? (NOT: ~~Did you had fun yesterday?~~)

Complete the conversation. Use the simple past form of the verbs in parentheses.

A: *Did* you *enjoy* (enjoy) your vacation?

B: Yes, I My brother and I (have) a great time.

A: you (take) a lot of pictures?

B: No, we But we (buy) a lot of postcards.

A: That's good. you (see) a lot of interesting things?

B: Yes, we And we (eat) a lot of new foods.

A: How about you? you (have) a good summer?

B: Well, I (not go) anywhere, but I (read) a lot of good books and (see) some great movies.

9 LISTENING *I didn't go anywhere.*

▶ Listen to Andy, Gail, Patrick, and Fran. What did they do last summer? Check (✓) the correct answers.

- | | | | |
|------------|---|--|--|
| 1. Andy | <input type="checkbox"/> stayed home | <input type="checkbox"/> visited his brother | <input type="checkbox"/> went to the beach |
| 2. Gail | <input type="checkbox"/> saw movies | <input type="checkbox"/> read books | <input type="checkbox"/> watched TV |
| 3. Patrick | <input type="checkbox"/> went bike riding | <input type="checkbox"/> went swimming | <input type="checkbox"/> played tennis |
| 4. Fran | <input type="checkbox"/> worked in the yard | <input type="checkbox"/> got a job | <input type="checkbox"/> painted the house |

10 WORD POWER *Summer activities*

A ▶ Find two words from the list that go with each verb in the chart. Then listen and check.

- | | |
|--------------|-------------|
| camping | old friends |
| a class | a picnic |
| fun | softball |
| ✓ a job | swimming |
| ✓ a new bike | a trip |
| new people | volleyball |

get	<u>a job</u>	<u>a new bike</u>
go
have
meet
play
take

B PAIRWORK Check (✓) six things to ask your partner. Then ask and answer questions.

Did you . . . last summer?

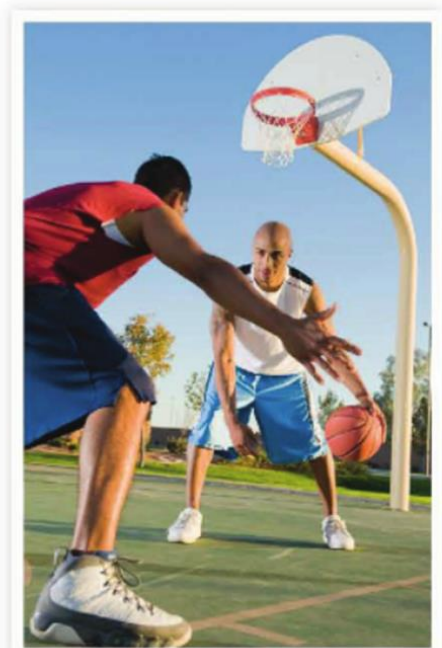
- | | |
|--|---|
| <input type="checkbox"/> play any sports | <input type="checkbox"/> play any games |
| <input type="checkbox"/> buy anything interesting | <input type="checkbox"/> read any books |
| <input type="checkbox"/> eat any new foods | <input type="checkbox"/> see any movies |
| <input type="checkbox"/> meet any interesting people | <input type="checkbox"/> take any trips |
| <input type="checkbox"/> go anywhere interesting | <input type="checkbox"/> take any classes |
| <input type="checkbox"/> get a job | <input type="checkbox"/> have fun |

A: Did you play any sports last summer?

B: Yes, I did. My friends and I played basketball a lot. We . . .

C CLASS ACTIVITY Tell the class about your partner's summer.

"Last summer, Maria went camping with her friend Lucia. They had a lot of fun."



11 INTERCHANGE 14 *Past and present*

Are you different now from when you were a child?

interchange 14 PAST AND PRESENT

A PAIR WORK Ask your partner questions about his or her past and present. Check (✓) the answers.

A: Did you argue with your friends as a child?
B: Yes, I did. OR No, I didn't.

A: Do you argue with your friends now?
B: Yes, I do. OR No, I don't.

Did you ... as a child? Do you ... now?

	As a child		Now	
	Yes	No	Yes	No
argue with your friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
clean your room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
make your bed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
get up early	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
sleep late on Saturdays	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
have a computer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
listen to rock music	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
play a musical instrument	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
play a sport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ride a bicycle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
wear glasses	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
wear braces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



wear braces



argue with your friends



make your bed



play a musical instrument

B GROUP WORK Join another pair. Tell them about changes in your partner's life.

"Hee-jin argued with her friends as a child, but she doesn't argue with her friends now."

? ? ?

Did you have a good weekend?

Scan the chat room posts. Who had a terrible weekend? Who enjoyed the weekend? Who learned a lot? Who had a busy weekend?



Karen 12:45

I had a great weekend. I went to my best friend Mariela's wedding. She got married in her parents' garden. She wore a fantastic dress! Her parents served a nice meal after the ceremony. I'm really happy for her. And her new husband is really nice!



Pete 1:19

I didn't go outside all weekend. I had so much work to do! On Saturday, I studied all day. On Sunday, I did the dishes, cleaned my apartment, and did laundry. Sunday night, I watched a DVD for my history class. My weekend wasn't relaxing at all!



