

ENGLISH HANDBOOK

Intermediate English - Level 4
COLLEGE DEGREE

Learning English opens the doors to the world and your future.



Dear Teacher and Student,

It is a great pleasure for me to provide you with this valuable English handbook, which was created to organize your work in order to be more efficient and successful in the classroom. Language is our primary source of communication. It is the system through which we share our ideas and thoughts with others. There are thousands of languages in the world.

Countries have their own national languages in addition to a variety of local languages spoken and understood by their people in different regions. However, English is undoubtedly one of the most spoken ones. There are several factors that make the English language essential to communication in our current time. First of all, it is the most common foreign language. This means that two people who come from different countries (for example, a Mexican and a German) use English as a common language to communicate.

That is why everyone needs to learn English in order to get in touch on an international level. Speaking English will help you communicate with people from countries all over the world, not just English-speaking ones. English is also essential to the field of education.

In fact, in many countries students are taught and encouraged to learn English as a second language as most of the research and studies are written in English. In the same way, at a University level, students study almost all their subjects in English in order to make the material more accessible to international students. What is more, with good understanding and communication in English, you can travel around the world.

As a result, UDS must motivate and encourage students to learn English. Our success lies in the quality and expertise of our teachers. Teachers need to be passionate about their work and to have excellent subject knowledge. It is teaching quality together with student's effort that will determine the future adult's success in life.

I do really hope you will enjoy this handbook and thanks for being part of this successful team!

Sincerely,

Víctor Manuel Albores Alcázar

UDS Owner

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Time expressions

grammar focus 🧸

Time expressions ()

I get up	at 6:00	in the morning	on weekdays.	Expressing clock time
I go to bed	around ten	in the evening	on weeknights.	6:00
I leave work	early	in the afternoon	on weekends.	six
I get home	late	at night	on Fridays.	six o'clock
l stay up	until midnight	on Saturdays.		6:00 A.M. = 6:00 in the morning
l exercise	before noon	on Saturdays.		6:00 P.M. = 6:00 in the evening
I wake up	after noon	on Sundays.		



A Circle the correct words.

- 1. I get up(at) / until six at / on weekdays.
- 2. I have lunch at / early 11:30 in / on Mondays.
- 3. I have a little snack in / around 10:00 in / at night.
- 4. In / On Fridays, I leave school early / before.
- 5. I stay up before / until 1:00 A.M. in / on weekends.
- 6. I sleep until / around noon in / on Sundays.



2 Time expressions

..... - around 6:00 A.M.

- ► Use in with the morning/afternoon/evening. Us at with night: He goes to school in the afternoon and works at night. But: on Friday night.
- Use at with clock times: She gets up at 7:00.
- Use on with days: He gets up early on weekdays. She has class on Mondays.

Complete the conversation with time expressions from the box. You can use some words more than once.

Ĺ	at early in on until
A:	How's your new job?
	I love it, but the hours are difficult. I start work 7:30 A.M., and I work
	<i></i> 3:30.
A:	That's interesting! I work the same hours, but I work night. I start
	7:30 the evening and finish 3:30
	the morning.
B:	Wow! What time do you get up?
A:	Well, I get home 4:30 and go to bed 5:30. And I sleep
	2:00. But I only work weekends, so it's OK. What about you?
B:	Oh, I work Monday, Wednesday, and Friday. And I get up

How much is it?

II SNAPSHOT



Sources: Based on information from Think Quest; Hewlett-Packard, The Meaning of Color

Which words have a positive meaning? Which have a negative meaning? What meanings do these colors have for you? What does your favorite color make you think of?

CONVERSATION It's really pretty.

A O Listen and practice.

Salesclerk: Can I help you?

Customer: Yes, thank you. How much are these gloves?

Salesclerk: The gray ones? They're \$18.

Customer: Oh, that's not bad. Do they come in black?

Salesclerk: No, sorry, just gray.

Customer: OK. Um, how much is that scarf? Salesclerk: Which one? The blue and orange one?

Customer: No, the yellow one. Salesclerk: Let's see . . . it's \$24.95. Customer: It's really pretty. I'll take it.







On

1 Demonstratives; one, ones

- With singular nouns, use this for a thing that is nearby and that for a thing that is not nearby: How much is this cap here? How much is that cap over there?
- With plural nouns, use *these* for things that are nearby and *those* for things that are not nearby: How much are **these** earrings here? How much are **those** earrings over there?
- Use one to replace a singular noun: I like the red <u>hat</u>. → I like the red **one**. Use ones to replace plural nouns: I like the green <u>bags</u>. → I like the green **ones**.

Circle the correct words.

- A: Excuse me. How much are this / these shoes?
 - B: It's / They're \$279.
 - A: And how much is this / that bag over there?
 - B: It's / They're only \$129.
 - A: And are the two gray one / ones \$129, too?
 - B: No. That / Those are only \$119.
 - A: Oh! This / That store is really expensive.
- 2. A: Can I help you?
 - B: Yes, please. I really like these / those jeans over there. How much is it / are they?
 - A: Which one / ones? Do you mean this / these?
 - B: No, the black one / ones.
 - A: Let me look. Oh, it's / they're \$35.99.
 - B: That's not bad. And how much is this / that sweater here?
 - A: It's / They're only \$9.99.

0-11

A Complete these conversations. Then practice with a partner.





B PAIR WORK Add prices to the items. Then ask and answer questions.







- A: How much are these sunglasses?
- B: Which ones?
- A: The pink ones.
- B: They're \$86.99.
- A: That's expensive!

useful expressions

That's cheap.

That's reasonable.

That's OK/not bad.

That's expensive.

5 ROLE PLAY Can I help you?

A PAIR WORK Put items "for sale" on your desk, such as notebooks, watches, phones, or bags.

Student A: You are a salesclerk. Answer the

customer's questions.

Student B: You are a customer. Ask the price of each item. Say if you want to

buy it.

A: Can I help you?

B: Yes. I like these sunglasses. How much are they?

A: Which ones?

B Change roles and try the role play again.



6 LISTENING Look at this!



Item	Color	Price	Do they	buy it?
			Yes	No
1. phone				
2. watch		**********************		
sunglasses	***************************************	*****************************		
4. T-shirt	***************************************			



8 WORD POWER Materials

A What are these things made of? Label each one. Use the words from the list.

cotton

gold silk leather silver plastic wool



1. asilk...... tie



2. a bracelet



3. a ring



4. a shirt



5. a jacket



6. earrings



7. boots



8. socks

B PAIR WORK What other materials are the things in part A sometimes made of? Make a list.

C CLASS ACTIVITY Which materials can you find in your classroom?

"Pedro has a cotton shirt, and Ellen has leather shoes."

CONVERSATION | prefer the blue one.

A O Listen and practice.

Brett: These wool sweaters are really nice. Which one do you like better?

Lisa: Let's see . . . I like the green one more.

Brett: The green one? Why?

Lisa: It looks warmer.

Brett: That's true, but I think I prefer the blue one. It's more stylish than the green one.

Lisa: Hmm. There's no price tag.

Brett: Excuse me. How much is this sweater? Clerk: It's \$139. Would you like to try it on? Brett: Uh, no. That's OK. But thanks anyway.

Clerk: You're welcome.

O-11

B O Listen to the rest of the conversation. What does Brett buy? What does Lisa think of it?



Preferences; comparisons with adjectives 0

Which sweater do you prefer? I prefer the blue one.

Which one do you like more? I like the blue one more.

Which one do you like better?

I like the blue one better.

It's nicer than the green one.

It's prettier than the green one.

It's more stylish than the green one.

Spelling

cheap → cheaper

nice -> nicer

pretty -> prettier

big → bigger

2 Preferences; comparisons with adjectives (page 20)



- With adjectives of one or two syllables, add -er to form the comparative: cheap → cheaper; nice → nicer; pretty → prettier; big → bigger.
- With adjectives of three or more syllables, use more + adjective to form the comparative: expensive -> more expensive.

A Write the comparatives of these adjectives.