Lacey 2:02

I had an interesting weekend. I went camping for the first time. My friends and I drove to the campsite on Saturday. First, we put up the tent. Then we built a fire, cooked dinner, and told stories. On Sunday, we went fishing. I didn't really like camping, but I learned a lot.



Jonathan 4:57

I went to a rock concert with some friends. I had an awful time! It took three hours to drive there. I didn't like the band at all. Then on our way home, the car broke down! My parents came and got us. I finally got home at six in the morning. I'm so tired!

A Read the chat room posts. Then correct these sentences.

1. Karen got married. *...Karen's best friend got married.*
2. After the wedding, everyone went out to eat.
3. Pete studied all day on Sunday.
4. He watched TV Sunday night.
5. Lacey went camping for the third time.
6. Lacey liked camping a lot.
7. Jonathan went to a rock concert with his parents.
8. It took three hours to get home after the concert.

B GROUP WORK Do you have a story about an interesting weekend? Write four sentences about it. Then tell your classmates.

WORKBOOK

1

Last Saturday



A What did these people do last Saturday? Write sentences.



pay bills



vacuum



wash clothes



exercise



dust



work in the yard



shop for groceries



cook

1. She paid bills.
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

B What did you do last Saturday? Write three sentences.

1. _____
2. _____
3. _____

Ben is writing his blog. Complete the sentences. Use the simple past form of the verbs in parentheses.

[Sign In](#)

Just Another Day

Friday, April 7

Fun with friends

What a great day! This afternoon, I invited (invite) some friends over after school. We _____ (stop) at the video arcade, but we _____ (not stay) long. We _____ (play) basketball and _____ (listen) to music. Mom _____ (cook) some hamburgers for dinner. After dinner, we _____ (watch) TV.

Posted by Ben at 9:27 P.M. 2 comments

Saturday, April 8

Party time

This morning, Kelly _____ (call). She _____ (invite) me to her sister's birthday party. I _____ (need) a present for the party, so I _____ (walk) to the mall. The party _____ (start) at 7:00 and _____ (end) at 10:00. Kelly and I _____ (dance) and _____ (talk) all evening. She's really cool.

Posted by Ben at 10:15 P.M. 5 comments

Sunday, April 9

Helping at home

I _____ (study) this morning. In the afternoon, Mom, Dad, and I _____ (shop) for some clothes for me. Then I _____ (help) Mom with dinner. After dinner, I _____ (clean) my room. In the evening, I _____ (call) Kelly, but we _____ (not talk) very long. Time for bed!