1.	attractive	more attractive	5.	interesting	***************************************
2.	boring	***************************************	6.	reasonable	
3.	exciting	***************************************	7.	sad	
4.	friendly	***************************************	8.	warm	***************************************

- **B** Answer the questions. Use the words in parentheses in your answer. Then write another sentence with the second word.
 - Which pants do you prefer, the cotton ones or the wool ones? (wool / attractive) I prefer the wool ones. They're more attractive than the cotton ones.
 - Which ring do you like better, the gold one or the silver one? (silver / interesting)
 - 3. Which one do you prefer, the silk jacket or the wool jacket? (silk / pretty)
 - Which ones do you like more, the black shoes or the purple ones? (purple / exciting)

B PAIR WORK Compare the things in part A. Give your own opinions.

- A: Which jacket do you like more?
- B: I like the wool one better. The color is prettier.

useful expressions

The color is prettier.

The design is nicer.

The style is more attractive.

The material is better.

WRITING Comparing prices

How much do these things cost in your country? Complete the chart. Then compare the prices in your country with the prices in the U.S.

	Price in my country	Price in the U.S.
a cup of coffee	***************************************	\$1.40
a movie ticket		\$12.50
a paperback novel	***************************************	\$8.95
a video game		\$50.00

Many things are more expensive in my country than in the United States. For example, a cup of coffee costs about \$2.00 at home. In the U.S., it's cheaper. It's only \$1.40. A movie ticket costs . . .

Do you like to shop online? Like millions of people, you want to find the best things for the best price. There are so many choices that it can be difficult to find the things you need and want. Here's where technology comes in! Popular websites like Facebook and Twitter aren't just for social networking anymore.	3 Another helpful shopping tool is the smartphone. Smartphone users can go into a store, find an item they like, and then type the item number into their smartphone. They can compare prices, read reviews, and make better decisions about their purchase. Many people find a better price online or at another store. People
The websites Facebook and Twitter are popular because people can connect to friends and get their most recent news. But people also use these sites as powerful shopping tools. Members can ask about an item and then get opinions from people they trust. Twitterers can also search for news from other users and then find stores nearby that	often want to see and touch an item before they buy. They can do just that – and pay a lower price, too. But you don't have to be a Facebook or Twitter member or have a smartphone to find a bargain. Websites like Shopzilla compare prices, give reviews, and find
A Read the article. Answer these questions. Then	stores near you with the best bargains. Google does all these things but also lets you buy items directly through its site. Be a smart shopper. The information you need is at your fingertips! write the number of

B According to the article, which shopping tools do these things? Check (✓) the correct boxes.

	Facebook	Twitter	Smartphone	Shopzilla	Google
1. get opinions from friends					
2. find product reviews					
3. compare prices					
4. find stores with items you want					
5. buy items directly					

Workbook

How much is it?

			-
	~	-	
	-		
		-	

Choose the correct sentences to complete this conversation.

☑ Whi	ch one? ch ones? Sam. Thank you very much. , I like it, but it's expensive. But I don't really like light blue.			
Sam:	Look at those pants, Rebecca.		NA	F -
Rebecca:	Which ones?			1
Sam:	The light blue ones over there.	They're nice.		
Rebecca:				
Sam:	Hmm. Well, what about that sw	veater? It's perfect for you.		1
Rebecca:				(6
	This red one.			
Rebecca:	Annual Annual Control of the Control			
Sam:	Hey, let me buy it for you. It's a	present!		



Complete these conversations with How much is / are . . . ? and this, that, these, or those.

1. A: How much is this backpack?

B: It's \$31.99.

2. A: _______ bracelets?

B: They're \$29.

3. A: ______ shoes?

B: They're \$64.

4. A: ______ cat?

B: That's my cat, and he's not for sale!

Rebecca:









Оп

3

Write the plurals of these words.

Spelling note: Plural nouns Most words Words ending in -ss, -sh, -ch, and -x cap caps glass glass**es** shoe**s** dish dish**es** shoe watch watch**es** Words ending in -f and -fe Words ending in consonant + -y shelves country countries kni**ves** knife

1. backpack	backpacks	hairbrush	
2. box		8. necklace	
3. company		9. ring	
4. day		10. scarf	
5. dress		11. sweater	
6. glove		12. tie	

4

What do you think of these prices? Write a response.

That's cheap. That's not bad. That's reasonable.

1. \$90 for a wool tie

That's pretty expensive!

2. \$150 for gold earrings

3. \$500 for a silk dress

4. \$40 for leather gloves

5. \$2,000 for a computer

6. \$5 for two plastic hairbrushes

7. \$15 for a silver necklace



That's pretty expensive!





Choose the correct words to complete the conversations.



1. Clerk: Good afternoon.

Luis: Oh, hi. How much is _____this___ watch?

(this / these)

Clerk: ______\$195.

Luis: And how much is that ______?

(one / ones)

Clerk: ______\$255.

(It's / They're)

Luis: Oh, really? Well, thanks anyway.

2.	Meg:	Excuse me. How much are je (that / those)	eans?
	Clerk:	(lt's / They're) only \$59.	
	Meg:	And how much is sweater? (this / these)	
	Clerk:	Which ? They're all different. (one / ones)	
	Meg:	This green (one / ones)	
100000	Clerk:	\$34. (It's / They're)	



3. Sonia: I like ______ sunglasses over there.

(that / those)

Clerk: Which ______ ?
(one / ones)

Sonia: The small brown _____ (one / ones)

Clerk: _____ \$199.

Clerk: _____ \$199.

Sonia: Oh, they're expensive!

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What do you make out of these materials? Complete the chart using words from the list. (You will use words more than once.)

boots	bracelet	gloves	jacket	necklace	pants	ring	shirt
-------	----------	--------	--------	----------	-------	------	-------

Cotton	Gold	Leather	Plastic	Silk	Wool
gloves	- 8		_		_
9 <u>9</u>			<u></u>		_
	_	_	-	_	_
ele:	D	<u> </u>	- l v-	_0. N 	





Make comparisons using the words given. Add than if necessary.

cotton gloves



- 1. A: These cotton gloves are nice.
 - B: Yes, but the leather ones are ______ nicer ____ . (nice)
 - A: They're also ______ . (expensive)

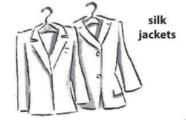


leather gloves

2. A: Those silk jackets look

the wool ones. (attractive)

B: Yes, but the wool ones are _____ . (warm)



wool jackets



- 3. A: This purple shirt is an interesting color!
 - B: Yes, but the color is

_____ the design. (pretty)



is _____ the pattern on this purple one. (good)



4. A: Hey, look at this silver ring! It's nice.

And it's _____ that gold ring. (cheap)



gold ring

B: But it's _____ the gold one. (small)

A: Well, yeah. The gold one is ______ the silver one. (big) But look at the price tag. One thousand dollars is a lot of money!



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	è	4		
	٩,	ı	٦	n
1	ч			P

8	Complete the	chart. Use the w	ords from the list.		
	boots bracelet cap dress	DVD player earrings MP3 player necklace	ring television T-shirt video camera		
	Clothing		Electronics	Jewelry	
	boots				
0					-
a	•	questions. Give	your own information		
	1 black sunglasses	wool cap	3 high-top shoes	4 laptop computer	5 silver necklace
	8				A COCCEDODOS COSTOS COS
(0	
wh	ite sunglasses	leather cap	sandals	desktop computer	gold necklace
1.	Which sunglasse		, the black ones or the	white ones?	
2.	Which cap do yo	ou like more, the	wool one or the leath	ner one?	
3.	Which ones do y	ou like more, th	e high-tops or the sar	ndals?	
4.	Which one do yo	ou prefer, the lap	otop computer or the	desktop computer?	
5.	Which necklace	do you like bett	er, the silver one or th	e gold one?	

10

Great gadgets!







3 _____



A Read these ads. Match the pictures and descriptions.

 a. Warning! This knife is very, very sharp! And it stays sharp forever because it's made of ceramic – hard like a diamond! What can it do? It can cut anything and everything. Only \$34.49!

2 _

- b. This machine cuts your house-cleaning time by 50%! Why? It's a very light vacuum cleaner. So it's easy to move from room to room. And it cleans everything in your home even the air! Only \$159.99. In dark gray or light blue.
- c. Are you always late in the morning? Are you tired of waiting at home while your phone charges? You need a solar backpack. The solar panels recharge mobile phones and other electrical devices. You can leave the house for school or work and charge while you go! No more lateness! And help the environment. Only \$125.



4 ____

- d. Thirsty? Need to make your own fresh juice? You need a juicer. In seconds, it can blend fruits and vegetables for juice. In no time, you can prepare healthy juice drinks from apples, carrots, and other favorite foods. \$85.
- **B** Check (✓) True or False.