Posted by Ben at 11:01 P.M. 3 comments

About me

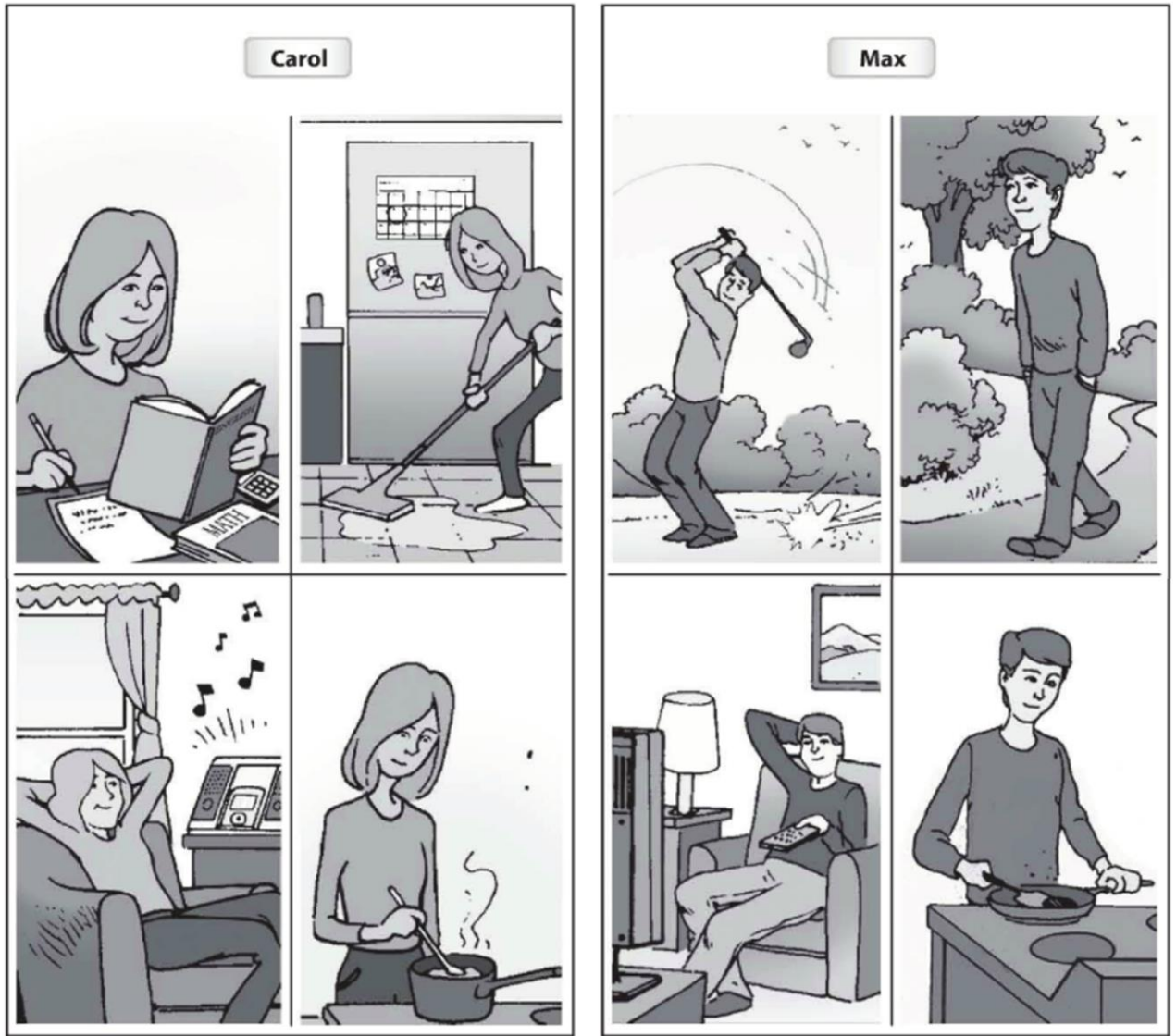


Ben
Boston,
Massachusetts,
U.S.

Blog Archive

- ▶ March
- ▶ February
- ▶ January
- ▶ December
- ▶ November
- ▶ October
- ▶ September
- ▶ August

3 Carol and Max did different things last weekend. Write sentences about them.



- 1. study Carol studied. Max didn't study.
- 2. clean the kitchen _____
- 3. play golf _____
- 4. cook _____
- 5. listen to music _____
- 6. walk in the park _____
- 7. watch TV _____

Complete the chart.

Present	Past	Present	Past
buy	<u>bought</u>	go	_____
come	_____	have	_____
do	_____	read	_____
_____	ate	_____	rode
feel	_____	_____	saw
_____	got up	sit	_____

Complete the conversation. Use the simple past forms of the verbs in parentheses.

Kevin: So, Megan, did you have (have) a good summer?

Megan: Well, I _____ (have) an interesting summer. My sister and her family _____ (visit) for two weeks.

Kevin: That's nice.

Megan: Yes and no. My sister _____ (not feel) well, so she _____ (sit) on the sofa and _____ (watch) TV.

She hardly ever _____ (get up).

Kevin: Oh, well. _____ her husband and kids _____ (have) a good time?

Megan: I think so. They _____ (play) volleyball and _____ (ride) their bikes every day.

Kevin: _____ you _____ (go out) to any restaurants?

Megan: No, I _____ (cook) breakfast, lunch, and dinner every day. They _____ (eat) a lot of food, but they _____ (not wash) any dishes.

Kevin: That's too bad. _____ you _____ (relax) at all last summer?

Megan: Yes. My sister and her family finally _____ (go) home, and then I _____ (relax). I just _____ (read) some books and _____ (see) some movies.



Unscramble the questions about last summer. Then answer with your own information.



Last summer, ... ?

1. go interesting anywhere you did

A: Did you go anywhere interesting?

B: Yes, I did. I went to Hawaii. / No, I didn't. I just stayed home.

2. any take did you pictures

A: _____

B: _____

3. buy you did anything interesting

A: _____

B: _____

4. did eat you foods any new

A: _____

B: _____

5. games did you any play

A: _____

B: _____

6. you did sports play any

A: _____

B: _____

7. you did interesting meet any people

A: _____

B: _____

8. did any books you read good

A: _____

B: _____

9. any see you did movies good

A: _____

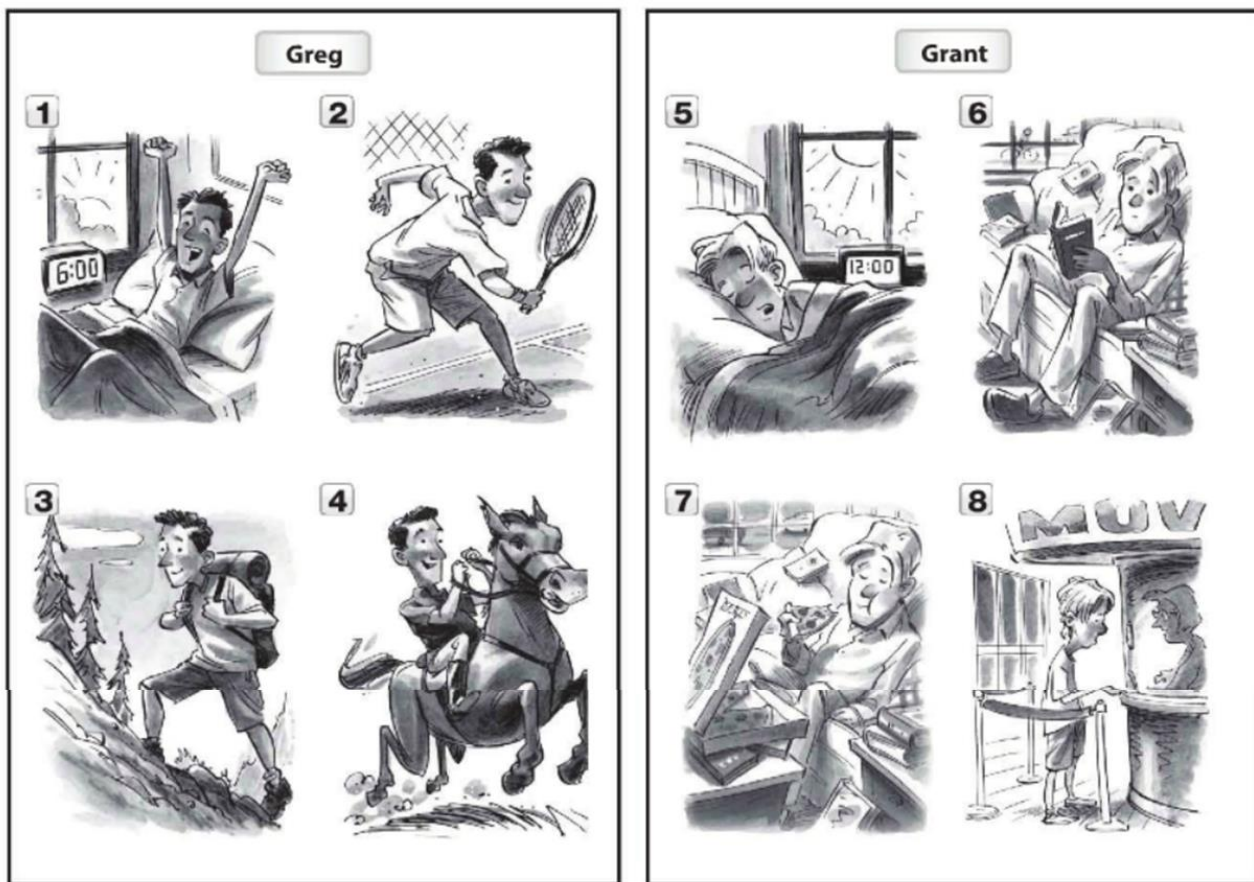
B: _____

7

Summer activities



A Greg and Grant did different activities last summer. Write sentences about them.



1. Greg got up early every day.
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

B Write sentences about your activities last summer.

1. _____
2. _____
3. _____
4. _____

Where did you grow up?

1 SNAPSHOT

🎧 Listen and practice.

Where Were These People Born?

1. _____ 2. _____ 3. _____ 4. _____ 5. _____



Takashi Murakami, artist **Shakira, singer** **Christian Bale, actor** **Marion Cotillard, actress** **Jon Stewart, TV host**

a. the U.S.
b. Colombia
c. France
d. the U.K.
e. Japan

Answers: 1.e, 2.b, 3.d, 4.c, 5.a

Source: www.biography.com

Match the people with the countries. Then check your answers at the bottom of the Snapshot. What famous people were born in your country? What do they do?

2 CONVERSATION I was born in South Korea.

🎧 Listen and practice.

Chuck: Where were you born, Melissa?
Melissa: I was born in South Korea.
Chuck: Oh! So you weren't born in the U.S.
Melissa: No, I came here in 2005.
Chuck: Hmm. You were pretty young.
Melissa: Yeah, I was only seventeen.
Chuck: Did you go to college right away?
Melissa: No, my English wasn't very good, so I took English classes for two years first.
Chuck: Well, your English is really good now.
Melissa: Thanks. Your English is pretty good, too.
Chuck: I hope so! I was born here.



3 GRAMMAR FOCUS

Past of be

I **was** born here. I **wasn't** born in the U.K.
 You **were** pretty young. You **weren't** very old.
 She **was** seventeen. She **wasn't** in college.
 We **were** at the hair salon. We **weren't** at the café.
 They **were** born in Chile. They **weren't** born in Peru.

wasn't = was not

weren't = were not

Were you in class yesterday?

Yes, I **was**. / No, I **wasn't**.

Was your first teacher American?

Yes, she **was**. / No, she **wasn't**.

Were your parents born in the U.S.?

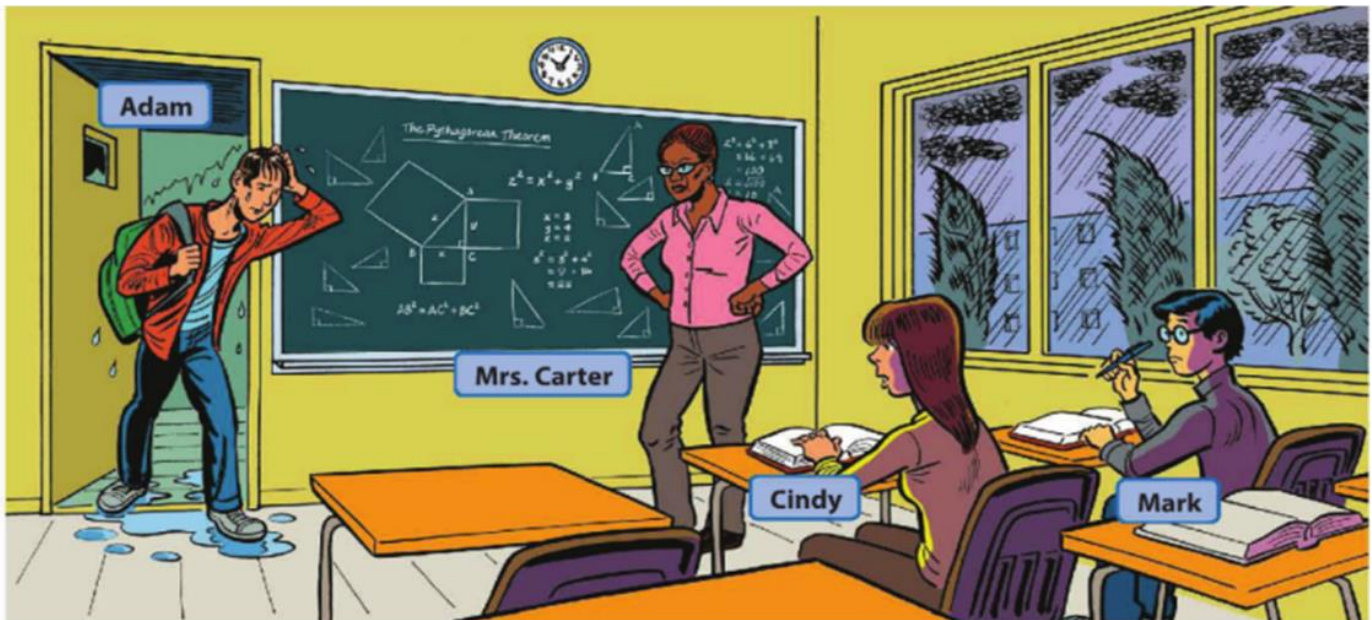
Yes, they **were**. / No, they **weren't**.