		True	False
1.	The knife is made of diamonds.		
2.	The vacuum cleaner comes in two colors.		
3.	The solar backpack is more than \$120.		
4.	The juicer can make fruit pies.		

c	What's special about a gadget you have? Write a paragraph about it.
() <u> </u>	
-	

I really like hip-hop

SNAPSHOT



Source: The Recording Industry Association of America, 2008 Consumer Profile

Listen and number the musical styles from 1 to 9. Which of these styles of music are popular in your country? What other kinds of music are popular in your country?

WORD POWER

A Complete the word map with words from the list. TV programs action reality show electronic reggae game show salsa science fiction heavy metal **Entertainment** horror soap opera musical talk show B Add two more words to each category. Then compare with a partner. Movies Music C GROUP WORK Number the items in each list from 1 (you like it the most) to 6 (you like it the least). Then compare your ideas.



Simple present questions; short answers 💿 What kind of music do you like? **Object pronouns** Do you like country music? I really like hip-hop. Yes, I do. I love it. me No, I don't. I don't like it very much. VOU him Does she play the piano? What does she play? her Yes, she **does**. She plays very well. She plays the guitar. it No, she doesn't. She doesn't US play an instrument. them Do they like Green Day? Who do they like? Yes, they **do**. They like them a lot. They like Coldplay. No, they don't. They don't like them at all.

1 Simple present questions; short answers (page 23)

- Use do + base form for yes/no questions and short answers with I/you/we/they: Do I/you/we/they like rock? Yes, I/you/we/they do. No, I/you/we/they don't.
- Use does in yes/no questions and short answers with he/she/it: Does he/she like rock? Yes, he/she does. No, he/she doesn't.
- Use don't and doesn't + base form for negative statements: I don't like horror movies. He doesn't like action movies.
- Remember: Don't add –s to the base form: Does she like rock? (NOT: Does shelikes rock?)
- Subject pronouns (I, you, he, she, it, we, they) usually come before a verb. Object pronouns (me, you, him, her, it, us, them) usually come after a verb: He likes her, but she doesn't like him.

A Complete the questions	and short answers.
--------------------------	--------------------

1.	A:	<u>Do you play</u> (play) a musical instrument?
	B:	Yes,
2.	A:	(like) Taylor Swift?
	B:	No,
3.	A:	(like) talk shows?
	B:	Yes, Lisa is a big fan of them.
4.	A:	(watch) the news on TV?
	B:	Yes, Kevin and I watch the news every night.
5.	A:	(like) hip-hop?
	B:	No, But I love R&B.
6.	A:	(listen to) jazz?
	B:	No, But my parents listen to a lot of classical music

- B Complete the sentences with object pronouns.

 - 2. We love your voice. Please sing for
 - 3. These sunglasses are great. Do you like?
 - 4. Who is that man? Do you know?
 - 5. Beth looks great in green. It's a really good color for

Complete these conversations. Then practice with a partner.

1.	A:	I like Kings of Leon a lot you know?
	B:	Yes, I, and I love this song. Let's download
2.	A:	you like science fiction movies?
	B:	Yes, I I like very much
3.	A:	Kevin and Emma like soap operas?
	B:	Kevin , but Emma She
4.	A:	What kind of music Noriko like?
	B:	Classical music. She loves Yo-Yo Ma.
	A:	Yeah, he's amazing. I like a lot.



7

LISTENING Who's my date?

A O Listen to four people on a TV game show. Three men want to invite Linda on a date. What kinds of things do they like? Complete the chart.



	Music	Movies	TV programs
Bill		musummummummum	A1-11-11-11-11-11-11-11-11-11-11-11-11-1
John	•••••••••••••••••••••••••••••••••••••••		
Tony			
Linda	***************************************	***************************************	***************************************

B CLASS ACTIVITY Who do you think is the best date for Linda? Why?

CONVERSATION An invitation

A O Listen and practice.

Dave: I have tickets to the soccer match on Friday night. Would you like to go?

Susan: Thanks. I'd love to. What time does

it start?

Dave: At 8:00.

Susan: That sounds great. So, do you want to

have dinner at 6:00?

Dave: Uh, I'd like to, but I have to work late.

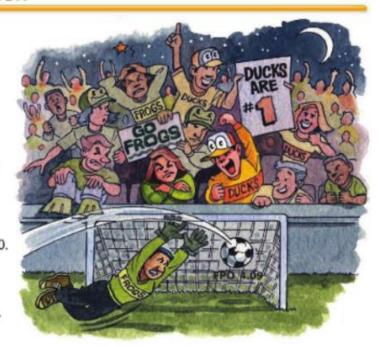
Susan: Oh, that's OK. Let's just meet at the stadium before the match, around 7:30.

Dave: OK. Why don't we meet at the gate?

Susan: That sounds fine. See you there.



B Listen to Dave and Susan at the soccer match. Which team does each person like?



GRAMMAR FOCUS •

Would; verb + to + verb 🔘

Yes, | would.

Yes, I'd love to. Thanks.

Would you like to go out on Friday? Would you like to go to a soccer match? I'd like to, but I have to work late.

I'd like to, but I need to save money.

I'd like to, but I want to visit my parents.

Contraction I'd = I would

A Respond to three invitations. Then write three invitations for the given responses.

- 1. A: I have tickets to the baseball game on Saturday. Would you like to go?
- 2. A: Would you like to come over for dinner tomorrow night?
- B: 3. A: Would you like to go to a pop concert
 - with me this weekend?
- 4. A:
 - B: Yes, I'd love to. Thank you!
- 5. A:
- B: Well, I'd like to, but I have to study. 6. A:

Where is it?

B: Yes, I would. They're my favorite band.

B PAIR WORK Ask and answer the questions in part A. Give your own responses.

PAIR WORK Think of three things you would like to do. Then invite a partner to do them with you. Your partner responds and asks follow-up questions like these:

What time does it start? When is it? When does it end? Scan the article and look at the pictures. In what year did each event take place?

> She has many hit singles and several Grammy awards with her band the Black Eyed Peas. She has fans all over the world. She's a singer, a rapper, a songwriter, a fashion designer, and an actress. Her name is Stacy Ann Ferguson, but her fans call her Fergie.

Here are some highlights of Fergie's life and career.

- ▶ 1975 Fergie is born on March 27 in California.
- ▶ 1984 Fergie starts acting, doing the voice of Sally in the Peanuts cartoons. She also stars in the popular TV show Kids Incorporated, with actress Jennifer Love Hewitt.
- ▶ 1991 Fergie forms the all-female band Wild Orchid.
- ▶ 2003 Fergie records a song with the band Black Eyed Peas. The band likes her, and she records five more songs on the album.
- ▶ 2004 Fergie joins the Black Eyed Peas.
- ▶ 2005 Fergie and the Black Eyed Peas win their first Grammy award
- ▶ 2006 Fergie makes a solo album and has six big hits. "Big Girls Don't Cry" is her first worldwide number one single.
- ▶ 2008 Fergie records "That Ain't Cool" with Japanese R&B singer Kumi Koda. She becomes famous in Japan.
- ▶ 2009 Fergie acts and sings in the movie Nine.
- ▶ 2010 Fergie and the Black Eyed Peas perform five songs at the 2010 World Cup celebration concert in South Africa.

Fergie says she's the "luckiest girl in the world." Why? Her song "Glamorous" says it all: "All the fans, I'd like to thank. Thank you really though, 'cause I remember yesterday when I dreamed about the days when I'd rock on MTV...."



performing at the World Cup



on the TV show Kids Incorporated



on stage with the Black Eyed Peas



A Read the article. Then number these sentences from 1 (first event) to 8 (last event).

- a. She sings at the World Cup concert. e. She forms her first band.
- b. She is born in California. c. She acts and sings in a movie.
- d. Her band wins its first Grammy.
- f. She is on TV with Jennifer Love Hewitt.
-g. She becomes very popular in Japan.
- h. She has her first worldwide number



Progress check

SELF-ASSESSMENT

How well can you do these things? Check (✓) the boxes.

I can	Very well	OK	A little
Give and understand information about prices (Ex. 1) Say what I like and dislike (Ex. 1, 2, 3) Explain what I like or dislike about something (Ex. 2) Describe and compare objects and possessions (Ex. 2) Make and respond to invitations (Ex. 4)	00000	00000	00000

1

LISTENING Weekend sale

A O Listen to a commercial for Dave's Discount Store. Circle the correct prices.