A Melissa is talking about her family. Choose the correct verb forms. Then compare with a partner.

My family and I*were*..... (was / were) all born in South Korea – we (wasn't / weren't) born in the U.S. I (was / were) born in the city of Incheon, and my brother (was / were) born there, too. My parents (wasn't / weren't) born in Incheon. They (was / were) born in the capital, Seoul. In South Korea, my father (was / were) a businessman and my mother (was / were) a teacher.

B PAIRWORK Look at the picture below. Ask and answer these questions.


1. Was Adam on time for class yesterday?
2. Was it English class?
3. Was it a sunny day?
4. Was it 10:00?
5. Was Mrs. Carter very angry?
6. Were Cindy and Mark late to class?
7. Were they at the board?
8. Were the windows open?



A: Was Adam on time for class yesterday?
 B: No, he wasn't. He was late. Was it English class?

4

PRONUNCIATION *Negative contractions*

A  Listen and practice.

one syllable

two syllables

aren't	don't	isn't	doesn't
weren't	can't	wasn't	didn't



B  Listen and practice.

He **didn't** eat dinner because he **wasn't** hungry.
 I **don't** like coffee, and she **doesn't** like tea.
 This **isn't** my swimsuit. I **can't** swim.
 They **weren't** here yesterday, and they **aren't** here today.

C Write four sentences with negative contractions.
 Then read them to a partner.

I didn't go because my friends weren't there.

5

CONVERSATION *I grew up in Texas.*

 Listen and practice.

Melissa: So, Chuck, where did you grow up?

Chuck: I grew up in Texas.

Melissa: Were you born there?

Chuck: Yeah. I was born in Dallas.

Melissa: And when did you come to Los Angeles?

Chuck: In 2000.

Melissa: How old were you then?

Chuck: I was eighteen. I went to college here.

Melissa: Oh. What was your major?

Chuck: Drama. I was an actor for five years after college.

Melissa: Really? Why did you become a hairstylist?

Chuck: Because I needed the money. And I love it. So, what do you think?

Melissa: Well, uh ...



6

GRAMMAR FOCUS

Wh-questions with did, was, and were

Where **did** you **grow up**?
 What **did** your father **do** there?
 When **did** you **come** to Los Angeles?
 Why **did** you **become** a hairstylist?

Where **were** you **born**?
 When **were** you **born**?
 How old **were** you in 2000?
 What **was** your major in college?

I **grew up** in Texas.
 He **worked** in a bank.
 I **came** to Los Angeles in 2000.
 Because I **needed** the money.
 I **was born** in Dallas.
 I **was born** in 1982.
 I **was** eighteen.
 Drama. I **was** an actor for five years.

A Match the questions with the answers. Then compare with a partner.

- | | |
|---|------------------------------------|
| 1. Where were you born?&..... | a. Her name was Yumiko. |
| 2. Where did you grow up? | b. She was really friendly. |
| 3. How was your first day of school? | c. I wanted to improve my English. |
| 4. Who was your first friend in school? | d. I grew up in Tokyo. |
| 5. What was he/she like? | e. In Hiroshima, Japan. |
| 6. Why did you take this class? | f. It was a little scary. |

B PAIR WORK Ask and answer the questions in part A. Use your own information.

C GROUP WORK Ask the questions. Use a year in your answers.

- When were you born?
- When was your father born?
- When was your mother born?
- When did you turn 13?
- When did you start high school?
- When did you begin to study English?

saying years

1906 = nineteen oh six
 1986 = nineteen eighty-six
 2000 = two thousand
 2001 = two thousand (and) one
 2010 = two thousand (and) ten
 OR twenty-ten

7

LISTENING When was she born?

A Listen. When were these people born? Complete the first column of the chart.

	When were you born?	Where did you grow up?
1. Jill
2. Roger
3. Bianca
4. Ahmed

B Listen again. Where did these people grow up? Complete the second column of the chart.



1 Past of *be*

▶ Present		Past
am/is	→	was
are	→	were

Complete the conversations with *was*, *wasn't*, *were*, or *weren't*.

- A:*Were*..... you here yesterday?
 B: No, I I home in bed.
 A: Oh, you sick?
 B: No. I just really tired.
- A: Where you born?
 B: I born here in New York.
 A: Really? What about your parents? they born here, too?
 B: No, they They born in Brazil – in Salvador.
- A: Where Yusef last week? he on vacation?
 B: Yes, he He and his best friend in Spain. They
 in Barcelona.
 A: it a good trip?
 B: Yes, it was. Yusef said it a terrific trip!



2 Wh-questions with *did*, *was*, and *were*



- ▶ Don't use *did* with the past of *be*: Where **were** you last Tuesday? (NOT: ~~Where did you were last Tuesday?~~) Use *did* in simple past questions with other verbs: Where **did** you **go** last Tuesday?
- ▶ *Because* answers the question *Why*?

Complete the questions. Use the words in the box.

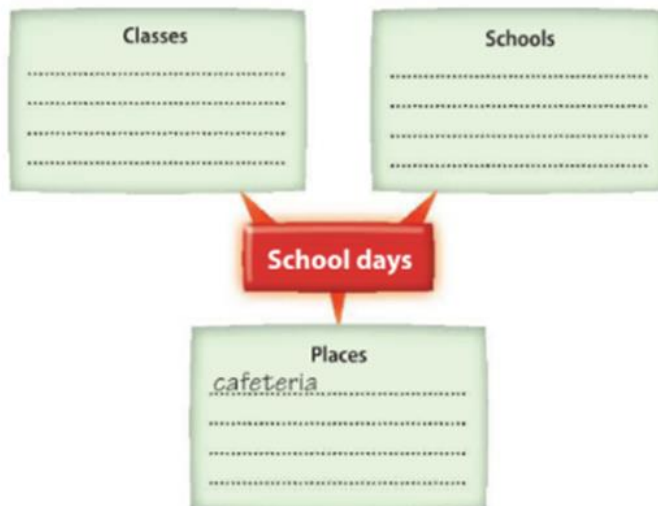
✓ how	what	where	why
how old	when	who	

- A:*How*..... was your childhood?
 B: I had a fantastic childhood!
- A: did you grow up?
 B: I grew up in Dallas, Texas.
- A: were you when you started school?
 B: I think I was five.
- A: did you leave home?
 B: In 2008.
- A: was your best friend in high school?

8 WORD POWER

A Complete the word map with words from the list. Then listen and check.

- ✓ cafeteria
- classroom
- college
- computer lab
- elementary school
- high school
- history
- junior high school
- library
- math
- physical education
- science



B PAIR WORK Find out about your partner's elementary, junior high, or high school days. Ask these questions. Then tell the class.

What classes did you take?
 What was your favorite class? Why?
 What classes didn't you like? Why not?
 Who was your best friend?

Who was your favorite teacher? Why?
 Where did you spend your free time? Why?
 What was a typical day of school like?
 What didn't you like about school?

"In elementary school, Dan spent his free time in the library because he liked to read. . ."

9 WHAT DO YOU REMEMBER?

A GROUP WORK How often does this English class meet? What do you remember from your last class? Ask and answer these questions.

1. Who was in class? Who wasn't there?
2. Were you early, late, or on time?
3. Where did you sit?
4. What did you talk about?
5. What did you learn about your classmates?
6. What words did you learn?
7. Did you have any homework?
8. What did you do after class?



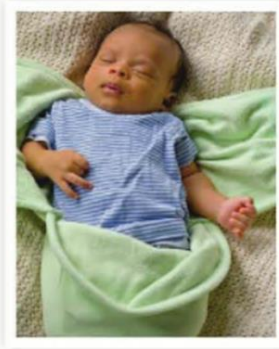
B CLASS ACTIVITY What does your group remember? Tell the class.

10 INTERCHANGE 15 Life events

Make a time line of your life.

interchange 15 LIFE EVENTS 

A What were five important events in your life? Mark the years and events on the time line. Then write a sentence about each one.



I was born ...



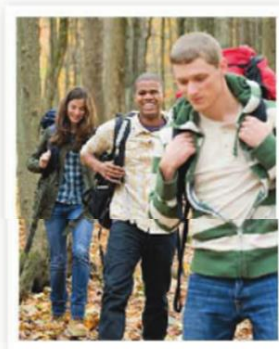
I started elementary school ...



I won an award ...



I opened a bank account ...



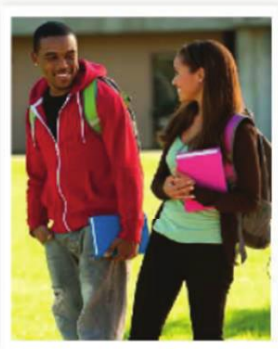
I traveled with friends ...



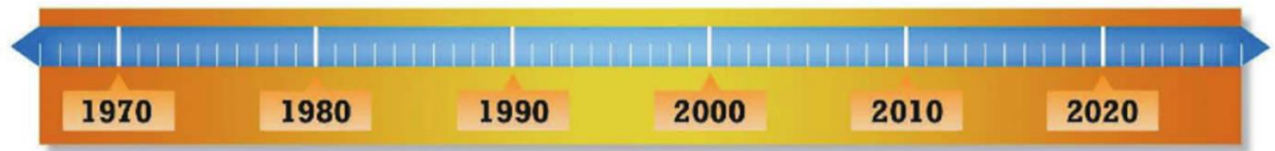
I graduated from high school ...