B PAIR WORK What do you think of the items in part A? Give your own opinions.

ROLE PLAY Shopping trip

Student A: Choose things from Exercise 1 for your family. Ask for Student B's opinion.

Student B: Help Student A choose presents for his or her family.

A: I want to buy a computer for my parents. Which one do you like better?

B: Well, I like the laptop better. It's nicer, and . . .

Change roles and try the role play again.

Workbook

I really like hip-hop.

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Check (\checkmark) the boxes to complete the survey about music and TV.

5. Do you like video games?

6. Do you like science fiction books?

Do y	ou like the	se types	of music?	2 Do you lik		, , , , , , , , , , , , , , , , , , , ,	A PIIOM
	I love it!	It's OK.	I don't like it.		I love them!	They're OK.	I do:
p				talk shows			
assical				reality shows			
p-hop				sitcoms			
ck				soap operas			
ZZ				game shows			
Yes,	ronouns in I do. ove like a lot	the box.	Object p	pronouns	ressions		U
Yes,	ove like a lot I don't. don't like	very much.	Object p hi h	pronouns	ressions		U
Yes,	, I do. ove ike a lot I don't.	very much.	Object p hi h	pronouns im er it	on essions		U
Yes,	ove a lot like a lot l don't. don't like can't stand	very much. y metal mu	Object p hi h	pronouns im er it	Dressions		
Yes,	ove a lot I don't. don't like can't stand you like heav	very much. ry metal mu t a lot.	Object p	pronouns im er it	on essions		U

Choose the correct job for each picture.

an actor a rock band a singer a soccer player	an actor	a rock band	a singer	a soccer player
---	----------	-------------	----------	-----------------



1. Katy Perry is _



2. The Kings of Leon are _



3. Colin Firth is _____



4. Nani is _____

Complete these conversations.

Ed: _______ you _____ like ___ country music, Sarah?

Sarah: Yes, I ______ it a lot. I'm a real fan of Keith Urban.

Ed: Oh, _____ he play the guitar?

Sarah: Yes, he ______ . He's my favorite musician.

2. Anne: _____ kind of music _____ your parents ______, Jason?

Jason: They _____ classical music.

Anne: Who ______ ? Mozart?

Jason: No, they _____ like him very much. They prefer Beethoven.

3. Scott: Teresa, _____ you _____ Beyoncé?

Teresa: No, I ______ . I can't stand her. I like Alicia Keys.

Scott: I don't know her. What kind of music _____ she sing?

Teresa: She _____ R&B. She's really great!

Keith Urban

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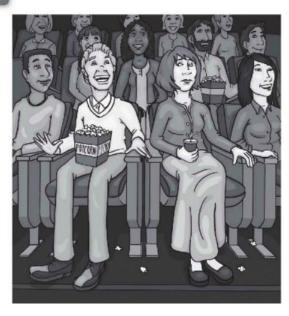
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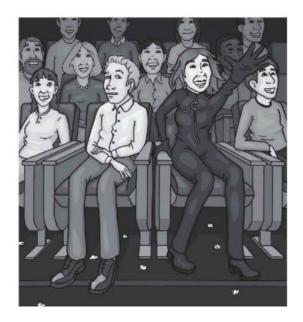
Complete these questions and write answers.

1. What kinds	of movies do you like?	1 like
2	is your favorite movie?	My favorite
3	of movies do you dislike?	
4	of TV shows do you like?	
5	is your favorite actor or actress?	
6	is your favorite song?	
7	is your favorite rock band?	
8	is your favorite video game?	

6

What do you think? Answer the questions.





- 1. Which movies are more interesting, musicals or science fiction films?
- 2. Which films are scarier, horror films or thrillers?
- 3. Which do you like more, animated films or historical dramas?
- 4. Which do you prefer, romantic comedies or action films?
- 5. Which films are more exciting, westerns or crime thrillers?

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Verbs and nouns



	play		□ video: ☑ jazz	ano
		n verb in part A.		
Movie revio		s. Choose a title fr	om the box for each re	eview.
House of Lo	aughs The	Best Man Wins	Ahead of Time	Coming Up for Air

	movie reviews	- The same
1.	2.	3.
What are high school kids like in the future? This movie answers that question. It's about a group of school kids in the year 2012. After class one day, they find a time machine behind the school. One of the teens sees a button marked "Year 2500" and clicks on it. They suddenly travel to the twenty-sixth century! Do they get back in time for school the next day?	This movie is about a group of six young people in London. They live in the same house in a suburb far from the city center. They all come from different countries. They speak different languages, and their customs are different. The story is very funny, and the acting is very good. This movie is like a really good TV soap opera. There are lots and lots of	The action never stops in this movie. Police officer Karen Montana wants to catch Mr. X, a gold thief. Mr. X is stealing gold from an old shipwreck at the bottom of the ocean. Before Ms. Montana can catch him, she has to learn how to scuba dive. But every time she goes underwater, he swims to the surface. She catches him, but not until the final minute of this

"Year 2500" and clicks on it. They suddenly travel to the twenty-sixth century! Do they get back in time for school the next day? Watch and find out.	different. The story is very funny, and the acting is very good. This movie is like a really good TV soap opera. There are lots and lots of laughs in this movie. *	how to scuba dive. But every time she goes underwater, he swims to the surface. She catches him, but not until the final minute of this very long film.
B What kind of movie is each of a horror film ☐ a science fiction film	one in part A? 2. a travel film a western	3. a romantic comedy

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9

Choose the correct responses.

- 1. A: What do you think of Glee?
 - B: I'm not a real fan of the show.
 - · How about you?
 - I'm not a real fan of the show.
- 2. A: Do you like country music?

B:

- I can't stand it.
- I can't stand them.
- 3. A: There's a baseball game tonight.

B:

- Thanks. I'd love to.
- · Great. Let's go.
- 4. A: Would you like to see a movie this weekend?

B:

- That sounds great!
- I don't agree.

10

Yes or no?



A Young-ha is inviting friends to a movie. Do they accept the invitation or not? Check (✓) Yes or No for each response.

Acc	ept?	Yes	No
	I'd love to. What time does it start? Thanks, but I don't really like animated films.		
	That sounds great. Where is it?		ŏ
	I'd love to, but I have to work until midnight.		
5.	Thanks. I'd really like to. When do you want to meet?		U



the cast of Glee

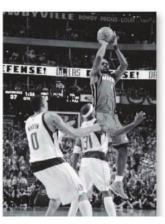
- **B** Respond to the invitations.
- 1. I have tickets to a hip-hop concert on Saturday. Would you like to go?
- 2. There's a soccer game tonight. Do you want to go with me?
- 3. Jason Mraz is performing tomorrow at the stadium. Would you like to see him?

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		-		•		

Choose the correct phrases to complete these conversations.

1. Robin:	Do you like	rock music, Kate?
	(Do you like / Would you like)	
Kate:	Yes, I do	it a lot.
	(I like / I'd like)	
Robin:	There's a Linkin Park concert o	n Friday.
		to go with me?
	(Do you like / Would you like)	
Kate:	Yes,	
	(I love to / I'd love to)
2. Carlos:	There is a basketball game on	TV tonight.
		to come over and watch it?
	(Do you like / Would you like)	
Phil:		, but I have to study tonight
	(I like to / I'd like to)	
Carlos:	Well,	
	(do you like / would you l	like)
Phil:	Yes,	I love it!
	(I do / I would)	
Carlos:	There's a match on TV tomorro	ow at 3:00.
		o watch that with me?
	(Do you like / Would you like)	
Phil:		Thanks.
	(I like to / I'd love to)	







Rewrite these sentences. Find another way to say each sentence using the words given.