I moved to a new place ...



I started college ...



1. *I was born in 1992.*
2.
3.
4.
5.

B PAIRWORK Ask your partner about his or her time line.

A: What happened in 2003?

B: I moved to a new place.

A: How old were you?

B: I was twelve.

Turning Pain to Gain

Scan the article. Why does Mackenzie read all the time?

Seven years ago, Mackenzie Bearup hurt her knee. She was just ten years old. A week later, the pain was still there. The pain didn't stop. Then she found out about a disease called RSD. This disease tells the brain her knee is still injured, even though it isn't. There is no cure for the pain. Her knee feels terrible all the time.

Sometimes, Mackenzie felt so awful that she stayed in bed for months. It was very difficult to walk. Her doctors tried everything: medicine, exercise, and other treatments. Nothing worked . . . except books.

Mackenzie read lots of books. The books helped her stop thinking about the pain. And she decided to help other children forget their pain, too.

She found out about a treatment center for children nearby. The center had a new library, but no books. She asked all her friends and her parents' friends to give books. Then she put ads in newspapers and made a website.

Mackenzie's goal was to give 300 books to the library. But she soon had 3,000 books, and more were on the way! Today, that number is more than 40,000. She started an organization. Sheltering Books now helps children in many states in the U.S.



Mackenzie's knee still hurts all the time. But she feels better because she's helping other kids with their pain.

A Read the article. Then write a question for each answer.

- | | |
|--|---|
| 1. <u>When did Mackenzie hurt her knee</u> ? | Seven years ago. |
| 2. ? | She felt terrible. |
| 3. ? | Medicine, exercise, and other treatments. |
| 4. ? | They helped her forget her pain. |
| 5. ? | She asked her family and friends. |
| 6. ? | To give 300 books. |

B Number these events in Mackenzie's life from 1 (first) to 7 (last).

- | | |
|---------------------------------------|--|
| a. She made a website. | e. She discovered books helped her pain. |
| b. She found out about RSD. | f. She asked her friends for books. |
|1..... c. She hurt her knee. | g. She tried lots of different treatments. |
| d. She started an organization. | |

C GROUP WORK Why do you think books help people with pain? Can you think of other things that could help? Tell your classmates.

WORKBOOK

1

1

Complete the conversation. Use the sentences in the box.



- | | |
|--|--|
| <input type="checkbox"/> I was sixteen. | <input type="checkbox"/> No, it wasn't. I loved it. |
| <input checked="" type="checkbox"/> No, I wasn't. I was born in the Caribbean. | <input type="checkbox"/> No, I'm from the Dominican Republic. |
| <input type="checkbox"/> I came here to study English. | <input type="checkbox"/> I moved here in 2007. |
| <input type="checkbox"/> I was born in Santo Domingo. | <input type="checkbox"/> Yes, they were. We were all born there. |

Melissa: Were you born here in the U.S., Luis?

Luis: No, I wasn't. I was born in the Caribbean.

Melissa: Oh, were you born in Cuba?

Luis: _____

Melissa: Really? What city were you born in?

Luis: _____

Melissa: Were your parents born in Santo Domingo, too?

Luis: _____

Melissa: And why did you come to the U.S.?

Luis: _____

Melissa: So when did you move here?

Luis: _____

Melissa: Really? How old were you then?

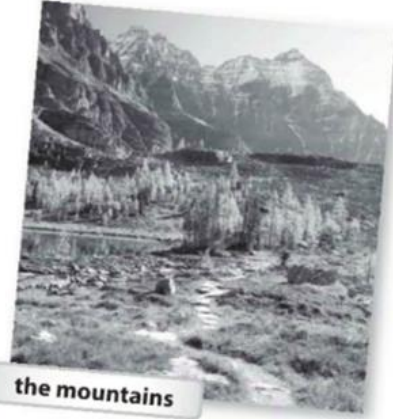
Luis: _____

Melissa: Was it scary?

Luis: _____

2 Complete these conversations with was, wasn't, were, or weren't.

1. Peter: I called you on Saturday, but you weren't home.
 David: No, I _____ . I _____ in the mountains all weekend.
 Peter: That's nice. How _____ the weather there?
 David: It _____ beautiful.
 Peter: _____ your parents there?
 David: No, they _____ . I _____ alone.
 It _____ great!



the mountains



Chicago

2. Sue: _____ you born in the U.S., Pat?
 Pat: Yes, I _____ . My brother and I _____ born here in New York.
 Sue: I _____ born here, too. What about your parents? _____ they born here?
 Pat: Well, my father _____ . He _____ born in China, but my mother _____ born in the U.S. – in Chicago.
 Sue: Chicago? Really? My parents _____ born in Chicago, too!



Nice

3. Nancy: _____ you in college last year, Chuck?
 Chuck: No, I _____ . I graduated from college two years ago.
 Nancy: So where _____ you last year?
 Chuck: I _____ in France.
 Nancy: Oh! _____ you in Paris?
 Chuck: No, I _____ . I _____ in Nice. I had a job there.
 Nancy: What _____ the job?
 Chuck: I _____ a front desk clerk at a hotel.