1.	Do you like jazz? What do you think of jazz?	(think of)
2.	Richard doesn't like classical music.	
		(can't stand)
3.	I think horror films are great!	
	9350	(love)
4.	Celia doesn't like pop music.	
		(be a fan of)
5.	Do you want to go to a baseball game?	
		(would like)

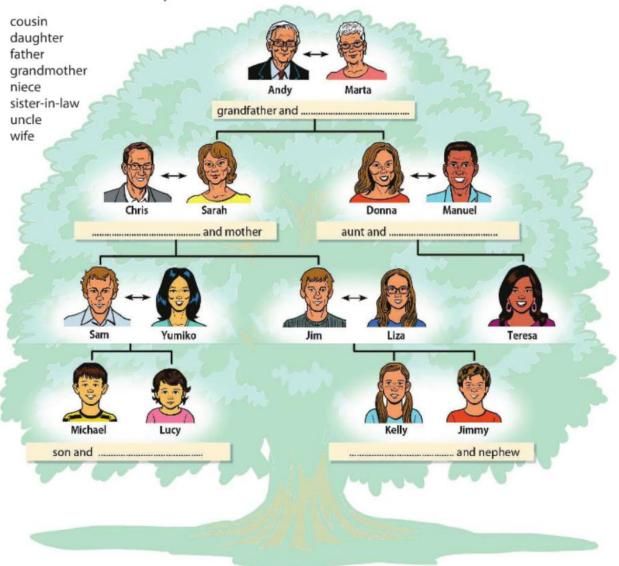
I come from a big family

W

WORD POWER Family

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A Look at Sam's family tree. How are these people related to him? Add the words to the family tree.



- **B** Draw your family tree (or a friend's family tree). Then take turns talking about your families. Ask follow-up questions to get more information.
- A: There are five people in my family. I have two brothers and a sister.
- B: How old is your sister?

CONVERSATION Asking about families

A O Listen and practice.

Rita: Tell me about your brother and sister, Sue. Sue: Well, my sister works for the government.

Rita: Oh, what does she do?

Sue: I'm not sure. She's working on a very secret project right now.

Rita: Wow! And what about your brother?

Sue: He's a wildlife photographer.

Rita: What an interesting family! Can I meet them? Sue: Sure, but not now. My sister's away. She's not working in the United States this month.

Rita: And your brother?

Sue: He's traveling in the Amazon.



B Listen to the rest of the conversation. Where do Rita's parents live? What do they do?



PRONUNCIATION Intonation in statements

A

Listen and practice. Notice that statements usually have falling intonation.

He's traveling in the Amazon.

She's working on a very secret project.

B PAIR WORK Practice the conversation in Exercise 3 again. Pay attention to the intonation in the statements.

Are you living at home now?

Is your sister **working** for the government? **Are** Ed and Jill **taking** classes this year?

Where **are** you **working** now? What **is** your brother **doing**?

What are your friends doing these days?

Yes, I am. No, I'm not.

Yes, she is. No, she's not./No, she isn't.
Yes, they are. No, they're not./No, they aren't.

I'm not working. I need a job. He's traveling in the Amazon. They're studying for their exams.

011

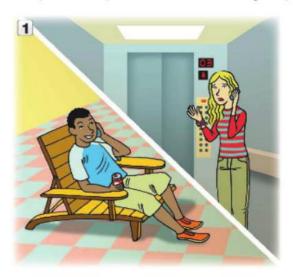
1 Present continuous

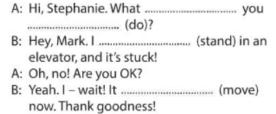
- Use the present continuous to talk about actions that are happening now: What are you doing (these days)? I'm studying English.
- The present continuous is present of be + -ing. For verbs ending in e, drop the e and add -ing: have → having, live → living.
- For verbs ending in vowel + consonant, double the consonant and add −ing: sit → sitting.

Write questions with the words in parentheses and the present continuous. Then complete the responses with short answers or the verbs in the box.

	live	study	take	V 1	each	work	
1.		(what / your s				What's your sister doing these days?	*******
				-			
	B:	Yes,	S	he	**********	in South Korea	
2.	A:	(how/you/s	pend / you	ır sumi	mer)		******
	B:	1	part-1	ime. I		two classes also.	
	A:	(what / you /	take)				
						tography and Japanese. We like our clas	ses

A Complete these phone conversations using the present continuous.







A:	Marci, how you and Justin
	(enjoy) your shopping trip
B:	We (have) a lot of fun.
A:	your brother
	(spend) a lot of money?
B:	No, Mom. He (buy) only
	one or two things. That's all!

B PAIR WORK Practice the phone conversations with a partner.

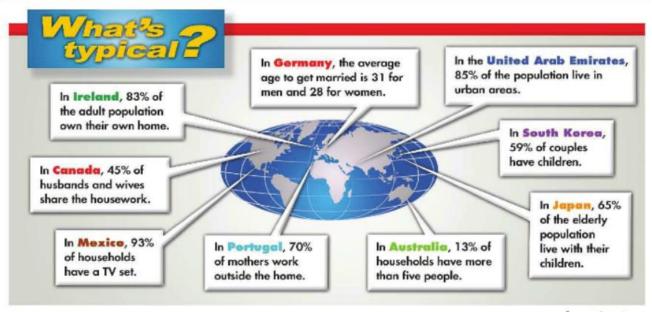
DISCUSSION Is anyone...?

GROUP WORK Ask your classmates about people in their families. What are they doing? Ask follow-up questions to get more information.

- A: Is anyone in your family traveling right now?
- B: Yes, my dad is. He's in South Korea.
- C: What's he doing there?

topics to ask about			
traveling	going to high school or college		
living abroad	moving to a new home		
taking a class	studying a foreign language		

8 SNAPSHOT



Source: nationmaster.com

Which facts surprise you? Why? Which facts seem like positive things? Which seem negative? How do you think your country compares?

CONVERSATION Is that typical?

A ② Listen and practice.

Marcos: How many brothers and sisters do you have, Mei-li?

Mei-li: Actually, I'm an only child.

Marcos: Really?

Mei-li: Yeah, a lot of families in China have

only one child these days.

Marcos: I didn't know that.

Mei-li: What about you, Marcos?

Marcos: I come from a big family. I have three

brothers and two sisters.

Mei-li: Wow! Is that typical in Peru?

Marcos: I'm not sure. Many families are smaller these days. But big families are great

because you get a lot of birthday presents!

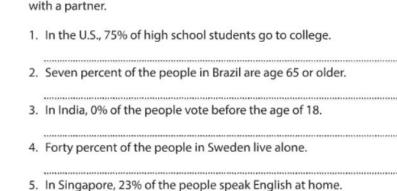
B Listen to the rest of the conversation.

What does Mei-li like about being an only child?



10 GRAMMAR FOCUS 🕝







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2 Quantifiers

- Use a lot of, all, few, nearly all before plural nouns: A lot of/All/Few/Nearly all families are small. Use no one before a verb: No one gets married before the age of 18.
- Nearly all means "almost all."

Read the sentences about the small town of Monroe. Rewrite the sentences using the quantifiers in the box. Use each quantifier only once.

.....

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- In Monroe, 0% of the people drive before the age of 16.
 In Monroe, no one drives before the age of 16.
- 2. Ninety-eight percent of students finish high school.
- One hundred percent of children start school by the age of six.
- Eighty-nine percent of couples have more than one child.
- Twenty-three percent of families have more than four children.



A Rewrite these sentences using quantifiers. Then compare with a partner.

- 1. In the U.S., 75% of high school students go to college.
- 2. Seven percent of the people in Brazil are age 65 or older.
- 3. In India, 0% of the people vote before the age of 18.
- 4. Forty percent of the people in Sweden live alone.
- In Singapore, 23% of the people speak English at home.



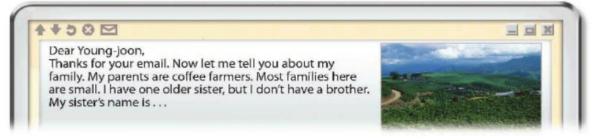
B PAIR WORK Rewrite the sentences in part A so that they are true about your country.

In . . . , many high school students go to college.

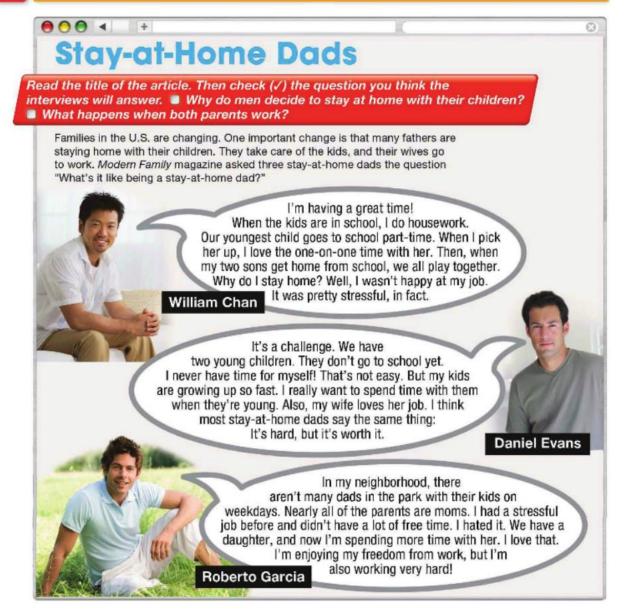
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WRITING An email about your family

A Write an email to your e-pal about your family.



B GROUP WORK Take turns reading your emails. Ask questions to get more information.



♠ Read the interviews. Check (✓) the correct names.

Who?	William	Daniel	Roberto
 has more than two children has an only child had a stressful career thinks it's hard to stay at home has a wife with a great job 	00000	00000	00000

B PAIR WORK What do the dads like about staying at home? What challenges are they having? What are some other reasons dads stay at home?

Workbook

I come from a big family.

	Which words	are for males? \	Which are for fer	nales? Complet	e the chart.	
	aunt brother	adaughter father	husband mother	nephew niece	sister son	uncle wife
	Males			Females		
	<u>brother</u>			aunt	9	7
2	Complete this	conversation.	Use the present	continuous of t	he verbs give	n.
	Joel: You look t	ired, DonAre	ou studying (st	udy)		
	late at nig	ht these days?				
	Don: No, I'm no	t. My brother and	sister	(stay)	19	4
	with me ri	ight now. We go t	o bed after midni	ght every night.	16	1
	Joel: Really? Wi	nat	(do) this	//		1/1/
	summe	er?	(take) classes,	too?		
	Don: No, the	ey aren't. My broth	er is on vacation no	ow, but he		
		(look)	for a part-time job	here.		
	Joel: What a	about your sister?		(work)?		
	Don: Yes, sh	e is. She has a part	-time job at the un	iversity.	6 //	
	What a	bout you, Joel? Ar	e you in school thi	s summer?	3/9/20	-17-7
			(study) two la	nguages.	W-8	
		(t	ake) French and	(/	AND S	
	97.0	h again?		Į A	St. 1	nulla (a)
	Joel: Well, I'	m taking Spanish a				H.M.
	D. D. II.	(start)	Japanese.		1000	
	Don: Really?	'That's exciting!				



3

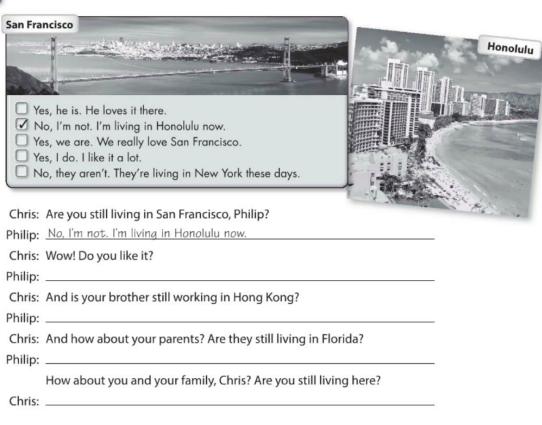
Rewrite these sentences. Find another way to say each sentence using the words given.

1.	Joseph is Maria's uncle.	
	Maria is Joseph's niece.	(niece)
2.	Liz is married to Peter.	
	Peter is	(husband)
3.	Isabel is Frank's and Liza's granddaughter.	
		(grandparents)
4.	We have two children.	
		(son and daughter)
5.	My wife's father is a painter.	
		(father-in-law)
6.	Michael does not have a job right now.	
		(look for)





Choose the correct sentences to complete this conversation.



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Complete these sentences. Use the simple present or the present continuous of the verbs given.

1	1.	This is my aunt Barb	ara.
		Shelives	(live) in Rome, but
		she	(visit) Chile this summer.
		She	(take) some summer classes there.
2	2.	And these are my pa	rents.
		They	(work) in London.
		They	(be) on vacation right now.
3	3.	And here you can se	e my grandparents.
SIGN		They	(not work) now.
		They	_ (be) retired.
4 Empirit	4.	This is my brother-in	
Ellips-s			want) to be a company
and the		director. He	(study) business
		in Canada right now.	
5	5.	And this is my niece	Christina.
C STORY		She	(go) to high school.
			(like) mathematics, but
		she	(not like) English.

Choose a friend or a family member. Write about him or her using the simple present and present continuous.

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IN A	
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Home or away?

- A Answer these questions. Then read the passage.
- 1. At what age do most young people leave their parents' home in your country? _____
- 2. Do some young people live with their parents after they get married? ______

Leaving Home

Young people leave their parents' homes at different ages in different parts of the world. In the United States, a lot of college students do not live at home. They often choose to go to college in different cities – away from their parents. At college, many live in university housing. After college, most people prefer to live in their own homes. They often live alone, but some people rent apartments with others. These people are called *roommates*.

By the age of 22, few young people in the United States live with their parents. Families stay together longer in many Asian countries and cities. In Hong Kong, for example, nearly all university students live with their parents. Rents in the city are very expensive, and few students have the money to pay for their own apartments. Very few young people live alone or become roommates in a shared apartment. Many young people in Hong Kong continue to live with their parents even after they marry.

On

B Check (✓) True or False. For statements that are false, write the correct information.

In the United States	True	False
1. Very few students live in university housing.		
Some young adults share apartments with roommates.		
Nearly all young adults live with their parents.		

True	False
	True



10 Choose the correct words or phrases to complete this paragraph.



In my country, some <u>couples</u> (couples / cousins / relatives) get married fairly young.
Not many marriages (break up / get divorced / stay together), and nearly
all (divorced / married / single) people remarry. Elderly couples often (divorce again / move away / live at home) and take
care of their grandchildren.

Complete these sentences about your country. Use the words in the box.

	all	nearly all	most	a lot of	some	few	
1.		you	ung people	e go to collec	je.		
2.		pe	ople study	English.			
3.		ma	rried coup	les have moi	re than five	children.	
4.		eld	lerly peopl	e have part-t	ime jobs.		
5.		stu	idents have	e full-time jol	bs.		
6.		chi	ldren go to	school on S	aturdays.		

How often do you exercise?

SNAPSHOT

Sports	Fitness Activities	6.5	6.0	454
basketball	walking	SA SA	AAR	79/2
baseball	weight training		1	
soccer	treadmill			
football	stretching			

Source: SGMA International, Sports Participation in America

Do people in your country enjoy any of these sports or activities?

Check () the sports or fitness activities you enjoy.

Make a list of other sports or activities you do. Then compare with the class.

WORD POWER Sports and exercise

A Which of these activities are popular with the following age groups? Check (✓) the activities. Then compare with a partner.

	Children	Teens	Young adults	Middle-aged people	Older people
aerobics					
bicycling					
bowling					
golf					
karate					
swimming					
tennis					
volleyball					
yoga					

On)	B PAIR WORK Whice	h activities in part A are	used with do, go, or play?
	do aerobics	go bicycling	play golf.



CONVERSATION I hardly ever exercise.

A O Listen and practice.

Marie: You're really fit, Paul. Do you exercise a lot?

Paul: Well, I almost always get up early, and

I lift weights for an hour.

Marie: Seriously?

Paul: Sure. And then I often go swimming.

Marie: Wow! How often do you exercise like that?

Paul: About five times a week. What about you? Marie: Oh, I hardly ever exercise. I usually just

watch TV in my free time. I guess I'm a

real couch potato!



B O Listen to the rest of the conversation. What else does Paul do in his free time?





GRAMMAR FOCUS ®



Adverbs of frequency 🔘

How often do you exercise?

I lift weights every day.

I go jogging once a week.

I play soccer twice a month.

I swim about three times a year.

I don't exercise very often/much.

Usually | exercise before work.*

Do you ever watch TV in the evening? Yes, I often watch TV after dinner.

I sometimes watch TV before bed. Sometimes I watch TV before bed.*

I hardly ever watch TV. No, I never watch TV.

*Usually and sometimes can begin a sentence.

always almost always usually often sometimes hardly ever almost never

0%

never



A Put the adverbs in the correct place. Then practice with a partner.