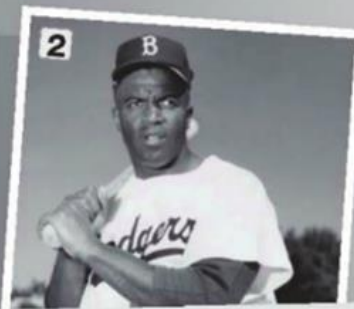


3

Write four sentences about each person.



1
Frida Kahlo, painter
 1907–1954
 ▶ born in Mexico
 ▶ married painter Diego Rivera, 1929



2
Jackie Robinson, baseball player
 1919–1972
 ▶ born in the U.S.
 ▶ was the first African American to play modern major league baseball, 1947



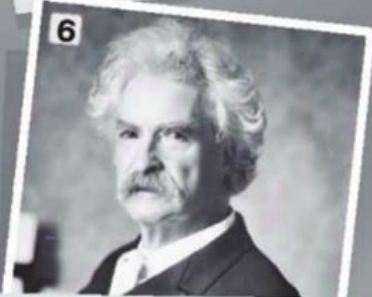
3
Audrey Hepburn, actress
 1929–1993
 ▶ born in Belgium
 ▶ was in the movie *Breakfast at Tiffany's*, 1961



4
Bruce Lee, actor
 1940–1973
 ▶ born in the U.S.
 ▶ was in the movie *Enter the Dragon*, 1973



5
Coco Chanel, fashion designer
 1883–1971
 ▶ born in France
 ▶ opened her first shop in Paris, 1909



6
Mark Twain, writer
 1835–1910
 ▶ born in the U.S.
 ▶ wrote *The Adventures of Huckleberry Finn*, 1885

1. Frida Kahlo was a painter. She was born in 1907 in Mexico.
She married painter Diego Rivera in 1929. She died in 1954.
2. _____

3. _____

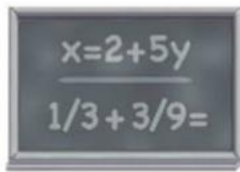
4. _____

5. _____

6. _____

4

Do you think these classes are easy, difficult, interesting, or boring? Complete the chart. Then add one more class to each column.



math



science



drama



computer lab



art



history



geography



physical education

Easy	Difficult	Interesting	Boring
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

5

Complete these questions. Use the words in the box.

How How old What When Where Who Why

- A: What was your favorite subject in high school?
B: It was math.
- A: _____ was your favorite teacher?
B: My math teacher, Mrs. Stone.
- A: _____ did you graduate from high school?
B: In 2006.
- A: _____ did you go to college?
B: I went to Boston University.
- A: _____ did you study geography?
B: Because I wanted to travel!
- A: _____ were your professors in college?
B: They were great.
- A: _____ were you when you graduated?
B: I was 22 years old.

Unscramble the questions about your elementary school days. Then answer with your own information.



1. was your of school how first day

A: How was your first day of school?

B: _____

2. your was teacher who favorite

A: _____

B: _____

3. favorite was your what class

A: _____

B: _____

4. your who best were friends

A: _____

B: _____

5. spend did your where you free time

A: _____

B: _____

6. finish did when you elementary school

A: _____

B: _____

IRREGULAR VERBS

base form	Simple past	past participle
be	was/were	been
become	became	become
begin	began	begun
bite	bit	bit/ bitten
bleed	bled	bled
break	broke	broken
bring	brought	brought
build	built	built
burn	burned/burnt	burned / burnt
buy	bought	bought
catch	caught	caught
choose	chose	chosen
come	came	come
cost	cost	cost
cut	cut	cut
do	did	done
draw	drew	drawn
dream	dreamed/dreamt	dreamed / dreamt
drink	drank	drunk
drive	drove	driven
eat	ate	eaten
fall	fell	fallen
feed	fed	fed
feel	felt	felt
fight	fought	fought
find	found	found
fit	fit	fit
flee	fled	filed
fly	flew	flown
forbid	forbade	forbidden
forget	forgot	forgotten
get	got	gotten
give	gave	given
go	went	gone
grow	grew	grown
have	had	had
hear	heard	heard
hit	hit	hit
hold	held	held
hurt	hurt	hurt
keep	kept	kept
know	knew	known
leave	left	left

base form	simple past	past participle
lend	lent	lent
let	let	let
lose	lost	lost
make	made	made
mean	meant	meant
meet	met	met
pay	paid	paid
put	put	put
quit	quit	quit
read / rid/	read / red/	read / red/
ride	rode	ridden
ring	rang	rung
rise	rose	risen
run	ran	run
say	said	said
see	saw	seen
sell	sold	sold
send	sent	sent
sew	sewed	sewn
shake	shook	shaken
sing	sang	sung
sit	sat	sat
sleep	slept	slept
speak	spoke	spoken
spend	spent	spent
spread	spread	spread
stand	stood	stood
steal	stole	stolen
stick	stuck	stuck
sting	stung	stung
strike	struck	struck
swim	swam	swum
take	took	taken
teach	taught	taught
tell	told	told
think	thought	thought
throw	threw	thrown
understand	understood	understood
wake	woke	woken
wear	wore	worn
win	won	won
write	wrote	written

BIBLIOGRAPHY

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