- 1. A: Do you play sports? (ever)
 - B: Sure. I play soccer. (twice a week)
- 2. A: What do you do on Saturday mornings? (usually)
 - B: Nothing much. I sleep until noon. (almost always)
- 3. A: Do you do aerobics at the gym? (often)
 - B: No, I do aerobics. (hardly ever)
- 4. A: Do you exercise on Sundays? (always)
 - B: No, I exercise on Sundays. (never)
- 5. A: What do you do after class? (usually)
 - B: I go out with my classmates. (about three times a week)

B PAIR WORK Take turns asking the questions in part A. Give your own information when answering.



on 1 Adverbs of frequency

- Adverbs of frequency (always, almost always, usually, often, sometimes, hardly ever, almost never, never) usually come before the main verb: She never plays tennis. I almost always eat breakfast. BUT Adverbs of frequency usually come after the verb be: I'm always late.
- Usually and sometimes can begin a sentence: Usually I walk to work. Sometimes I exercise in the morning.
- Some frequency expressions usually come at the end of a sentence: every day, once a week, twice a month, three times a year: Do you exercise every day? I exercise three times a week.

Put the words in order to make questions. Then complete the answers with the words in parentheses.

1.	you	what	weeke		usually			on	
	Q:Wha	it do you	usually d		eekends?				
	A: 1								(often / play sports)
2.	ever	you	go jogg	ging	do	with a f	friend		
	Q:								
	A: No,								(always / alone)
3.	you	play	do	ten	nnis	how oft	ten		
	Q:		************	***********					
	A: I								(four times a week)
4.	do	you	what	i	n the ever	ning	usually	/ do	
	Q:								
	A: My f	amily and	d I 1 b			*******			(almost always / watch TV)
5.	go	how of	ten	you	do	to th	he gym		
	Q:								
	A: 1		********	**********					(never)

T LISTENING In the evening

Listen to three people discuss what they like to do in the evening. Complete the chart.

	Activity	How often?
Justin		
Carrie		
Marcos		

B O Listen again. Who is most similar to you – Justin, Carrie, or Marcos?

B DISCUSSION Sports and athletes

GROUP WORK Take turns asking and answering these questions.

Who's your favorite male athlete? Why?
Who's your favorite female athlete? Why?
Who are three famous athletes in your country?
What's your favorite sports team? Why?
Do you ever watch sports on TV? Which ones?
Do you ever watch sports live? Which ones?
What are two sports you don't like?
What sport or activity do you want to try?





WRITING About favorite activities

Write about your favorite activities. Include one activity that is false.

I love to exercise! I usually work out every day. I get up early in the morning and go jogging for about 30 minutes. Then I often go to the gym and do yoga. Sometimes I play tennis in the afternoon. I play . . .

B GROUP WORK Take turns reading your descriptions. Can you guess the false information?

"You don't play tennis in the afternoon. Right?"

10

CONVERSATION I'm a real fitness freak.

A O Listen and practice.

Ruth: You're in great shape, Keith.

Keith: Thanks. I guess I'm a real fitness freak.

Ruth: How often do you work out?

Keith: Well, I do aerobics twice a week. And I play tennis every week.

Ruth: Tennis? That sounds like a lot of fun.

Keith: Oh, do you want to play sometime?

Ruth: Uh, ... how well do you play?

Keith: Pretty well, I guess.

Ruth: Well, all right. But I'm not very good.

Keith: No problem. I'll give you a few tips.



B Listen to Keith and Ruth after their tennis match. Who's the winner?



Questions with how; short answers 0

How often do you work out?

Every day. Twice a week

Not very often.

How long do you spend at the gym?

Thirty minutes a day.
Two hours a week.

About an hour on weekends.

How well do you play tennis?

Pretty well.

About average.

Not very well.

How good are you at sports?

Pretty good.

OK.

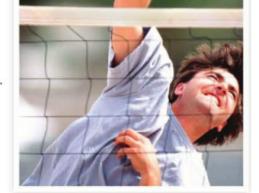
Not so good.



A Complete these questions. Then practice with a partner.

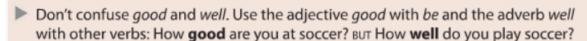
- 1. A: at volleyball?
 - B: I guess I'm pretty good. I often play on weekends.
- 2. A: spend online?
 - B: About an hour after dinner. I like to chat with my friends.
- 3. A: play chess?
 - B: Once or twice a month. It's a good way to relax.
- 4. A: swim?
 - B: Not very well. I need to take swimming lessons.

B GROUP WORK Take turns asking the questions in part A. Give your own information when answering.





2 Questions with how; short answers (page 40)



Complete the questions with *How* and a word from the box. Then match the questions and the answers.

good	long	often	well
			_

- 1. do you lift weights?
- 2. do you play tennis?
- 3. are you at aerobics?
- 4. do you spend at the gym?
- a. Not very well, but I love it.
- b. About six hours a week.
- c. Not very often. I prefer aerobics.
- d. Pretty good, but I hate it.

Health and Fitness

How healthy and fit do you think you are? Skim the questions below. Then guess your health and fitness score from 0 (very unhealthy) to 50 (very healthy)

(CNI	
Your Food and Nutrition	7. Which best describes your exercise program?
1. How many meals do you	☐ Both weight training and
eat each day? Points	aerobic exercise 5
Four or five small meals 5	Either weight training or
Three meals 3	aerobic exercise 3
One or two big meals 0	☐ None 0
2. How often do you eat at regular	8. How important is your fitness
times during the day?	program to you?
Almost always 5	Very important 5
Usually 3	Fairly important 3
Hardly ever 0	☐ Not very important 0
3. How many servings of fruits or	
vegetables do you eat each day?	
Five or more 5	W. W. Your Health
One to four 3	- WOW
☐ None 0	9. How often do you get a
4. How much junk food do you eat?	physical exam? Point
☐ Very little 5	Once a year 5
About average 3	Every two or three years 3
A lot 0	Rarely 0
5. Do you take vitamins?	10. How often do you sleep well?
Yes, every day 5	Always 5
Sometimes 3	Usually or sometimes 3
☐ No 0	Hardly ever or never 0
Your Fitness	Rate yourself
6. How often do you exercise	TOTAL POINTS
or play a sport? Points	42 to 50: Excellent job! Keep up the good work!
Three or more days a week 5	28 to 41: Good! Your health and fitness are above average.
One or two days a week 3	15 to 27: Your health and fitness are a little below
Never 0	average. 14 or below: You can improve your health and fitness.

7. Which best describes your exercise program? Both weight training and aerobic exercise Either weight training or aerobic exercise None None 8. How important is your fitn program to you? Very important Fairly important Not very important	Points 5 3 0 ess 5 3 0
Your Health	
9. How often do you get a	
	-
physical exam?	Points
physical exam? Once a year	and the same of th
Once a year Every two or three years	Points 5 3
Once a year	5
Once a year Every two or three years Rarely	5 3 0
Once a year Every two or three years Rarely Rarely	5 3 0
Once a year Every two or three years Rarely Rarely Always	5 3 0
Once a year Every two or three years Rarely Rarely	5 3 0
Once a year Every two or three years Rarely 10. How often do you sleep we Always Usually or sometimes	5 3 0 11? 5 3
Once a year Every two or three years Rarely 10. How often do you sleep we Always Usually or sometimes	5 3 0 11? 5 3
Once a year Every two or three years Rarely 10. How often do you sleep we Always Usually or sometimes	5 3 0 11? 5 3
Once a year Every two or three years Rarely 10. How often do you sleep we Always Usually or sometimes Hardly ever or never Rate yourself	5 3 0 11? 5 3
Once a year Every two or three years Rarely 10. How often do you sleep we Always Usually or sometimes Hardly ever or never Rate yourself TOTAL POINTS	5 3 0 11? 5 3 0
Once a year Every two or three years Rarely 10. How often do you sleep we Always Usually or sometimes Hardly ever or never Rate yourself	5 3 0 11? 5 3 0
Once a year Every two or three years Rarely 10. How often do you sleep we Always Usually or sometimes Hardly ever or never Rate yourself TOTAL POINTS 42 to 50: Excellent job! Keep up the go	5 3 0 11? 5 3 0

Take the quiz and add up your score. Is your score similar to your original guess? Do you agree with your quiz score? Why or why not?

B GROUP WORK Compare your scores. Who is the healthiest and fittest? What can you do to improve your health and fitness?

Progress check

SELF-ASSESSMENT

How well can you do these things? Check (✓) the boxes.

I can	Very well	OK	A little
Ask about and describe present activities (Ex. 1, 2, 3)			
Describe family life (Ex. 3)			
Ask for and give personal information (Ex. 3)			
Give information about quantities (Ex. 3)			
Ask and answer questions about free time (Ex. 4)			
Ask and answer questions about routines and abilities (Ex. 4)			

IISTENING What are they doing?

- A ② Listen to people do different things. What are they doing? Complete the chart.
 - **B** PAIR WORK Compare your answers.
 - A: In number one, someone is watching TV. B: I don't think so. I think someone is . . .

What are they doing?							
1.							
2.							
3.							
4.							

GAME Memory test

GROUP WORK Choose a person in the room, but don't say who! Other students ask yes/no questions to guess the person.

- A: I'm thinking of someone in the classroom.
- B: Is it a woman?
- A: Yes, it is.
- C: Is she sitting in the front of the room?
- A: No, she isn't.
- D: Is she sitting in the back?
- A: Yes, she is.
- E: Is she wearing jeans?
- A: No, she isn't.
- B: Is it ...?

The student with the correct guess has the next turn.



Workbook

How often do you exercise?





Complete the chart. Use words from the box. (Some of the words can be both individual sports and exercise.)

aerobics	football	swimming
baseball	jogging	tennis
basketball	stretching	volleyball
bicycling	soccer	yoga

Team sports	Individual sports	Exercise
baseball		









2 Arrange these words to make sentences or questions.

1.	go	neve	r I	almost	bi	cycling			
	Lalmo	ost ne	ver go	bicycling					
2.	hardly	/ tł	ney	tennis	play	eve	r		
3.	go	do	often	joggi	ng	how	you		
									_ ?
4.	often	mo	ornings	do	on	we	yoga	Sunday	
5.	ever	Cha	arlie	do do	oes	aerobi	ics		
									_ ?
6.	do	on	you	what	us	ually	Saturda	ys do	
								•	?

	1			'n.
ч	ĸ.	_		
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з	u	v	я	١,

3

Use these questions to complete the conversations. How often do you ...? Do you ever ...? What do you usually ...?

1.	A:	Do you ever exercise?
	B:	Yes, I often exercise on weekends.
2.	A:	
	B:	Well, I usually do karate on Saturdays and yoga on Sundays.
3.	A:	
	B:	No, I never go to the gym after work.
4.	A:	
	B:	I don't exercise very often at all.
5.	A:	
	B:	Yes, I sometimes play sports on weekends – usually baseball.
6.	A:	
	B:	I usually play tennis in my free time.

4

Keeping fit?

A Check (✓) how often you do each of the things in the chart.

	Every day	Once or twice a week	Sometimes	Not very often	Never
do aerobics play basketball					
exercise go jogging					
do karate play soccer					
go swimming do weight training					

В	B Write about yourself using the information in the chart.				



5

Complete this conversation. Write the correct prepositions in the correct places.

in

Susan: What time do you go jogging the morning? (around / in / on)

Jerry: I always go jogging 7:00. (at / for / on)

How about you, Susan?

Susan: I usually go jogging noon. (around / in / with)

I jog about an hour. (at / for / until)

Jerry: And do you also play sports your free time? (at / in / until)

Susan: No, I usually go out my classmates. (around / for / with)

What about you?

Jerry: I go to the gym Mondays and Wednesdays. (at / on / until)

And sometimes I go bicycling weekends. (for / in / on)

Susan: Wow! You really like to stay in shape.



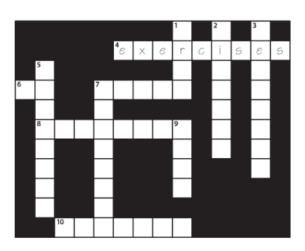




Complete the crossword puzzle.

Across

- **4** Pierre never ______ . He's a real couch potato.
- 6 How often do you _____ yoga?
- **7** I like to stay in ______ . I play sports every day.
- **8** Jeff does weight ______ every evening. He lifts weights of 40 kilos.
- **10** Diana goes ______ twice a week. She usually runs about three miles.



Down

Andrew always watches TV in his ______ time.
 Kate has a regular _____ program.
 I do _____ at the gym three times

a week. The teacher plays great music!

- **5** Paul is on the ______ team at his high school.
- **7** Marie never goes _____ when the water is cold.
- **9** Amy often ______ bicycling on weekends.

Om

Choose the correct responses.



- 1. A: How often do you go swimming, Linda?
 - B: Once a week.
 - I guess I'm OK.
 - · Once a week.
 - About an hour.
- 2. A: How long do you spend in the pool?
 - R·
 - About 45 minutes.
 - About average.
 - About three miles.

- 3. A: And how well do you swim?
 - o: ___
 - I'm not very well.
 - I almost never do.
 - I'm about average.
- 4. A: How good are you at other sports?
 - R∙
 - Not very good, actually.
 - I sometimes play twice a week.
 - Pretty well, I guess.



9

Look at the answers. Write questions using how.

- 1. A: How long do you spend exercising?
 - B: I don't spend any time at all. In fact, I don't exercise.
- 2. A: ______ for a walk:
 - B: Almost every day. I really enjoy it.
- 3. A: _____
 - B: I spend about an hour jogging.
- 4. A: ______ at soccer?
 - B: I'm pretty good at it. I'm on the school team.
- 5. A:
 - B: Basketball? Pretty well, I guess. I like it a lot.



Rewrite these sentences. Find another way to say each sentence using the words given.

I don't watch TV very much.	
I hardly ever watch TV.	(hardly ever)
Tom exercises twice a month.	
	(not very often
Philip tries to keep fit.	
	(stay in shape)
Jill often exercises at the gym.	
	(work out)
I go jogging with my wife all the time.	
	(always)
How good are you at tennis?	
	(play)
	I hardly ever watch TV. Tom exercises twice a month. Philip tries to keep fit. Jill often exercises at the gym. I go jogging with my wife all the time.



What do you think about sports? Answer these questions.

1.	Do you like to exercise for a short time or a long time?	
2.	Do you prefer exercising in the morning or in the evening?	
	3. Which do you like better, walking or jogging?	
	4. Do you like to watch sports or play sports?	1/5
	5. Which do you like better, team sports or individual sports	?
	6. How good are you at games like basketball or tennis?	
	7. What sport or game don't you like?	

IRREGULAR VERBS

base form	Simple past	past participle	base form	simple past	past participle
be	was/were	been	lend	lent	lent
become	became	become	let	let	let
begin	began	begun	lose	lost	lost
bite	bit	bit/ bitten	make	made	made
bleed	bled	bled	mean	meant	meant
break	broke	broken	meet	met	met
bring	brought	brought	pay	paid	paid
build	built	built	put	put	put
burn	burned/burnt	burned / burnt	quit	quit	quit
buy	bought	bought	read / rid/	read / red/	read / red/
catch	caught	caught	ride	rode	ridden
choose	chose	chosen	ring	rang	rung
come	came	come	rise	rose	risen
cost	cost	cost	run	ran	run
cut	cut	cut	say	said	said
do	did	done	see	saw	seen
draw	drew	drawn	sell	sold	sold
dream	dreamed/dreamt	dreamed / dreamt	send	sent	sent
drink	drank	drunk	sew	sewed	sewn
drive	drove	driven	shake	shook	shaken
eat	ate	eaten	sing	sang	sung
fall	fell	fallen	sit	sat	sat
feed	fed	fed	sleep	slept	slept
feel	felt	felt	speak	spoke	spoken
fight	fought	fought	spend	spent	spent
find	found	found	spread	spread	spread
fit	fit	fit	stand	stood	stood
flee	fled	fled	steal	stole	stolen
fly	flew	flown	stick	stuck	stuck
forbid	forbade	forbidden	sting	stung	stung
forget	forgot	forgotten	strike	struck	struck
get	got	gotten	swim	swam	swum
give	gave	given	take	took	taken
go	went	gone	teach	taught	taught
grow	grew	grown	tell	told	told
have	had	had	think	thought	thought
hear	heard	heard	throw	threw	thown
hit	hit	hit	understand	understood	understood
hold	held	held	wake	woke	woken
hurt	hurt	hurt	wear	wore	worn
keep	kept	kept	win	won	won
know	knew	known	write	wrote	written
leave	left	left			

BIBLIOGRAPHY

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